

# The Wayne Herald

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## Fun in the snow

Phyllis Trenhalls and her sons Reed and Seth took advantage of the recent spring like temperatures to go sledding before the snow melted. The trio was photographed near the Power Plant on the Wayne State College campus. Nearly all of the snow in the Wayne area melted with temperatures on Tuesday reaching 56 degrees. The forecast calls for the mild temperatures to continue through the weekend and into next week.

## City and county officials hold joint meeting to discuss issues

By Clara Osten  
Of the Herald

Priority taxes, enhanced 911 services and road maintenance were among the issues discussed at a joint Wayne City Council and Wayne County Board of Commissioners meeting held Jan. 22.

The commissioners told the council members that the county will pay for the potholes and the signs will be purchased from bonds of interest through Enhanced 911. Following the installation of the signs, the potholes will usually be fixed prior to their close of district.

In the area of property taxes, City Administrator Joe Schiller explained that the city's property

taxes are higher than 45 cents per \$100 valuation.

The commissioners also expressed concern in the tax issue.

Commissioner Mark Robinson told those present that "things are getting tighter on everyone along. Depending on what happens in the legislature, there could change."

The commissioners also said that Wayne County is not exempt from the tax question.

Road maintenance was discussed with City Councilman Paul Clark and Judge Joseph A. Berman for consideration. A number of informal agreements have been entered between the city and county in terms of road projects in their

respective jurisdictions that federal paperwork has been completed for capturing the funds but the funds have not been allocated at this time. It is hoped that the project will be completed in 1991.

The group also discussed the issue of parking around the courthouse. City officials said that parking in this area can be regulated by ordinance and will have to be done in a very timely manner.

In the area of economic development, the two groups talked about the proposed expansion at Crest Drive, Traffic and Justice industrial development. At this present time, the city has only 10 parcels, but the county has 100 parcels available for industrial development.

The two parties also indicated a desire to meet together in the future to discuss similar concerns.

City Administrator Robinson said

## Career fair will be held at Wayne High

A career fair, sponsored jointly by the Wayne High School vocational Technology Center, the Wayne College of Business, the Wayne Board of Education and the Education Council of the Wayne Area, scheduled for Wednesday, Feb. 7 at Wayne High School.

The fair is open to students in grades 8-12 as well as parents of these students. In addition, students from several other schools have been invited to attend.

The activities begin with a welcome by Wayne State College President Dr. Donald Mash in the Wayne High Lecture Hall at 7 p.m.

Following that, those in attendance will be able to choose three

exhibitors, the first being a career counselor, the second a career counselor and the third a career counselor.

At the end of the three 20-minute sessions, the students and the parents will again gather in the Lecture Hall for their prize drawings.

All those who turn in a completed "passport" will be eligible for a number of door prizes which have been donated by local businesses.

Among the prizes will be sweatshirts, backpacks, calculator radios, gift certificates and Chamber Bucks.

## Tower project moves ahead

By Clara Osten  
Of the Herald

The Wayne City Council accepted a negotiated bid of \$64,212 for work to straighten the leaning water tower in Wayne.

Last fall the city had sought bids to have the water tower on East 14th Street leveled but the two bids that were submitted were considerably over the engineer's estimate.

City officials then worked together to negotiate a lower bid for the work to be done this spring rather than last fall.

Work on the project is scheduled to begin in late March and be completed by the end of May. In addition to the work being done by W.C. Jacques Company of Des Moines, Iowa, the city's Public Works Department will be responsible for \$1,025 work bringing the total cost of the project to \$65,237.

Following a public hearing, the council approved a resolution which dealt with the Jones Interchange Project Basic Cable

Service and Equipment and Installation Charges. Jones will not seek a rate adjustment but cable customers will see an increase of \$2.04 per month, including taxes and fees, on their tier service.

In other action, the city approved a request from the Wayne Baseball Association for \$8,000 to make improvements on the grandstand at Hank Owens field.

Ray Nelson, President of the Wayne Baseball Association, told the council that because of getting stringers, there is concern from a safety standpoint.

The money will be used to repair the grandstand before this summer's district baseball tournaments. Paul Ottis will be the general contractor for the project and volunteer labor will be used where possible.

Shawn Pearty was approved as a new member to the Wayne Fire Department.

On third and final reading the council approved Sidewalk Improvement District No. 98 (I) in the northwest quadrant of the city. Several changes were made

in the original district before the amended version was passed.

The council authorized the applications for two grants. The first, from the Department of Environmental Quality, would be used for the purchase of a baler for litter reduction. The second is a Community Enhancement Program Grant in connection with the Highway 35 Reforest Project. This grant would be used to replace some of the trees that were removed because of the Highway 35 Widening project. The city should know within two months on whether or not the grants have been approved.

Also at Tuesday's meeting, annual reports were given by City Clerk Betty McGee, Chief City Inspector/Planner Donald Nelson and Senior Center Coordinator Georgia Jansen.

Public hearing dates of Feb. 24 and March 10 were set on the Redevelopment Plan for the Wayne East project area.

Mayor Sheryl Lindau appointed Harold Reynolds as Water/Waste Water Superintendent.

## Colombian missionary spending time in U.S. to speak at churches

By Clara Osten  
Of the Herald

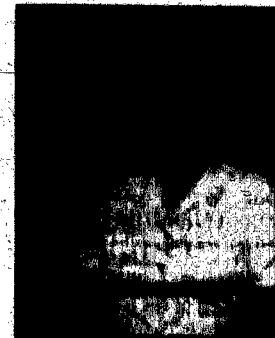
In the late 1950's Mark Stringer was an itinerant radio evangelist who was able to communicate with people in a number of different regions of the world.

One of the places that attracted his attention was the country of Colombia. That interest had led Stringer and his family to spending the last 12 years in several locations in the North American country, seeking to fill the spiritual needs of people there.

Following his graduation from Ham High School in 1948, Mark attended Clark State College in Piquette, Mo. where he earned a bachelor's degree in Theology with a major in Mission. He then spent a year at church in Charlotte, N.C. for two years, but leaving by graduation.

In January 1964, he and his wife Barbara moved to Bogotá, Colombia's capital city with a population of approximately six million people.

"The country of Colombia is currently in a moral and faith crisis," he said. "45 percent of the population in the world happened in Colombia. People are looking for solutions by the country's problems. We hope to be able to



Mark and Barbara Stringer

in 1980, seeking a need to minister where the people were. Mark and Barbara moved to Bogotá, Colombia's capital city with a population of approximately six million people.

"The country of Colombia is currently in a moral and faith crisis," he said. "45 percent of the population in the world happened in Colombia. People are looking for solutions by the country's problems. We hope to be able to

search their spiritual values to help them live in peace," Mark said. The Stringers are now located in Bogotá, a city of approximately 500,000 people. The couple started a church five years ago which now has an average attendance of 111 people each week.

One of the Stringers' four children, Andrew, is also a minister in Bucaramanga, Colombia. The couple also has three grandchildren.

In addition to ministering to the spiritual needs, Barbara works with the women of the church.

"I have Bible studies, cooking classes, craft lessons and teach them how to work with the needy. I also work with the children," she said.

The Stringers said that life in the large Colombian city is very expensive and those with minimum wage jobs earn approximately \$150 per month. Because of this, both parents are forced to work and often children are left alone during the day.

See Spiritual, Page 2A

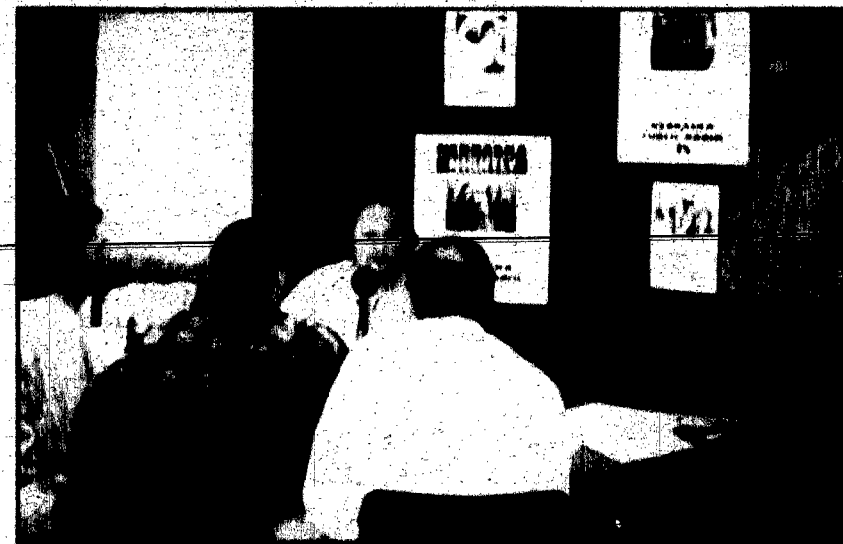
## Enrollment up at Wayne State

Wayne State College's spring term enrollment figures show a 6.5 percent increase over this same time one year ago.

Donna Ascher, assistant vice president for the college's office of enrollment, said that as of Jan. 18, enrollment enrollment stood at 7,817, which is an increase of 277 students. Spring semester enrollment is generally slightly lower than fall term.

"Obviously, we are pleased that our spring enrollment numbers are again strong," Ascher said.

Wayne State continues to be a very successful institution and we provide a quality education to our students," she said.



Hammer hosts the NPR programming at WSC by interviewing, seated left to right, Mark Hammer, WSC faculty, Bruce Mabe, WSC student, Greg Vanderwolf, WSC faculty. Standing is Bill Thomas.

## Nebraska Public Radio broadcasts from WSC

Nebraska Public Radio broadcast live from the atrium at Wayne State College on Jan. 22.

Faculty and students were interviewed on their thoughts of programs and offerings at WSC.

"This was an excellent opportunity to expose our students more fully to NPR and to tell a statewide listening audience about Wayne State College," said Mark Mabe, College Relations Director at WSC.

Stables added that planning to NPR to come to the campus started back in early October.

"We have produced several programs today on tape by our students, particularly Jussy Weston and Seville Lee. Dave Ogden, WSC faculty had input from all of the faculty. There were 28 suggested topics and people to be interviewed. We had to whittle it down to 13 because there were only 13 trucks. Mabe said.

Travis Frakes, NPR News Director and Steve Robinson, NPR Network Manager spoke to WSC Mass Communication classes during the day.

Nebraska Public Radio Network (NPRN) is a service of Nebraska Educational Telecommunications (NET). It is a non-commercial

See Sports, Page 2A



Obituaries

Meta Ash

Meta T. Ash, 95, of Springfield, Mo. died Friday, Jan. 23, 1998 at her home in Springfield.

Memorial services were held at the Greentown Funeral Chapel following cremation.

Meta Theresa Ash, daughter of Peter and Regina (Walters) Lvera, was born on the family farm south of Laurel. She attended school in Laurel...

Virginia Bergerson

Virginia Bergerson, 76, of Alexandria, Minn. died Wednesday, Jan. 21, 1998 at the Community Memorial Home in Ogish, Minn.

Local services were held Monday, Jan. 26 at the Evangelical Lutheran Church in Wakefield. The Rev. Russ Erickson officiated.

Virginia Bergerson, daughter of William and Judith Deibel Berg, was born July 25, 1921 in Okla. She graduated from Wakefield School in Wakefield in 1941.

She was preceded in death by her parents and brother William Berg.

Burial was in the Wakefield Cemetery in Wakefield. Donations...

Arrangements were made by Petermeier's Alexandria Funeral Home in Alexandria, Minn. and the Brasser-Humickel Funeral Home in Wakefield.

Famy Ericson

Famy Ericson, 94, of Laurel, died Sunday, Jan. 25, 1998 at Providence Medical Center in Wayne.

Graveside services were held Tuesday, Jan. 27 at the Laurel Cemetery in Laurel. The Rev. Craig Hinkley officiated.

Famy Ericson, daughter of Louis and Margaretha (Witt) Bruggeman, was born March 29, 1903 near Carroll. On Aug. 16, 1922 she married Clarence Oscar Ericson at the United Presbyterian Parsonage at Laurel.

Survivors include a son, Jim and Mary Ericson of Des Moines, Iowa, daughter, Brian and Patrick Mallat of Lincoln, four grandchildren, one sister, Luella Stuebel of Laurel, several nieces and nephews.

Memorials may be given to the United Presbyterian Church in Laurel and Providence Medical Center in Wayne.

Alan Schnoor

Alan Schnoor, 46, of Carroll died Wednesday, Jan. 26, 1998 in Wayne. Services were held Thursday, Jan. 29 at First Lutheran Church in South Sioux City.

Alan Lee Schnoor, son of Carl and John (Peterson) Schnoor, was born Aug. 16, 1951 at Sioux City, Iowa. He was baptized at Salem Lutheran Church in Dakota City and confirmed at First Lutheran Church in South Sioux City.

He was preceded in death by his father and two grandfathers.

Survivors include a son, Justin Schnoor and daughter, Lindsay Schnoor, both of Carroll, mother, Julie Schnoor of Worthington, Minn., two brothers, Eric and Thomas of Worthington, Minn., and John Schnoor of Sheldon, Iowa, and sister, Alex, Egan (Hart) Cramer of Worthington, patterned grandmother, Lucille Schnoor of Carroll and her maternal grandmother, Josephine Peterson of South Sioux City.

Funeral services were held Monday, Jan. 29 at the Columbus City Cemetery in Columbus. The Rev. Don Thompson officiated.

Margaret Hansen, 87, of Wayne died Tuesday, Jan. 27, 1998 at the Wayne Care Center in Wayne.

Local services were held Monday, Jan. 29 at the Columbus City Cemetery in Columbus. The Rev. Don Thompson officiated.

Margaret Hansen, daughter of John and Alice Hansen, was born May 4, 1911.

She was preceded in death by her father, Erik Carl, Ole and Ole, her mother, Ester Erika, John Hansen and her two brothers and one niece.

Burial was in the Wakefield Cemetery. Burial Home/Chapel Funeral Home in Wakefield was in charge of arrangements.

Mabelle Lundahl

Mabelle Lundahl, 94, of Wakefield died Thursday, Jan. 22, 1998 in Providence Medical Center in Wayne.

Mabelle (Leppala) Lundahl, daughter of Aaro and Mary (Lindquist) Lundahl, was born April 20, 1903 at Red Oak, Iowa. She came to Wakefield in 1914 with her family, by way of an orphanage train. She graduated from Wakefield High School and attended Wayne State College and Luther College in Wayne. She also attended Augustana Lutheran Seminary in Rock Island. She completed her education at Wayne County before moving to Wakefield in 1931 to live with her parents.

She was preceded in death by her husband, Erik Carl, Ole and Ole, her mother, Ester Erika, John Hansen and her two brothers and one niece.

Burial was in the Wakefield Cemetery. Burial Home/Chapel Funeral Home in Wakefield was in charge of arrangements.

Wayne County Court

Criminal Proceedings: M. of Del. pff. vs. James Earl Wayne, def. Complaint for Possession of Firearm and Cartridge. M. of Del. pff. vs. James A. Hagan, def. Complaint for Driving While Under the Influence of Alcoholic Liquor (Count II) and Possession of Firearm (Count III) (Dismissed).

At a Glance

Thought for the day: Life is not so short that there isn't time for courtesy.

Special meeting

WAYNE - A special Hospital Auxiliary meeting will be held Friday, Jan. 30 at 2 p.m. at the Providence Medical Center Education Room. All members are encouraged to attend.

Chamber coffee

WAYNE - This week's Chamber Coffee will be held on Friday, Jan. 29 at Radio Shack. Admissions will be made at 10:15.

Storyhour

WAYNE - The Wayne Public Library will hold Winter Storyhour on Saturday, Jan. 31 at 10:30 a.m. in the Children's Room. Stories read by guest readers and reading activities will be held from 10:30-11:15 a.m. All children of the area are invited to attend.

Location change

AREA - GED classes will now meet in the Methodist Church on Tuesday evenings from 7-9 p.m. This is a change of location. For more information on the classes, contact Ruth Heise at 375-1492.

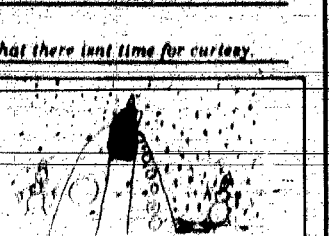
Post office pick up changes

AREA - It has been necessary to change the pick up time for mail collection boxes in the Wayne area. The collection box located on the west end of Panama parking lot will be picked up after 2 p.m. All other boxes will be picked up after 4:30 p.m. Box will be on a daily basis Monday through Saturday, with no pick up on Sunday.

Jump for Heart

WAYNE - St. Mary's kindergarten through sixth grade students will participate in the Annual Jump for Heart on Friday, Jan. 30 at a culminating activity for Catholic Schools Week. The children will be jumping at the National Grand Ambury from 8:30-11:30 a.m. Anyone interested in providing money for the Heart Association may call the school at 375-2333. Each Heart Physical Education teacher and full-time first and second grade teacher are in charge of this year's event.

Weather: Wayne County Elementary Forecast Summary. Upper air disturbances will continue to flow across the area, but most of them will be felt north and south of our area.



Wayne Forecast provided by KMG. Table with columns: Date, High, Low, Precip. Snow.

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Free Roth IRA information. Waddell & Reed Financial Services. Ric Wilson 375-1812.

Free Roth IRA information. Waddell & Reed Financial Services. Ric Wilson 375-1812.

HEALTH CARE DIRECTORY

Wayne Sport & Spine Clinic. 402-378-3000.

Wayne Medical Group PC. 378-1600, 378-2500.

Wayne Dental Clinic. S.P. Becker, D.D.S. 481 North Main Street, Wayne, Nebraska. Phone: 376-7888.

Wayne Medical Group PC. 378-1600, 378-2500.

Wayne Vision Center. DR DONALD E KOEHN OPTOMETRIST. Phone 375-2020. 411 Main St. Wayne, NE.

SATELLITE OFFICES. WAYNE 378-2042. LAUREL 378-3018. WAKEFIELD 307-8897. PHYSICIANS: Norfolk Medical Group.

Wayne Vision Center. DR DONALD E KOEHN OPTOMETRIST. Phone 375-2020. 411 Main St. Wayne, NE.

Wayne Medical Group PC. 378-1600, 378-2500.

Midlands Net. Get online with Midlands Net and play along with our Internet Treasure Hunt Contest! You could win free internet service or even Kansas City weekend vacation!

Wayne County Court

Course and fined 1250 and costs. M. of Del. pff. vs. Michael O. Van, def. Complaint for Driving While Under the Influence of Alcoholic Liquor (Count II) and Speeding (Count III) (Dismissed).

Corrections

The last week's Herald: the names of the wife of the new knight of a Colorado reporter. Cathy, 37, was last week's 'Miss of the Year'.

PUBLIC NOTICE: The Senior Wheels Program of Greater Nebraska makes available Power and Manual Wheelchairs, Three and Four Wheel Electric Scooters, Walkers, and other medical items to Senior citizens (65 & up) with mobility assistance needs.



### Workshops will discuss dealing with bluebirds

Several workshops on bluebirds will be presented by bluebirds Across Nebraska at different Northeast Nebraska locations on Saturday, Feb. 7. The first of these will be held from 10 a.m. to noon at the Northeast Station in Concord. A second session will be held at the Selden Fire Hall from 3-5 p.m. The final session will be at the Hartington Public Library in Hartington from 4-6 p.m.

Topics to be covered will include: Why bluebirds need our help; What is a good bluebird habitat; Where bluebird boxes should be placed; Box types, pros and cons; Best ways to mount a bluebird box; Setting up a trail; Monitoring a trail; Problems you may encounter and how to deal with them.

For more information, contact Lawrence R. Farby at 808-627-2486.

### Allen News

Kate Rowell  
402-838-2222

#### RECEPTION PLANNED

A reception will be held on Jan. 31 at 8 p.m. at the Fire and Rescue Building in Allen for Tim and Heidi (Benstead) Turner who were married on Dec. 19, 1997.

A dance will follow the reception. Parents of the couple are Wilmer and Joyce Benstead and Barbara Turner.

#### PATCH QUILT CLUB

Patch Quilt Club will meet at the Senior Center on Saturday, Jan. 31 at 2 p.m. to travel to Maple in Dodge. Contact club president, Pat Phiback for details.

The next meeting of the club will be on Feb. 7 at the Allen Senior Center at 8:30 p.m.

Members are asked to bring finger food, their sampler projects and sets of 10 one and one-half inch by 2 1/2 inch strips of fabric for exchange. There will be prizes and fun for all.

#### OVER THE HILL GANG

United Methodist Over the Hill Gang members will dine at the Vets Club in Wayne on Feb. 1 following worship services.

Reservations should be made to Carol Jackson by noon on Jan. 31.

#### WHAT'S HAPPENING IN ALLEN

Please send in your February community activities to Kathy Rowell for publication in What's Happening in Allen. The full sheet of paper posted around town each month.

#### COMMUNITY PRAYER CHAIN

Anyone interested in becoming part of the community prayer chain is invited to contact Jean Bahr. The prayer chain is sponsored by the First Lutheran and United Methodist AIM committees, but is open to all denominations.

#### FORMER ALLEN GRADUATE

Former Allen graduate Hilda Wheeler Curry recently sent a donation to Allen Public Relations to help defray the costs of postage for the Allen Update.

She stated that she enjoys receiving the home town news and keeping up with old friends from home. She lost her husband Jim about two years ago and sold her home in Castle Rock, Wash. to her grandson. She now lives in a retirement home in Longview, Wash. which she enjoys. She recently had greetings to her old friends and classmates from the class of '47.

#### ALLEN COMMUNITY CLUB

Allen Community Club met on Jan. 19 at the Village Inn with 17 members and two guests present.

President John Warren called the meeting to order. Dues for 1998 were set at \$28 for an individual or couple, \$35 for a small business and \$50 for a large business.

Dues may be paid to Rita Mattes at the home. Dean Chase moved the ACC pay \$800 for extra Christmas dues which was given away at the drawing. Milton called Christmas lights will be

removed from the poles in winter weather.

Dean Johnson reported that the Allen Biker Vintage Wheels Shrine Unit may have their cars on display in Allen on June 13.

New business included election of officers: President John Warren, Vice President Kathy Rowell, Secretary Marcia Rastade, Treasurer Rita Mattes. Committee appointments: Fall and Easter children's parties Barb Strivens and Vicki Bupp, Historic Tree Grove-Donna Schroeder and Marcia Rastade, Christmas Drawing: Kathy Rowell, Christmas Drawing: Jerry Schroeder and Dean Chase, Spring Clean-up: John Warren, Garage Sales: John Warren, Flea Market: Ken Linafelter, Heritage Park: Rita Mattes, Rooms: Cathy, Sheila Schroeder.

From now on members will not be called to make reservations for the dinner meeting but will instead order from the menu. John Warren reported that \$300 will pay for refreshments and prizes for the junior high students on clean-up day.

Marcia Rastade reported that replacement trees will need to be

ordered for dead or misshapen trees in the Historic Tree Grove. Dean Chase moved to order the trees. Milton passed.

Faith Keil representing the Tri-County Historical Society reported on the renovations and improvements being made to the Dixon County Museum. She stated that the need for more members and workers is needed. The ACC members responded by offering to help at work days and in when needed.

The next ACC meeting will be on Feb. 19. New members are welcome.

#### NUTRITION ME MENU

Monday, Feb. 2, Slippy Joes, potato casserole, eggplant, pea salad, banana.

Tuesday, Feb. 3, Pork cutlets, mashed potatoes with gravy, beef-stuffed salad, pudding.

Wednesday, Feb. 4, Steak, potato, carrots, jelly, phone.

Thursday, Feb. 5, Meatloaf, baked potato, stewed tomatoes, lettuce and carrots, apple turnover.

Friday, Feb. 6, Fish, scalloped potatoes, green beans, cottage cheese, pineapple salad, cake.

### Durante donation

Members of the Wayne Eagles Club and Eagles Auxiliary recently hosted a supper for members of the law enforcement agencies and the Youth Activities Coalition. The two groups also presented the Youth Coalition a check for \$1,000 from the Jimmy Durante Children's Fund. Involved in the check presentation were, front row, left to right, Jewell Schock, retired WSC professor, Dean Chase, Dixon County Sheriff, LeRoy Jansson, Wayne County Sheriff and Lynda Crutchank, UNI Extension Educator. Back row, Lance Webster, Wayne Chief of Police, Daryl Wilcox, WSC professor, Charles Roland, Eagles President, Karen Shattuck, Youth Activities Coordinator and Cec Vanderzink, Eagles Auxiliary President.

### Talented vocalists selected for festival

Over a dozen high school choir directors nominated applicants for Wayne State's second annual honor choir festival which starts at 11:30 a.m. on Feb. 7.

Area high school students included in the honor choir festival are: Micaiah Chorus Soprano, Carla Kemp, Wayne High and Kristin Preston, Wakefield High, senior; Ally Payla Koster, Wayne, and Rose Oswald, Wakefield, seniors; Tessa Jay Guthrie, Wayne, sophomore; and Ben Bink, Wakefield, senior; Matt Jason Mader, Wayne, senior; and Adam Boeckenhauer, Wakefield, junior.

Women's Chorus Soprano: Annie Ellen and Megan Meyer, both of Wayne High, under senior teacher Kathleen and Lisa Patton. Both of Wakefield High, sopranos: Allie Johnson, Corina, and Katelyn Hubbard, both of Wayne, seniors; Melissa Blawie and Sarah Adhlok.

### Spiritual

(continued from 1A)

The government and the church are working together to help alleviate this problem.

Currently, the Stingers Church has all up there money, such as capable of supporting 100 to 150 children.

The government provides for 70 percent of the nutritional needs of these children and we provide adult supervision for them. We check them for five years and care for their needs, Mark said.

Parents pay approximately \$150 per month for this care.

To help others understand the plight of the Columbian and what is actually happening in the country, the Stingers return to the United States every 4-5 years to give presentations on their work.

The program trip began in August of 1997 and will end just after Mother's Day.

Each Sunday the couple travels to a new church of the First Church of Christ, explaining what is happening, both in their church and in the country.

"We set up a schedule of where we are going ahead of time. This trip has taken us to Columbia, Washington, Oregon and a number of other states. We have traveled 21,000 miles so far," Mark said.

On Monday, Feb. 1, the couple will be at the First Church of Christ in Wayne. Beginning at 9:15 a.m. they will show slides and a video as well as presenting the missionary message. The slides is open to all and the Stingers encourage the public to attend.

both of Wakefield, sophomores. "Most schools nominated four to eight students. This is the second year for this type of format," said David Lawrence, Wayne State college director of choral activities.

There is no audition by participants. The first 20 queries received and were accepted into the Honor Choir. The non-auditioned format allows children time to select vocalists.

Choir members who have demonstrated commitment to their school programs both musically and non-musically, Lawrence said.

They will have the opportunity to do more literature. The honor choir will mean a change to sing with the college choir and spend time with college singers here.

It is an introduction to the way things work in a college choir setting. Lawrence said. "Wayne State College students will be helping concert choir officers will be directly involved with the festival."

A women's chorus will also be included again this year. Because of the success of last year's festival and

many of the community made by directors who participated. I am pleased to have continue youth choir district. Lawrence said.

Eight WSC student section leaders will be helping visiting high school students with musical or college questions. This will provide WSC students with an opportunity to supply musical leadership, Lawrence said.

The rehearsal will be conducted in the Peterson Fine Arts Building and the schedule will conclude with a performance of the "Second Annual High School Honor Chorus and the WSC Concert Choir. The performance is open to the public and is free of charge.

Performing selections will include: Querna in Exultis by Beethoven; Agnus Dei by Caspary; Vagler Flower of Beauty by John Clements; and Circus Band by Charles Ives. The women's chorus will be singing: Ours on My Heart by Allen Kropfle and How Gladly I Wait. Allen arranged by Greg Miller.

Members of the church in civil war for many years. There are a lot of places to avoid. Almost everyone we meet here has a relative, but

most of the war. However, we still had just a country of things at the "militia" part of it. Mark said.

The area in which we minister is relatively peaceful and we hope

### Radio

(continued from 1A)

broadcasting service supported by the state of Nebraska, the federal government and corporate foundation grants and through many other contributions. NPR is a non-profit fundraising organization.

NPR became a statewide network in 1997. The network has a large coverage but by power Omaha because there are already three classical music stations there.

Penny Castello, NPR Special Events Coordinator said that NPR has 5,000 supporting members throughout the state and approximately 45,000 listeners.

The reason we're here today is because of a proper NPR initiative. We were chosen as one of the member stations of NPR to participate. Its objective is to raise awareness of NPR to college students and minority communities.

We chose to do that through college broadcasts throughout the state, Castello said.

Castello added that support from community is appreciated and by coming to them live. NPR hopes to make people feel like they are a live in their community.

NPR is two-thirds classical music and one-third news. It can be heard in Northeast Nebraska on 89.1 FM. Listener service is provided by calling 1-800-250-6050.

to help spread that news. Many had been going the wrong way, but now have found each other.



This photo shows some of the people from Columbia that Mark and Barbara Stinger have been involved with as part of their missionary work. Mark is a Wayne native and his mother Margaret still resides here.

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**NEW PATIENTS WELCOME**

Florence Lamm

Editorials

Another round

Nebraska's death penalty is being spotlighted again in the Legislature.

A report by the Legislature's Judiciary Committee declares that the extra legal costs involved in death penalty cases are greater than the savings incurred by executing death row inmates.

Does this translate into meaning Nebraska should abandon justice due to costs?

Will the Legislature discuss eliminating the death penalty while other states contemplate reactivating such a penalty?

Legion that says "Nebraska can't afford executions, but we can afford lifetime board and room for convicted murderers" deserves a second hearing.

Murderers quickly execute victims, but defend their own execution in the name of justice. Tax paying people need have no fear of the death penalty, but murderers hate it.

Is your senator aware of your opinion on the matter?

Carrying a concealed weapon

State senators may have time this session to discuss LB465 dealing with the concealed handgun license act.

A recent study by John Lott and David Mustard of the University of Chicago published in the Journal of Legal Studies found that concealed handgun laws reduced murder by 8.5 percent and severe assault by 7 percent from 1977 to '93.

If carrying a concealed weapon will reduce murder and assault, does that mean that if everyone started carrying a gun, the rates would continue to drop? Or would the rate of accidental shootings increase and offset the dropping offenses?

If everyone licensed starts carrying a gun, does it hold down to who is fastest at the trigger? Or should we all be prepared to pull out our guns at first sign of threatening behavior?

Vermont has long had the least restrictive firearm carry laws. Citizens there may carry guns either openly or concealed without any permit. Perhaps as part because of its liberal gun policies, Vermont has among the lowest violent crime numbers in the country.

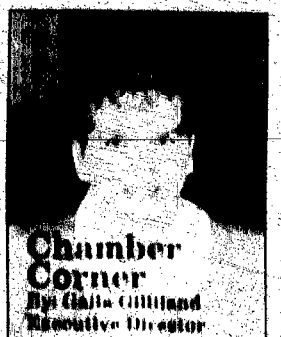
If perpetrators know their victim might be armed, is that not a deterrent? If thugs were aware that even an elderly woman might have a handgun, would not this make criminals think twice about attacking?

If the gun laws cannot control criminals having possession of guns, then why should it control possession by law-abiding citizens?

Why deny law-abiding citizens the right to have a licensed concealed weapon providing the carrier is ready to assume responsibility for knowing how to use it in a proper, safe and not endanger others?

Career Fair set for Feb. 2

The career fair is set for Monday evening, Feb. 2 at the Wayne High School. Parents have continued to be busy and engaged in discussing their plans.



Chamber Corner Executive Director

Chamber Corner will present a career fair on Monday evening, Feb. 2 at the Wayne High School.

Participants will include: Mickey Joseph, Athletic Director; Webster Feltz, District Director; Probation Officer Nancy Cederlund; Social Worker and Behavioral Attorney...

Participants will present: Occupational Management, and Accounting will also be present.

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Capitol News

Peru State debate continues

By Leslie Hoeslert-Rood, Statehouse Correspondent, The Nebraska Press Association

If you recognize my maiden name, you'll know I'm from south-east Nebraska. My family has farmed in Nemaha County for more than 125 years.

So this debate over Peru State college reopens with me.

The latest word is that some Auburn business folks are urging their Nemaha County neighbors to buyout the Auburn City business. If you remember, an economic development corporation in Nebraska City made a bid for the college and the State College Board of Trustees recently voted to pursue that option.

A buyout seems like a rash step. It probably would cost the buyouts as much as it would cost the buyout.

I can see how people might consider it a logical response. After all, a lot of southeast Nebraska people who live outside Nebraska City have contributed to its well being: driving there for jobs, shopping, movies, and McDonald's franchises, among other things.

When I was in high school at Johnson Park in the 1970s, my friends and I routinely drove to Nebraska City on the weekends to see a movie at the Pioneer Theater. We'd grab a hot father's pizza in a fast-food hamburger and usually drive home through Auburn, 10 miles north away, just to see if any boys we liked were making any sound.

My first job out of high school was in the business office at a truck stop on the south side of Auburn.

My first thought of working in a business office was to see if I could get a job in the city. I think we all considered ourselves a part of a larger community that included Nebraska City.

It seems like the debate over Peru State has brought us back to that time.

25 is a two-way highway. It's simple to drive 10 miles out of town and to drive 10 miles north into town. It's the same road.

A lobbyist I was visiting with early in the year said the 1998 legislative session will be about as sure that begin with "P" pigs, power and Peru State. Last week hundreds of Peru supporters converged on the Capitol to urge legislators to keep the college in Peru.

State Sen. Lloyd Vitvick of Table Rock, who is trying to persuade lawmakers to tough up existing campus, predicted early on that the goal to move Peru State could easily shift to one to close Nebraska's oldest and smallest state college. Vitvick was in

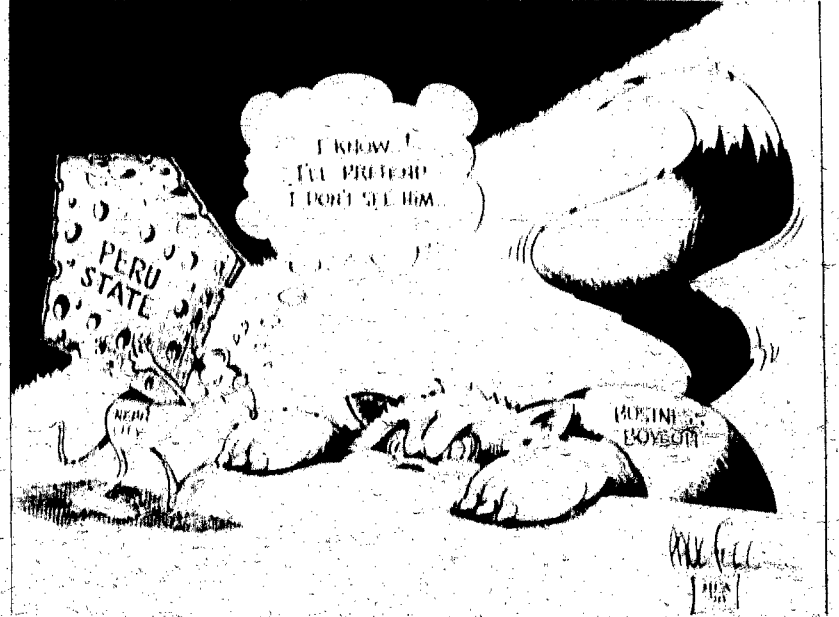
the mark, as recent news reports have indicated. Some lawmakers have begun to say that they wonder whether the college still is needed at all, when the University of Nebraska-Lincoln and University of Nebraska-Kearney are only about an hour's drive away. Seems like I remember that exact same argument against the Institute of Information Science Technology and Engineering College only a few years ago. Why build it in Omaha when the ISET Engineering College is only an hour's drive away?

That argument didn't work then, and I don't know if it works now.

Continuing education students don't want to drive an hour to take a course on a weekend or in evening. They don't want to do it

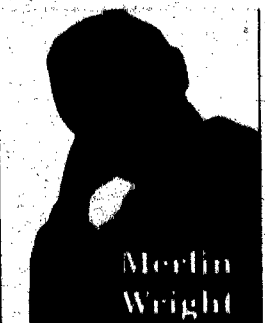
if they live in Omaha, and they don't want to do it if they live in Auburn. They'll do it if that's the only way they're going to get the education they need. I'm not going to say whether Peru State should be retained. I don't know whether it serves a "critical mass" of students to warrant the expense of maintaining it. Maybe there are other reasonable educational options for students in the area. I'm a fine one to wax sentimental about the college when I never seriously considered going there for my college education.

Even if it's the right thing to do, closing it means the college would have to be reconstituted out of the remaining residents of southeast Nebraska. It would have one avenue of educational opportunity and it would have to be a ghost town.



Can we outlaw outlaws?

Group and just prepared the bill while those bills prepared the



What a beautiful wonder, why Presidents say such things? You can't legislate away this. Has any crime bill ever been passed by any American Congress?

You know, the HIA was a very important, accurately labeled good bill to attempt. I'm not sure it doesn't have to label the content of their weekly printed

Company, and whether they have decided in order to pass the law.

They likely might expect to be folding enough lawyers to handle all the claims.

When I read this, I'm sure of the support most of the business and those of a hard and consistent, where you, public officers, and judges work out in full, when that's not only when Janet Reno doesn't have to appoint a district attorney

How about a law, including politicians from making financial statements to lying?

And the disappointment is that it's not the local point of view, Republican or Democrat.

They're away from the business like trying to take away the

And the disappointment is that it's not the local point of view, Republican or Democrat.

Genealogy Corner

By Margaret Lee

When you're looking for a genealogy, it's not just a hobby, it's a way of life. It's a way of life that's been passed down from the beginning of time.

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We're not just a genealogy, we're a way of life. We're not just a genealogy, we're a way of life.

Being curious about family traditions such as eating pork and sausage every fall, and never going to bed as girls may also feel curiosity about why two ancestors behaved as they did.

Next month's column will be the various charts used in genealogy, and how to properly record data on them. Until then, good luck and happy hunting!

Way Back When

These stories are taken from the pages of the Wayne Herald and are provided here in cooperation with the Wayne Public Library.

1930 An article in the Wayne Herald about Gene Kellowich's hobby of collecting match folders brought results. A California reader sent the District 25 pupil some additional copies to his collection.

1945 Beverly, youngest daughter of Mrs. Elmer (Lillian) Van Dusen, was chosen to represent Wayne City School in the District 25A year citizenship contest.


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The Wayne Herald advertisement including address, subscription rates, and contact information.

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Today	Tonight	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
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40	29	42/28	42/28	45/27	45/28	42/21	48/34

**TEMPERATURES**  
The next week will continue a case of the doldrums. Highs in the 40s and 50s, and lows in the 20s and 30s. A cold front will arrive on Monday, bringing a chance for rain and a slight temperature increase.

**PRECIPITATION**  
There is a 10% chance of rain on Monday and Tuesday. Otherwise, there is no precipitation expected.

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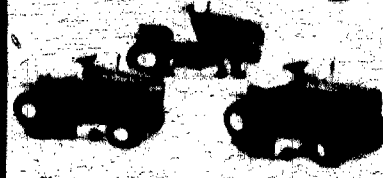
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# Wayne State men improve to 14-5 with pair of wins

By Kevin Peterson  
Of the Herald

The Wayne State men's basketball team took a giant step in making the move up the North Central Region ranks after knocking off the nation's sixth-ranked team, Northern State last week, 88-75 in Wayne.

The 'Cats went into the contest ranked eighth in a region where only the top six teams gain a spot to the 10 AA-II playoffs while the visiting Wolves were third.

The host team handed Northern State its biggest loss of the season but shortly into the contest it appeared it was going to be a long night as point guard Tyler Johnson went down with an ankle injury.

"It happened about three minutes into the game," coach Gary McDermott said. "He was taken to the locker room where he remained for more than a half of basketball."

WSC rose to the challenge, however, and a long 3-pointer by Craig Philipp at the buzzer gave the host team a 17-16 halftime lead.

The 'Cats led by eight points, 32-24 with four minutes remaining in the opening stanza but Northern State went on a 12-2 run to take a 36-34 lead before Philipp's try.

The second half opened with the Craig Philipp show as the point guard controlled by scoring the last 10 points of the period including back-to-back 3 pointers.

Johnson made his return with around 17 minutes left in the game after it appeared he would not re-enter the contest with a second third degree ankle injury.

The injury from Northern, showed noise and courage as he pulled out a painful injury to lead the 'Cats down the stretch.

In fact, Northern State never had the lead as the second half as WSC built leads as many as 13 points on several occasions including the final score.

Johnson scored all 35 of his points in the second half and Philipp led all scorers with 20.

## Wayne grapplers defeated in dual by second rated Albion, 38-22

Unranked Wayne lost for the first time on the dual mat this season against second ranked Albion, 38-22 last Thursday in Albion.

John Montagna's crew jumped out to a 13-0 lead in the 1st period as far as matches won by pin or fall at 10:11 while Tim Feltner was a 7-2 decision at 11:27 Jay Feltner off your by pin at 1:24 to give Wayne a quick boost.

Albion however responded by winning the next four matches by pin or fall.

State's number one wrestler, Josh Montagna and the number two wrestler, Mike Wells at 135 pounds.

Montagna, coming off a losing which sidelined him after one match at the Albion inside the weekend before, had a 7-5 decision to Wells.

The two will likely book up again this weekend when Wayne takes part in the Alpsus event.

Bob Campbell was a 14-6 decision at 145 lbs. gave Wayne a 12-13 lead and the final dual came at 2:10 after Jay Feltner was an 8-2 decision at 160 pounds.

See DUAL, Page 9A

"We played a pretty well," McDermott said. "Under the circumstances, it was probably our best game of the season."

McDermott said he gave a lot of credit to WSC athletic trainer Keith Coetz for getting Johnson ready to come back into the game.

The WSC mentor gave credit to Troy Osterhaus and Brad Jones for stepping it up a notch when Johnson went down.

"Northern State has a very good basketball team," McDermott said.

"We shot the ball very well and our defense did a nice job of taking Bryan Miller out of his game. Northern is very similar to WSC in the fact they don't have many weaknesses."

The Wolves were the highest ranked team to be defeated by WSC in McDermott's tenure.

Jon Hollins was six of seven from the field and finished with 14 points and Jason Diaz was the fourth Wildcat to finish in double figures with 11.

Both teams shot well from the floor with the 'Cats hitting 12 of 64 attempts while the Wolves were 31 of 63 for 49 percent.

WSC was out rebounded, 39-15.

with Philipp leading the 'Cats with eight careers while Hollins had five. WSC committed just 10 turnovers.

with the visitors suffering 16 and Osterhaus dished out a team-high five assists.

SATURDAY, WSC HIT the road as they played at Bemidji State in Minnesota.

The 'Cats got the job done with a 66-60 victory to run their win streak to four games and a 14-5 season record.

Tyler Johnson led the WSC players in double figures with 20 points and Craig Philipp adding 14 while Jon Hollins and Brad Jones netting 10 each.

With the game tied at 11 at half time, WSC outscored the Beavers 24-9 to take a 40-15 lead with 13 minutes remaining.

The host team countered with nine unanswered points to claim a 44-40 edge with 11:40 to play.

Jones then scored five points during an 11-1 Wildcat run which put the visitors ahead, 51-43. Following a 3 pointer by Bemidji State's BJ LaVelle which made the score 51-46, the 'Cats put together an 8-1 rally to open up their largest lead of the game at 59-51.

The 'Cats scored 13 of their final 15 points from the charity stripe. WSC was 21-30 from the line, over all.

"Our defense played really well," McDermott said. "We had a lot of good looks at the basket but we just couldn't get the ball to fall."

WSC was out rebounded once again, 34-11 with Eric Henderson leading the way with seven cars while Hollins and Matt VanVoort had five each.

The 'Cats had just 11 turnovers while Bemidji State was one better at 10.

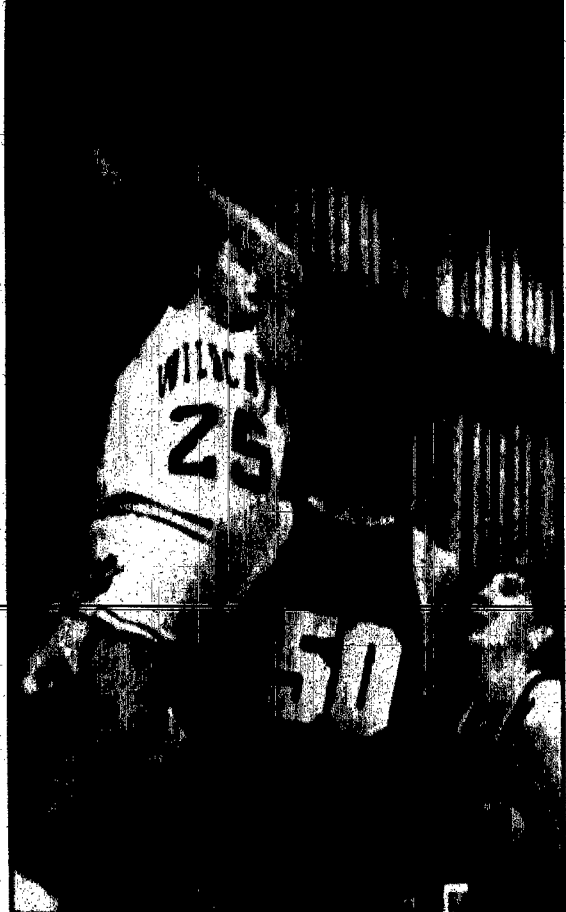
WSC will host Bemidji State on Saturday night before playing at Southwest State on Wednesday.

WSC, 88 Northern State, 75 WSC, Craig Philipp, 20, Tyler Johnson, 16, Jon Hollins, 14, Jason Diaz, 11, Brad Jones, 7, Troy Osterhaus, 6, Chad Nelson, 6, Eric Henderson, 5, Matt VanVoort, 2. FG, 42.64-30%; FT, 72.73-50%.

WSC, 66 Bemidji State, 60 WSC, Tyler Johnson, 20, Craig Philipp, 14, Jon Hollins, 10, Brad Jones, 10, Chad Nelson, 5, Jason Diaz, 5, Troy Osterhaus, 2. FG, 40.40%; FT, 21.30-70%. TEAM RECORD: 14-5.



Wayne State center Craig Philipp gets the foul and the hoop during action against Northern State last week.



Tyler Johnson sustained a second to third degree ankle sprain and quarterbroke the 'Cats to a win over the cloth-robed team in America last Wednesday.

## Tuesday Night Sports Action Wayne girls defeat Tekamah-Herman

The Wayne girls basketball team recorded their first back to back wins of the season with a 41-37 victory over Tekamah-Herman, Monday night in Wayne. John McFarmer's crew outscored the 11 on the road game. The Blue Devils jumped out by a 14-6 lead after one quarter of play and they maintained that eight point lead at the intermission at 22-14. The visitors led the gap to half in the third quarter at 30-26 but both teams scored 11 points in the fourth quarter. Tekamah-Herman narrowed the lead to one point off in the fourth quarter before John McFarmer's crew scored five points to push Wayne's lead back to five points.

Defensively both teams played very well," McFarmer said. "We didn't shoot the ball very well but we were able to force a lot of turnovers." Molly Dunbar scored in 16 points to lead Wayne with both Johnson adding a career. Rayshon Lillard had a career 16 points while Jennifer Hinton, Brooke Parker and Cayle Olson added two each.

Hinton and Olson led the team on the boards with seven rebounds each as Wayne held a 31-26 advantage on rebounding. The visitors were 7-8 from the foul line including a 4-3 proficiency by Hinton down the stretch to secure the victory.

Wayne's offense team out scored Tekamah-Herman, 11-7 in the fourth quarter to post a five point margin, 31-26 improving their record to 7-3. Jessica Ravel prepared the way with six points followed by Jeanie Yonker with four, 8 the Walton, Kaitlyn McFarmer and Brittany Everett netted four each while Nicole Hines and Brooke Lillard, Kaitlyn Hinton, Lindsay Wadler and Kristin Wilson each netted two points with Jenny Schuler finishing with one.

## Wayne boys notch 16-point victory

Back, both Wayne boys basketball team posted a 64-48 win over Wakefield, Tuesday night in Wakefield as the Blue Devils improved to 9-5 on the year. Wayne sprinted to an 18-6 lead after one quarter of play and never looked back as they held a 32-18 halftime lead. Wakefield did not get the lead to 11 at the end of the third quarter but Wayne roared back with 22 fourth quarter points.

It was key for us to get off to a quick start and force Wakefield to play from behind," Bob said. "Our defense did a nice job of creating some of our offense." Points inside led Wayne with 18 points with Ryan Dahl and John Magrison adding 14 each while John Magrison stepped in once. Adam Goshoff finished with four points and Matt Meyer three while Chris Dyer rounded out the scoring with two.

Wayne had 19 turnovers while committing 13 and the Blue Devils held a 34-27 advantage on the boards with Magrison leading the way with seven rebounds while Dyer had six. The top scorers led by BJ Hinton with 23 points while Ray Gardner added nine and Justin Paulson seven. Jim Bank tallied five points and both Dylan Heath-Kerr and Troy Jensen each added two.

Wayne will play in West Point on Friday before traveling to play O'Hell on Thursday. Wakefield will play Wayne in first round play of the Tuxedo Clark Conference Tournament on Monday night in Wakefield.

In intense action, Wayne blew out the Mustangs, 59-19 with Ryan Wadler leading the way with 31 points while Dyer, Hinton, Magrison, and Goshoff all scored in double figures. Magrison had a career high 16 points while Dyer had a career high 14 points. Hinton, Dyer, and Goshoff all had two points each while Dyer had a career high 16 points. Hinton, Dyer, and Goshoff all had two points each while Dyer had a career high 16 points. Hinton, Dyer, and Goshoff all had two points each while Dyer had a career high 16 points.

## Winside girls blast Clarkson

The Winside girls basketball team blasted Clarkson, Monday in Clarkson to improve to 5-7 on the season. Lisa Schneider's team doubled the score on the host team, 17-6 after one quarter of play and took a 27-13 halftime lead. The Wildcats put the game away in the third quarter with a 13-1 run for a 40-18 advantage.

"We played an excellent defensive game," Schneider said. "Offensively, Stacy Miller had a career night with 12 points and Jess Miller played her strongest game of the year." Miller tallied 23 points to lead all scorers with Wadler contributing 11 and Kaitlyn Lipp, Lisa Schneider, and Brooke Bostler added four points and each, three while Kelly Nathan netted two and Brooke Bostler one. Miller finished with 10 rebounds and four blocked shots while Wadler had nine steals, seven rebounds, and five assists. Sara Mandt finished eight rebounds and three assists.

Winside will play at Central on Saturday to host round 2 conference tournament play.

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# Local cagers earn sweep of visiting Bloomfield Bees



Nick Kvals creates his own shot during first half action of Laurel's victory over Bloomfield last weekend.

By Wes Smith  
For the Herald

The Laurel-Concord girls came away with a pair of victories over the weekend with wins over Wausa and Bloomfield in Laurel.

A strong fourth quarter was the difference in a 44-23 win over Wausa, Thursday night.

"We came out slow and weren't executing well the first three quarters but in the fourth we became more aggressive and got several transition buckets," coach Susan Koranda said.

Laurel outscored Wausa 19-9 in the final period. The Bees also were 16-of-17 from the free line.

Jessie Erwin and Karl Stewart shared team scoring honors with 10 points each while Kristen Hark added seven. Brittany Burns had six points to go along with her team-high nine rebounds.

Another Thompson led the way with four points and Julie Abts, three, while Jenny Demuth and Heather Patfield added two each.

Laurel hung on to down Bloomfield, 44-41 on Friday night.

"This was a hard-fought one (Laurel-Bloomfield)," Koranda said. Jessie Erwin and Karl Stewart again shared team scoring honors with 15 points each.

"We did a nice job of being patient on offense and driving to the basket, creating free throw opportunities," Koranda added. That paid off in the sense of 27 free throw chances where the Bees converted 16.

Kristen Hark finished with five points and Melissa Thompson tallied four while Brittany Burns, 10, 10, three, Jenny Demuth, 10, 10, 10, and the attack with two points.

IN THE BOYS contest, a strong first quarter was the difference to guide Laurel to a 63-42 victory over the Bees.

The Bees played disciplined offense and defense and speaking of defense, senior center Andy Bose blocked a career-high 12 shots in the contest.

Bose nearly pulled off the rare triple-double as he finished with nine points, 13 rebounds and 12 blocks.

Eric Kvals paced the winners with 9 points while Evan Smith and Wyatt Lewis totaled 14 each. Nick Mangano finished out the attack with seven points.

Laurel's boys will play Creighton in first round conference tourney action on Saturday at 4 p.m. in Clinton while the Lady Bees play Plainville at 8 p.m. on Saturday in Bloomfield.



Laurel-Concord senior Andy Bose drives past a Bloomfield defender during action last Friday night in Laurel for two of his nine points. Bose also hauled down a team high 13 rebounds and blocked a career high 12 shots in the Bees' 63-42 victory.

## Blue Devils girls split with Crofton, O'Neill

The Wayne girls basketball team split a pair of contests last week, leaving John McClarnon's squad with a 3-1 record on the season.

The Blue Devils were beaten by Crofton on Thursday night in Crofton, 62-46, but rebounded on Saturday afternoon to down O'Neill at home, 40-33.

In Crofton the game was tied at 11 after one quarter of play and after three quarters of play the game was close as Crofton led by five, 38-33, but Wayne was out scored 24-11 down the stretch.

"We were disappointed by our defensive play against Crofton," McClarnon said. "They dominated us on the offensive and defensive boards and had numerous missed assignments defensively that led to many easy baskets for Crofton."

Kathy Hunter led the Blue Devils with 20 points, while Heidi Johnson netted 10, and Cayle Olson, eight. Sarah Hill and Brooke Parker each added three and Jessica Karching had two.

Wayne was out rebounded by a 16-7 margin, with Olson and Johnson leading the Blue Devils with seven and six rebounds, respectively.

WAYNE JUMPED out to an 11-0 lead on O'Neill after one quarter of play and led 17-14 at the intermission.

The Blue Devils lead expanded to eight by the third quarter and at 28-20.

"Despite shooting only 26 percent from the field we were able to use a great team defensive effort and good free throw shooting to help us gain the victory," McClarnon said. "We turned 24 turnovers while turning 8 over just 12 times."

Cayle Olson paced the winners with 18 points, with Jennifer Boerman totaling six and Brooke Parker, five. Kelly Tucker added four and Monica Hayak, three, while Lindsey Black and Heidi Johnson tallied two each.

Wayne came out a winner on the boards as well, 29-22, with Olson leading down eight rebounds and Hunter six.

O'Neill hit 10 of 11 free throw attempts for the game and Wayne as a team was 13-22 while O'Neill was 7-12.

Wayne will play at Central Catholic on Thursday.

## Sports Briefs

### Junior high cagers play Cedar

WAYNE - The Wayne Junior High seventh and eighth grade girls and boys basketball teams played Central Catholic Saturday with three of the four games ending in ties.

The seventh grade girls won 24-20 with Amy Harter leading the way with 11 points while Erin Lovel added seven. Katelyn Elwood, Katie Straight and Megan Cunningham each scored four, with Alyssa Dunham and Ashleigh Anzures adding two each.

The eighth grade girls won 41-17 with Katie Elwood leading the way with 10 points while April Deane scoring eight and Jocelyn Holmberg, six. Cayce Nelson and Janice Shaver each added four and Elizabeth Strong, Faith Keller, Faith Cracker and Jill Meyer tallied two each. Christina Cather added a free throw.

The seventh grade boys won 46-26 with Clifton Walker leading the way with 10 points while Tim Muth added six and Jon Hubbard, five. Mike Strom and Andy Miller scored four each and Ryan Schmitts tallied three, while Mike Owen and Justin Davis added two apiece.

The eighth grade boys fell to Central Catholic, 47-39. Brad Hansen and Brent Hutchinson scored 13 each to lead Wayne with Luke Christensen adding seven and Jeff Pappitt, four. Jeremy Cote rounded out the scoring with two points. Wayne will host Brookfield on Saturday at 7:30-8:30 p.m. at the high school.

### Wakfield girls beaten by Homer

WAYNEVILLE - The Wakfield girls basketball team fell to Homer, 46-38 in action Monday night. The trophies were shared in this visiting triumph in each of the first quarters as Homer led 9-8 after one, 19-16 at the half and 31-26 after three.

The 6-10 trophies were given by junior scorer girls 12 points while Maggie Brownell netted 11 and Jenny Sanford, eight. Jennifer Casper scored three with Susan Bridgman and Jennifer Simpson scoring in two each.

We played fairly well after a slow start," Wakfield coach Tom Abbott said. "We could never quite get into a roll. Jenny Sanford had a great defensive game as well as a nice stepping on the offensive end."

Wakfield will host Lincoln on Wednesday night.

### Wayne reserve girls team falls twice

WAYNE - The Wayne reserve girls basketball team was beaten twice against Crofton and O'Neill during Linda Casper's team with a 6-1 record.

The Blue Devils fell to Crofton 24-21 and lost at home to O'Neill, 40-41. Wayne led Crofton 13-11 after three quarters of play but was out scored 10-7 in the final stanza.

Nana Ellis led Wayne with six points while Jessica Karching and Katie Walker netted four each. Sarah Hutchinson tallied three points with Brittany Bryant and Kristin Wilson each scoring two.

Wayne was tied with O'Neill at 20 at the half of Saturday's game but O'Neill out scored the Blue Devils 13-6 in the third quarter which proved to be the difference in the game.

Jessica Karching led Wayne with 12 points while Kristin Wilson added eight and Jenny Karching, six. Heather Lovel and Heather Smith each scored four points with Katie Walker adding three. Mandy Hansen, Lindsey Webster, Kristin Hutchinson and Jessica Woolf each netted two points with Kelli Gibson scoring one.

## Winside girls and boys notch road win at Wausa

The Winside girls and boys cage teams swept Wausa last Friday night on the road with Lisa Schreiner's girls squad by a convincing 30-21 margin while Jerry Warner's boys crew won Wausa 41-40.

Winside's girls trailed the host Vikings by one point after the first quarter, 8-7, but the Wildcats went on a 16-4 winning run in the second stanza to lead 23-12 at the half.

Winside duplicated that 16-4 run in the third quarter for a 37-16 lead after three.

We played an exceptional defensive game," Schreiner said. "We only shot 29 percent from the field for the game to our defense and rebounding was key."

Jess Miller paced the winners with 15 points and she added 10 rebounds and blocked six foul shots.

Mandi Topp totaled 11 points and Stacy Wither, along with Mandy Jaska, added six each with Wither matching eight steals and doubling out five assists and team tops.

Kelly Hoffman scored five points and Marissa Bowyer, Dick and

Sarah Mattox netted two each with Kim Hutton having in a free throw.

Mattox also hauled down 10-10 ops to share team honors with Miller.

Winside's boys also trailed after one quarter of play, 16-11, but the Wildcats managed to claw their way to a one point halftime lead at 22-21.

Both teams scored 11 third quarter points and Winside hung on to win by three.

"Defensively we played pretty well," Warner said. "We stepped it up and that then drove in the second quarter which was the decisive period."

Aaron Hoffman led the winners with 13 points with Tom Neid adding 11 and Jay Badenbacher eight. Aaron's teammates finished with seven points with Brock Shelton and Scott Wither adding two each.

Smith was the leading rebounder for the Wildcats with eight grabs, with Neuman leading defensively.

Winside will travel to play Huntington on Thursday before the start of the League 1-Bark Conference tournament this week and



Jessie Erwin penetrates between several Bloomfield defenders during the Lady Bees one point win over the Bees.

## Wayne boys cage team falls to Cedar Catholic by two

The Wayne boys basketball dropped a 24-52 decision to Huntington Cedar Catholic last Friday in Huntington leaving the Blue Devils with an 8-5 record.

Wayne trailed 13-8 after one quarter of play but out scored the host team by a 17-7 margin to regain the lead by half at 25-20.

Cedar trimmed that margin to just three points by third quarter and at 42-39 but the boys' led nine of ten free throws over the final eight minutes to edge the Blue Devils by two.

Cedar Catholic was 13-29 for the game from the field but the Blue Devils found themselves with very few chances at the charity stripe during five of those.

Wayne did not get up to the level

those like in the fourth quarter. John Magnuson came off the bench to score 14 points in leading the Blue Devils while Tom DeLoe scored 11 and Ryan Dahl, nine. Matt Meyer tallied six and Kristin Keller, five, with Adam Erickson netting four and Joel Magnuson, three.

Magnuson hit seven of eight field goal attempts. "We just didn't take advantage of our opportunities to win the game," Dahl said. "We had ample chances to take control but it just didn't happen."

Wayne will travel to play West Point on Friday night. The Blue Devils will play their final road contest next Thursday at 17 South before returning home for home contests to end the regular season against Eden, Ekron Valley, East J., Madison, Oak Hill and Newark. Ed-

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# WSC women beat Bemidji on the road

The Wayne State women's basketball team split a pair of contests last week with a 75-66 win over Bemidji State on the road and an 81-59 thrashing at the hands of Northern State in Wayne.

In Saturday's contest in Minnesota Jeff Goldstein's bunch got 18 points from Ami Pendry to help snap a six-game losing streak. Pendry, a sophomore guard, sparked a 7-0 Wildcat run midway through the second half.

Bemidji State pulled to within three at 56-53 before Pendry drained a pair of 3-pointers in boosting the 'Cats lead back to 61-53, the largest lead of the contest with just over six minutes remaining.

The host team rolled to with in three points once again but WSC made four-of-five free throws in the final minute to preserve the win.

WSC took advantage from the foul line, converting 17-of-27 attempts. Bemidji State struggled from the line, hitting just nine-of-25 charity tosses.

The Wildcats controlled the game from the beginning, racing to an 11-4 lead. WSC trailed briefly on five occasions, but never by more than two points.

Three other 'Cats joined Pendry in double figures including Maranda Radke with 12, Megan Murphy and Stef Spits with 11 each.

Radke also grabbed nine rebounds as WSC won the battle of

the boards, 42-17.

The two teams combined for 43 turnovers with the 'Cats suffering the majority with 24.

EARLIER LAST WEEK WSC was hammered by Northern State, 81-59.

The game was just an eight-point difference at the intermission, 38-30.

Megan Murphy and Stef Spits led the 'Cats with 14 points each while Ami Pendry tossed in 10 and Krista Bernadt, eight.

WSC was defeated on the boards as well, 41-31 with Murphy and Chris Kathol hauling down five rebounds each.

WSC hit just 35 percent of its shots from the field while

lost connected on 38 percent of their shots from the floor.

WSC will play host to Rochester on Saturday before playing at Southwest State on Wednesday.

WSC, 75-Bemidji State, 66

WSC: Ami Pendry, 18; Maranda Radke, 12; Megan Murphy, 11; Stef Spits, 11; Pam Dickey, 9; Erin Hourigan, 5; Chris Kathol, 5; Krista Bernadt, 4; FG's: 23-34-68%; FT's: 17-27-63%

WSC, 59-Northern State, 81

WSC: Megan Murphy, 14; Stef Spits, 14; Ami Pendry, 10; Krista Bernadt, 8; Chris Kathol, 6; Maranda Radke, 4; Lisa Becker, 3; FG's: 21-60-35%; FT's: 11-16-69%; TEAM REBOUNDS: 4-14

# Wakefield girls and boys down Wynot

The Wakefield girls basketball team saw action last week against Madison and Wynot with the boys team playing doubleheader against Wynot in a home doubleheader.

The Wakefield girls played at Madison and fell, 54-35. Wakefield trailed by one in the first quarter and played even with Madison in the second and third before a 14-4 fourth quarter scoring run by Madison put the game out of reach.

Carson Boudreau led Wakefield with 15 points while Maggie Brownell scored 10 and Kristen Carlson, four. Jennifer Carson, Jennifer Simpson and Andrea Cave added two each.

Boudreau also had a team high seven rebounds.

Friday, Wakefield found themselves trailing by 12 points early in

the first quarter but bounced back to take a 22-24 halftime lead.

The team showed poise and patience in finding the open person and running a smooth offense.

The second half was a see-saw battle and Maggie Brownell took an eight-point lead over the visitors in regulation to send the game into overtime tied at 31.

Wakefield out scored the visitors 2-4 in overtime to post the 40-35 win. Boudreau led the scorers with 20 points and eight rebounds, while Brownell totaled in 14 points. Carson Boudreau was in double figures with 11 and Jennifer Johnson had 10.

Jennifer Carson and Jenny Landold finished with three and two points respectively.

IN THE BOYS GYM, Wakefield squared to an 11-0 lead in the first quarter and never looked back en-

route to a 60-39 win.

Wakefield impressed to a dominant tempo play and was led by BJ Hanson with 17 points and Roy Gardner with 16. Gardner also led with 11 rebounds.

Jim Hank finished with nine points, while Roy Gardner had seven. Hank finished with six and

Kevin Johnson with three. Josh Rubin rounded out the attack with two points.

The two teams will square off again on Monday in first round round-robin action in Wakefield. The Trojan girls team will play at Wakefield in first round action on Saturday night.

### WAYNE WRESTLER OF THE WEEK


#### Craig Heftl

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Coach Murtough's comments: "Craig is without a doubt one of the most improved wrestlers on the team. Each time he steps on the mat he gets better."

Nick's comments: "I think the white team has come a long way this season. The key to our improvement is that we push each other every day in practice."



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Jennifer Carson puts a shot up off the glass during the Trojans girls overtime victory over Wynot last Friday.



Justin Paulson leans in for two of his seven points during the Trojans tilt with Wynot.



Ross Gardner shoots over a Wynot defender during the Trojans win last Friday. Gardner scored 16 points and hauled down a game high 11 rebounds.

### Sports Briefs

#### Junior high rec teams compete

WAYNE - The Wayne seventh and eighth grade girls and boys hoop teams competed recently with the seventh grade boys falling three times, the seventh grade girls falling once and the eighth grade girls also falling one time.

The boys had a 41-26 decision in basketball. Marlene, a Martin led Wayne with eight points while F. Dorn and J. Wacker woning six and B. Volk added five and J. Davis, three.

The team then fell to Madole White, 49-24 with Stuart, Elarto and F. Dorn scoring four each. B. Whimpy, Volk, J.L. Aycock, Wacker and Dorn scored four apiece while J. Anderson brought in a few points.

Wayne's eighth graders fell to Madole, 57-43 with Stuart scoring eight points in the game while Volk added five and Aycock, Dan Elarto, Dorn and D. Davis, three. Whimpy, Dorn, Wacker, Davis, J.L. Aycock and Knickeron tallied two each.

The seventh grade girls lost to Laurel, 24-20 with Harter leading the hosts with 17 points while Henry and Hunter added four apiece.

The eighth grade girls fell to Laurel, 24-17 with April Hilde leading Wayne with 12 points while Truday, Giffenberg and Christina, each scored three apiece. F. and Hunter, D. and D. Sump, E. and K. and Andrea Simpson led in rebounding. Hilde and Harter each hauled down seven rebounds each.

#### Jaycees to sponsor Super Shooters contest

WAYNE - The Wayne Jaycees will once again be sponsoring the Super Shooters contest on Sunday, Feb. 1 at the high school gym. The contest is open for girls and boys 16 years of age or older. Awards will be given to the top three in each age category, then grouped. The winners will advance to the state competition.

Super Shooters is a skills competition where the participant has 60 seconds to shoot from different targets with point values for each target.

#### Wayne freshman girls split games

WAYNE - Wayne's freshman girls basketball team defeated Winton, 18-14 in a recent action. At 20 they fell to Laurel, 20-12. Leah Dorn led Wayne against Winton with nine points with Katie Walton adding seven and Sharon Johnson, four. Kelsie Fredrickson and Katie Bergman added three each and Amanda Mayott tallied two. Beth Lebery and Megan Weber each added one.

Walton topped the scoring charts for Wayne against Laurel with nine points with Dorn adding seven. Johnson and Bergman each scored six with Mayott and Lebery adding two each. Sarah Sperry rounded out the attack with a few threes.

#### WSC to host youth hoops tournament

WAYNE - Applications are now being accepted for the Third Annual Wayne State College Youth Basketball Tournament to be held on April 4-5.

The tournament, which will be held in the Athletic Center, will be the 10th in a series of all-day and girls events at the facility through eighth grade. Due to a limited number of courts, the tournament field use will be limited.

The cost is \$100 per team based on a 10-member squad. Teams with more than 10 players should add \$5 per player extra. Teams that a tournament requires the last two years. Tournament director Jeff Goldstein said each team is guaranteed to play at least two games, with each game consisting of four, six-minute quarters. Medals will be awarded to first and second place teams in each of the eighth division. For further information contact Goldstein at 402-376-7111.

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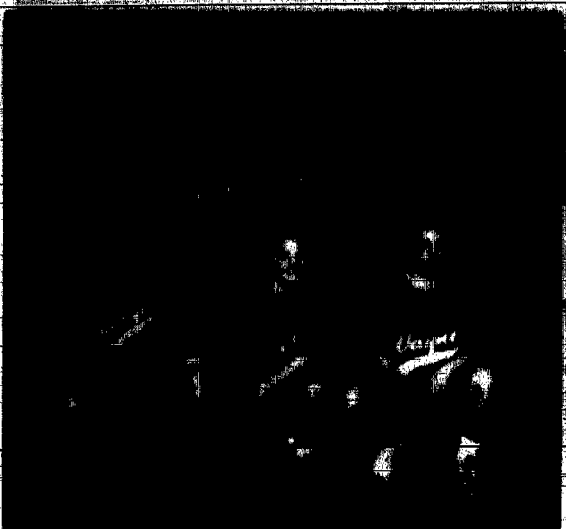
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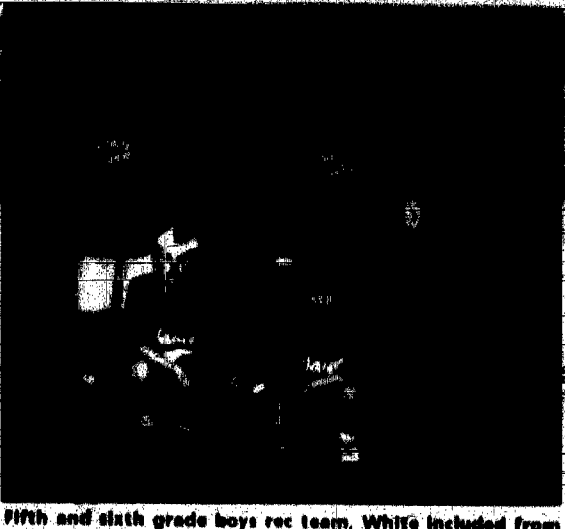




Fifth and sixth grade boys rec team, Maroon included from back left: L. Grono, A. Leighty, M. Dickes, A. Luft. Front: D. Melthold, M. Nelson, B. Echtenkamp.



The fifth and sixth grade boys rec team, Black included from back left: R. West, A. Steinback, B. Jonas, B. Garvin. Front: M. Rueber, B. Koll, B. Morduk.



Fifth and sixth grade boys rec team, White included from back left: C. Nixsen, D. Hurlburt, J. Nelson, J. Paustian. Front: S. Peterson, W. Jarvi.



Fifth and sixth grade boys rec team, Navy included from back left: T. Krugman, J. Tomme, J. Ruwe, A. Jorgensen. Front: M. Mander, K. Triggs, J. Jolie.

The Wayne Herald, Thursday, February 10, 1994

WSC's Tyler Johnson scores 20 points

Wayne State College (WSC) named the Nebraska Division II Men's Basketball Player of the Week for his performance against Northern State and Northern Iowa. ... Against Bemidji State, Johnson scored a game-high 20 points in powering the Cats to a 66-60 triumph. He sank six-of-ten field goals and seven-of-eleven shots from the line. He also added three assists, three rebounds and three steals.

Wayne youth wrestling practice slated

WAYNE - The Wayne Youth Wrestling Program will begin on Tuesday, Feb. 10th for wrestlers in grades 4-6. This first practice will be held at the Wayne Elementary School Gym and it will begin at 6:10 p.m. Contact John Murrough at 378-2750 or Aaron Schmitt at 373-2422 for more information.

Wayne boys reserves fall to Cedar

WAYNE - The Wayne boys reserve basketball team lost a 61-46 decision to Hartington Cedar Catholic last Friday night in Hartington. Nick Muir led the Blue Devils with 14 points while Ryan Stoltenberg tossed in a dozen. Jon Meyer and Dustin Schmitts each added six points while Ryan Dunklau tallied three. Kristin Keller and M. Clausen each added two.

Winside boys notch win over Clarkson

WINSIDE - Jerry Warner's Winside boys basketball team notched a 50-43 win over Clarkson Tuesday night in Clarkson. The Wildcats held the host team to just two points in the first quarter while taking a 7-2 lead. The visitors led 20-14 at the half and 31-28 after three. ... Aaron Hoffmann paced the winners with 15 points while Aaron Lousianski tossed in 11. Brock Stetson tallied nine points on a well balanced attack and Trent Nuehl scored eight. Jay Rademacher added five and Scott Wittler two. ... Stetson and Rademacher led the Wildcats on the boards with eight and six carries, respectively. Winside was 16-21 from the free throw line with Clarkson hitting 7-15.

Wildcats ranked seventh in Region

WAYNE - The Wayne State men's basketball team moved up to seventh in this week's regional rankings. South Dakota State is first followed by Fort Hays State, Kearney, Metro State, Ogala and Northern State. The top six teams at season's end advance to the NCAA-II Playoffs.

Justin Bowers still undefeated on season Winside places third

The Winside wrestling team broke their string of five consecutive runner-up finishes but not in the way they expected. Paul Jank would have wanted ... The Wildcats placed third at the Oakland County Invitational last Saturday evening 98 points. ... West Point Central Catholic won the most with 177 points followed by Havelock with 107. ... Justin Bowers (141) won by pin, lost by pin. ... 140 - Justin Bowers (141) Won by pin. Won by pin. ... 142 - Steve Baker (406) Won by pin. ... 143 - Hicky Bussey (DNP) Lost by pin. ... 144 - Mattias Smith (2nd) Won by pin. ... 145 - Eric Vanoslabi (4th) Won by pin. ... 146 - Eric Vanoslabi (4th) Won by pin. ... 147 - Dustin Wade (DNP) Lost by pin.

ATHLETE OF THE WEEK ... John Magnuson ... The senior forward has supplied a pipeline of points in the paint for the Blue Devils the past couple games. Magnuson scored 14 against Cedar and 14 against Wakefield along with a team-high seven rebounds. John is the son of Ron & Karma Magnuson. Sponsored by your local hardware business. The Wayne Herald/Morning Shopper 114 Main St. Wayne, NE 68590 378-2600

Men's Rec Results

Men's recreational basketball leagues were held last week on Friday, Tuesday and Wednesday night at the City Auditorium. ... A-B League Team 2 69 Team 1 59 ... C League Team 1 56 Team 2 40 ... D League Team 1 51 Team 2 40 ... E League Team 1 51 Team 2 40 ... F League Team 1 51 Team 2 40 ... G League Team 1 51 Team 2 40 ... H League Team 1 51 Team 2 40 ... I League Team 1 51 Team 2 40 ... J League Team 1 51 Team 2 40 ... K League Team 1 51 Team 2 40 ... L League Team 1 51 Team 2 40 ... M League Team 1 51 Team 2 40 ... N League Team 1 51 Team 2 40 ... O League Team 1 51 Team 2 40 ... P League Team 1 51 Team 2 40 ... Q League Team 1 51 Team 2 40 ... R League Team 1 51 Team 2 40 ... S League Team 1 51 Team 2 40 ... T League Team 1 51 Team 2 40 ... U League Team 1 51 Team 2 40 ... V League Team 1 51 Team 2 40 ... W League Team 1 51 Team 2 40 ... X League Team 1 51 Team 2 40 ... Y League Team 1 51 Team 2 40 ... Z League Team 1 51 Team 2 40

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The March of Dimes and Centrum Multi-vitamins will work together to encourage Nebraska women to consume at least 400 micrograms of the 11 vitamin folic acid prior to and during pregnancy. The March of Dimes suggests that all women of childbearing age achieve this by eating a balanced diet and taking a multivitamin supplement which contains 100 percent of the recommended daily amount of folic acid.

The March of Dimes also will hold its annual Mothers March in January. Local Mothers March volunteers will contact their neighbors as part of an education and fundraising campaign. Funds raised by Mothers March help support March of Dimes programs of research, community services, education and advocacy to help improve the health of mothers and babies in Nebraska.

For more information contact the Lincoln March of Dimes at 402-464-6642.

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# Lifestyle

## Opportunities abound in 4-H

Once a month Amy Malchow, Extension Assistant in Dixon and Wayne Counties, and Mindy Lust, Extension Assistant in Wayne County will provide an article in this column focusing on youth and the 4-H program. Upcoming activities for Wayne and Dixon counties will also be highlighted at the conclusion of the article. Surrounding counties may want to contact their local extension offices for their county specific dates.

4-H is a unique program. It is a broad and challenging. It offers over 200 projects in a variety of areas. It is a hands-on learning experience geared for youth to their formative years. Because of the variety of projects and the many willing volunteers, thousands of rural and city young people can experience tremendous educational opportunities. Many of these learning experiences will be a preparation for successful adulthood.

How does one benefit from 4-H for youth, it provides education in a non formal atmosphere. Choosing a project and working through it to completion or exhibiting at the county fair is both fun and rewarding. Completing and handling in

records is also a part of the education process. This may be the hard part for some. Keeping track of costs, dates and results is not always exciting, but is a part of teaching a necessary life skill. The 4-H program teaches organizational skills, setting goals and achieving them, helps to instill and build self-esteem. If those goals are not met one year, the 4-Her gets reorganized and tries again the next year.

Many 4-H projects encourage having the whole family involved. What a great way for interaction, communication and togetherness. All working cooperatively to achieve a goal.

The varied opportunities for developing communication skills are limitless. Youth may participate in the public speaking club and reading in a variety of public speaking opportunities. Learning presentations and giving presentations and giving presentations. These will help to instill confidence.

Now a 360 day year is put involved in the 4-H program. At many clubs an accompanying local county extension office can put you in touch with 4-H leaders and help in your area.

**WHAT'S AHEAD**  
Feb. 1, Wayne Co. Teen

Leaders to UNL basketball game  
Feb. 2, Re-enrollments due  
Feb. 7, Dixon Co. Market Beef Weigh In, Laurel  
Feb. 16, Design Decisions Training, Norfolk  
Feb. 22, 4-H Fun Afternoon, Wakefield  
Feb. 28, Wayne Co. Market Beef Weigh In, Wayne

### Animal doctors attend convention

Dr. J.A. Mademacher of Winde Animal Clinic in Winde and D.A. Swyzek of Wayne Veterinary Clinic in Wayne attended the 197 Annual Convention of the Nebraska Veterinary Medical Association held Jan. 21-23 in Kearney.

Nationally known speakers presented sessions for "An all-comprehend annual veterinarians and large animal veterinarians" sessions were also presented on practice management.

The sessions are accredited for continuing education requirements for license renewal.

## Briefly Speaking

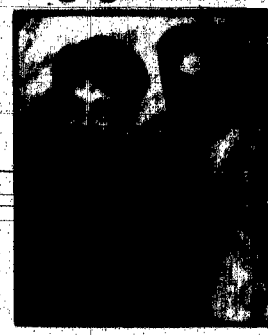
### Minerva Club has buffet luncheon

WAYNE — The Minerva Club met for a buffet luncheon at the home of Hollis Fress with 13 members present. President Betty Ream opened the meeting by reading "Taking America for Granted" from the Reader's Digest list of best articles for the last 50 years. Following the luncheon, the program was presented by Margorie Olson, who reviewed the book "Alcatraz from the Inside" by Jim Quinn who spent 10 years there. The book was an intimate fascinating view of life on the rock. The harsh conditions, the little escape attempts, the long years. It was a man's climb from desperation to redemption.

### P.E.O. hold Founders Day program

WAYNE — Chapter AZ, P.E.O. met in the home of Garry Christensen on Jan. 17. Following the business meeting, Chapter AZ was joined by Chapter ID for a catered luncheon. A Founders Day program was presented by Kari Lay and other members of Chapter ID. P.E.O. was founded in January of 1860 at Iowa Wesleyan College and now has chapters in every state and Canada. The organization helps to provide educational opportunities for women. The next meeting for Chapter AZ will be Tuesday, Feb. 3 at 4:30 p.m. in the home of Joan Greay.

## Engagements



### French-Vovos

Diane French and Mike Vovos, both of Wayne, are planning a March 28, 1998 wedding at First United Methodist Church in Wayne.

The bride to be is the daughter of Darrell and Dorothy French of Carroll and is a 1990 graduate of Wayne High School and a 1994 graduate of Wayne State College where she earned a degree in Business Administration. She is presently employed at Northeast Nebraska Insurance Agency.

Her fiance is the son of David and Anna Vovos of Sioux City, Iowa. He is a 1983 graduate of Sioux City East High School and a 1987 graduate of Western Iowa Tech Community College. He is presently employed by People's National Co.

### Powers Installed in Masonic Lodge

Mark J. Powers was installed as Worshipful Master of the York Masonic Lodge No. 36 A.F. & M. on Jan. 23.

Installing officers were James Wald, Ron Wouquest and Louis Stern.

Mark's parents are Ed and Mrs. Richard Powers of Wayne. The occasion also marked Mark's 40th birthday.

### Open house to honor Gaebler

Clara Gaebler of Laurel, formerly of Winde will be celebrating her 100th birthday on Sunday, Feb. 8.

She will be honored at the Hillcrest Care Center, 702 Cedar Ave., Laurel, Feb. 8, 1998 from 2:30 to 4:30 p.m.

She has been residing at the Hillcrest since November of 1997. She has one son, Walter of Omaha, two grandchildren and four great grandchildren.

Clara's actual birthday is Feb. 9.

### Library will be sponsor 'Choices'

The Nebraska Humanities Council has announced that "Choices for the 21st Century," a series of public policy discussions will be held for the first time in 11 Nebraska libraries in 1998.

The program made available through Boston University and a grant from the National Endowment for the Humanities, is an initiative to stimulate each town's cultural and discussion series.

Some of the issues faced in "Choices" that should be considered ourselves in the world? What costs do we willing to incur to promote or protect our national values? and What are those values?

"Choices" considered discussion by a local, or dialogue concerning such complex topics as global trade, U.S. cooperation in environmental issues and U.S. policy in the Middle East and China.

Winde is sponsored by the Nebraska Humanities Council and the Nebraska Center for the Book. Sponsors include the Cooper Educational Foundation League of Women Voters, Public Policy Institute at Wayne State College and the Library of State.

Individuals may sign up to participate and receive a free copy of the series reader, "Choosing Our Role in a Changing World" at the Wayne Public Library.

## New Arrivals

**THIES** — Treva and Melissa Thies of Norfolk, a son, Anthony Michael Wade, 8 lbs. 2 oz., born Jan. 23, 1998. Grandparents are Dan and Jean Fulton of Norfolk, Greg Thies of Schuyler, and Linda Thies of Fremont. Great grandparents are Howard and Patricia Fulton of Papillion, Dey, Billie Thies of Norfolk, Randy Thies of Norfolk, Dan and Virginia Pearson of Norfolk and Robert and Lita Peatrnowsky of Fremont. Great grandparents are Kathleen Peatrnowsky of Beeman, and Hilda Thomas of Hobbs.

## Blood donors acknowledged

The Winde Blood Bank recently celebrated the number of donors who reached milestones in their donations.

On Dec. 26 the Wayne Community Blood Drive had 68 volunteers and collected 62 pints of blood.

Tom Babes was recognized as a seven gallon donor. Judy Mahler, Julie Mahler, Phyllis Esprit, and Audie Stevens were five gallon donors.

The Blood Bank also stated Great Dane Fraters on Jan. 3 where 25 people volunteered and 21 pints of blood were collected. Vinyl Louise E., Donald Mackin, David Lutz, Wendell Deau Malander, David Loupe and Alan

Danish were recognized as two gallon donors.

Michael, Oling, Tammy, Paulette, Sandy, Peterson and Kevin Darcey were recognized as one gallon donors.

On Jan. 16 the Blood Bank was at Wayne State College to accept donations. There were 104 volunteers and 92 pints of blood were collected.

The Winde Blood Bank would like to add a very special thanks to all of you who donated or helped in any way. Your continued support has helped the Winde Blood Bank prepare and supply area hospitals and Park Manufacturing (Division of Deere, Reynolds).

## Ecumenical event to be held

"Working for Justice" is this year's theme for the Ecumenical Legislative Prayer Day to be held in Lincoln on Saturday, Feb. 14. The event is sponsored by Church Women United of Nebraska, will be held from 8 a.m. to 2 p.m. at the First Presbyterian Church, 240-3400, 17th Street.

The Reverend, Cristian De La Riva, who serves as pastor of Calvary United Methodist Church in Lincoln, will give the opening prayer. The former executive director of Casa del Pueblo, a Central American relief ministry in Washington, D.C., she has also worked with national and international ecumenical organizations and been involved with Hispanic.

Ministry and community organizing within the United Methodist Church for several years.

The briefing day will include workshops on legislation related to welfare reform, aging issues, public education, repealing the death penalty, large scale highway building, transit operations, the status of women, health care and the impact of the meat packing industry in Nebraska.

Pre-registration for the conference is \$15. The cost will be \$20 at the door. The pre-registration deadline is Saturday, Feb. 7.

Those interested in attending should call their payment to Church Women United, 1452 East Parkway Road, Lincoln, NE 68502.

## School Lunches

**WAKEFIELD (Feb. 7-8)**  
Monday: Bagels in breakfast room, please donate.  
Tuesday: Sandwiches, please donate.  
Wednesday: Cookies, please donate.  
Thursday: Ham slices, please donate.  
Friday: Club sandwiches, please donate.

Friday: French dip in blue bowl, cheese pizza, fruit cocktail, cookie (for school for \$4).  
Milk served with each meal.  
Also available daily: Hot chocolate and crackers from our juice drawer.

**WAYNE (Jan. 26-31)**  
Monday: Chicken, potato, green beans, peas.  
Tuesday: Beef, potato, green beans, peas.  
Wednesday: Pork, potato, green beans, peas.  
Thursday: Beef, potato, green beans, peas.  
Friday: Chicken, potato, green beans, peas.

**WINNEBAGO (Feb. 7-8)**  
Monday: Mashed potatoes, chicken, cheese, peas.  
Tuesday: Chicken, beef, peas, mashed potatoes, apples, grapes.  
Wednesday: Pasta, peas, peas, peas, peas.  
Thursday: Chicken, beef, peas, mashed potatoes, apples, grapes.  
Friday: Full soup, pulled chicken, mashed potatoes, peas, peas, peas.  
Saturday: Full soup, pulled chicken, mashed potatoes, peas, peas, peas.

## Senior Center

### Congregate Meal Menu

(Week of Feb. 7-8)  
Meals served daily at noon.  
For reservations call 473-4460.  
Tea, milk and coffee.  
Monday: Beef, steak, baked potatoes, peas, green beans, fruit, pineapple, apple, banana.  
Tuesday: Turkey, chicken, rice, potatoes, peas, peas, peas, peas.  
Wednesday: Pork, chicken, baked potatoes, peas, peas, peas, peas.  
Thursday: Beef, potato, green beans, peas, peas, peas, peas.  
Friday: Beef, potato, green beans, peas, peas, peas, peas.

### Calendar

(Week of Feb. 7-8)  
Monday: Feb. 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31.  
Tuesday: Feb. 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31.  
Wednesday: Feb. 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31.  
Thursday: Feb. 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31.  
Friday: Feb. 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31.

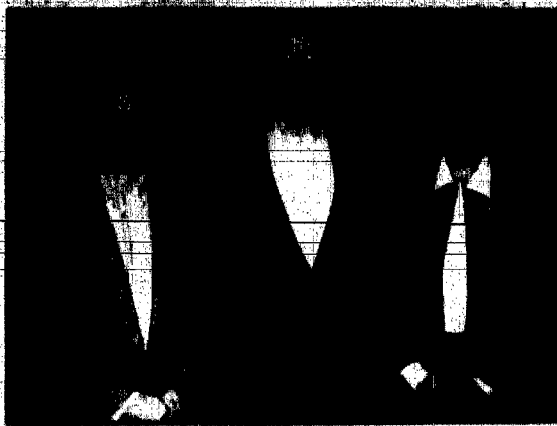
**ANNOUNCING**  
**Wayne High School**  
**Career Fair**  
**"Passport to Success"**

For students grades 8 - 12  
Monday, February 2, 1998  
7:00 p.m. - 9:00 p.m.  
WHHS Lecture Hall  
34 Presenters representing a wide variety of careers.  
**Door Prizes**  
**A fun and interesting night for all**

**We'll pay your mortgage if you can't.**

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**Northeast Nebraska Insurance Agency**  
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378-8000

**NEED OVER A FIVE WORK**  
**CALL THEATRE FOR OTHER**  
**SHOW INFO. AND SHOWINGS**



The Wayne Veterans Clinic recently received the Friend of Rotary Award. This award is presented to a local business which the Wayne Rotary Club sees as adhering to their ideals of integrity, fairness, service above self and who make a significant contribution to the community.

Rotarians keep busy with a large number of activities

The Wayne Rotary Club has reported that a number of successful activities have taken place within the club and community recently. The Annual Soup and the Turkey held in conjunction with the Wayne Rotary Club... The Wayne Rotary Club... The Wayne Rotary Club...

Jewelers meeting attended

Bob and Mrs. Randolph DeWald of the Diamond Center in Wayne attended the 1998 National Jeweler's Association... The meeting was held in conjunction with the 1998 National Jeweler's Association...

LWML convention to be held in Wayne in June

The Executive Committee of the Nebraska District North Lutheran Women's Missionary League (LWML) met Jan. 24 at the Lutheran Student Center on the campus of Wayne State... The purpose of the meeting was to map out convention plans. The LWML will be holding its biennial convention at Wayne State College in June 26-27, 1998...

The Greatest



And that's nature, leaders and ideologies, all have claimed to be the greatest, the best, the most powerful, the most important, the most durable... But nothing is like God's love and the sacrificial love of Jesus. We'd love to have you find out more this week in church.

The Greatest of these is love.

Continued on Page 11... Sunday, February 1, 1998. Fourth Sunday After Epiphany.

The Library Card

There's a new card for you, the library card. The Wayne Public Library has a new card for you... The library card is a new card for you... The library card is a new card for you...

Grace ladies hold meeting

Forty three members and Pastor Anderson attended the Feb. 24 meeting... The Grace ladies held a meeting... The Grace ladies held a meeting...

Vakoc Construction Co. 110 South Logan 375-3374

REITH TECH INSURANCE 318 Main Wayne NE Phone: 375-1489

We have Rentals for your fellowship meeting Ask Us to Day Daylight 101 Main Wayne Nebraska (402) 375-1103

Dr. Wessel & Burrows We Care! 111 W 3rd St 111 Bas St Wayne NE 375-1111

Copy Write Publishing 111 Main Street Wayne NE Phone: (402) 375-1111

Power Unlimited Consulting & Computers 219 Main Street, Wayne 402-375-2615 1-800-541-6162

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First National Bank of Wayne "The Bank Wayne Calls First" Member FDIC

M. G. WALDBAUM Company 105 Main Street Wakefield, Nebraska 68784

Wayne Auto Parts MACHINE REPAIR SERVICE 117 S. Main Wayne, NE Box 375-3424 Home 375-2380

FREDRICKSON OIL CO. Highway 16 North Wayne, NE Phone: (402) 375-3636

NORTHEAST NEBRASKA INSURANCE AGENCY, INC. 111 West 2nd Wayne 375-3000

WAYNE BARN CENTER 811 E. 14TH ST 402-375-1082 Where Caring Makes The Difference Dairy Delivered & Fresh Baked

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Local News

Area seniors... party... games... well as each.

Healthy Lifestyle... members... meeting...

Belated Christmas celebration... meetings...

Business... members... future...

It has been a long process... we have a great new facility...

A fire in the smoker area on Feb. 28... back inside structure...

We also are arranged... of the interior and of course had to completely construct new walls...

The business area has 216 lockers... available for rent...

The school will be open Monday through Friday... 9 a.m. to 5 p.m. and Saturday...

Winifred Elementary student grades 4-6 received... of honor...

Grade 4... Grade 5... Grade 6...

Honorary... Ashby... and Taylor...

BIRTHDAY... Letty... of Winifred...

Winifred Elementary... presented... and Responsibility Awards...



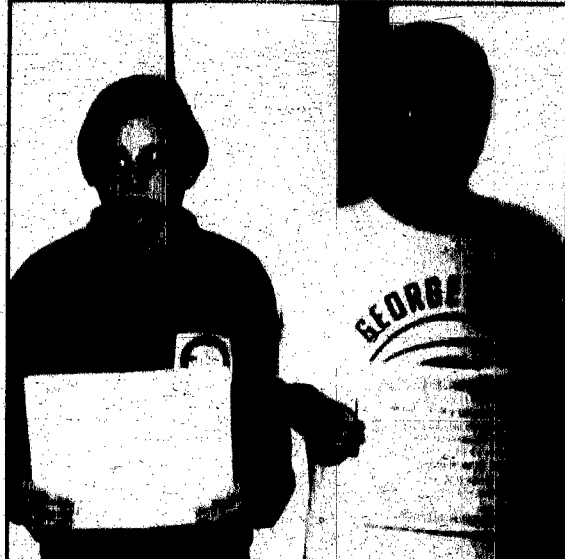
Pictured are the first and second graders at Winifred Elementary School who received recognition during the R & R awards ceremony...

Brendan Greig, Dominique Cowley, Joshua Goble, Paul Hansen, Peter Hansen...

First Grade: Michelle Allington, Amanda Backhaus, R.J. Campbell, Kaye Gray...

Second Grade: Beth Becker, Tucker Bosner, Virginia Deer, Lisa Glavin...

Others in attendance were... Ula Berg, Bruce Thomson and Jeremy Freres...



Others in attendance were Ula Berg, Bruce Thomson and Jeremy Freres... of the Winifred Elementary School...

Winifred Elementary School... of the Winifred Elementary School...

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Winifred Elementary School... of the Winifred Elementary School...

The full cost of \$5.50. Anyone in need of financial assistance can make arrangements with the Health and Human Services Department for Title 20 Meals on Wheels.

Those interested in receiving Meals on Wheels may do so daily or any number of times per week. Each person receiving this service, however, is required to have a doctor's note from their doctor, a safety measure for the participants.

Meals are ready for pickup at Providence Medical Center by 11 a.m. each day and will be delivered by volunteers Monday through Friday, except when weather conditions close the school.

Anyone interested in receiving Meals on Wheels in Winifred can contact Carol Rempel at (402) 266-4515. Ms. Rempel is the coordinator and a member of the Winifred Adult Street Program and Winifred Development Group.

George and Bev Voss hosted the Tuesday Night Bridge Club on Jan. 21. Guests were Alvin and Hilda Berglund, Dorothy Huidobro and Bernice Witt.

Prizes were won by Dorothy Huidobro and Bernice Witt.

Concord News

St. Paul Ladies LWM... Pastor Rindfleisch led the lesson, 'Angels: An Spiritual Beings'.

A quilt-making day will be on Jan. 22. A signature was made to Upland Grain Farm and a delivery to sponsor a retirement fund.

Blankets were read for gifts given... The meeting was closed with prayer and a hot lunch for \$2.00.

Pleasant Hill Club met on Jan. 12 at the Senior Center in Concord with 10 members present.

Election of officers was held with Joyce Johnson as president, Deb Johnson as vice president and Catherine Dutton as secretary.

Yarn Books for 1998 were handed out to members with program numbers and letters.

Bookends was Joyce Johnson, Mary Houshaker, and Mary Houshaker.

Mary Houshaker Club met on Jan. 22 at Concord Magnificent home with 12 members present.

John Cremer, assisted by Kim Southwick, gave an interesting lesson on Antiques. A lot of showings.

Wakefield News

Monday, Feb. 2, Boys basketball conference... Boys basketball tournament.

Tuesday, Feb. 3, Boys basketball conference... Boys basketball tournament.

Wednesday, Feb. 4, Boys basketball conference... Boys basketball tournament.

Thursday, Feb. 5, Boys basketball conference... Boys basketball tournament.

Friday, Feb. 6, Boys basketball conference... Boys basketball tournament.

No meeting date was set for the next gathering.

Ruby Rita hosted the Jan. 27 Busy Bee's Club meeting. The Mae Cleveland presided and the club collect was sold in union.

Seven members answered roll call 'What have you been doing this winter to keep busy?' Former member Lea Applegate is now a resident of the Wayne Care Centre.

New year books were made and the birthday song was sung to Myrtle Nelson who turned 90 on Jan. 24. Helen Holtgroew led the lesson with each member making a Valentine decoration.

The next meeting will be Wednesday, Feb. 18 with Ella Mae Cleveland. She will also have the lesson.

Monday, Feb. 2, Conference boys basketball tournament. Tuesday, Feb. 3, Conference girls basketball tournament.

Wednesday, Feb. 4, Adult computer class, 5:30-7:30 p.m. Thursday, Feb. 5, Conference Art Show and Conference boys basketball tournament at Wakefield.

Friday, Feb. 6, Conference Art Show and Conference girls basketball tournament at Wakefield. Saturday, Feb. 7, Wrestling at Creighton, 10 a.m., 7:30 p.m. and boys basketball with Riverside, 10 a.m., ACE Testing Conference boys and girls basketball at Wakefield.

SCHOOL CALENDAR

Monday, Feb. 2, Conference boys basketball tournament. Tuesday, Feb. 3, Conference girls basketball tournament.

Wednesday, Feb. 4, Adult computer class, 5:30-7:30 p.m. Thursday, Feb. 5, Conference Art Show and Conference boys basketball tournament at Wakefield.

Friday, Feb. 6, Conference Art Show and Conference girls basketball tournament at Wakefield. Saturday, Feb. 7, Wrestling at Creighton, 10 a.m., 7:30 p.m. and boys basketball with Riverside, 10 a.m., ACE Testing Conference boys and girls basketball at Wakefield.

Concordia Lutheran Men in Mission met on Jan. 21 at church with seven members present.

Frost Swanson reported on a Board Meeting he attended in February. Clean-up day at the church will be in April.

Pauline reported on Board and Grand Schoolboard. The annual State Men in Mission meet in February.

Frost Swanson had the program and gave a devotion and prayer. Howard Vidler on a workshop and Gospel Mission.

A monetary gift will be sent to Mrs. Maxson. Hospitalization record book.

Thomas guests on Jan. 20 at the kitchen and Jeff Magnussen home in honor of Celina's 40th birthday. Steve Wallace and Lesora Magnussen of Laurel. Felicia Johnson, Lucille Ottavio of Concord.

Wakefield Community Calendar

Monday, Feb. 2, Wakefield Community meeting 7 p.m., Wakefield Senior meeting 10 p.m.

Tuesday, Feb. 3, Eastern Star 8 p.m. Wednesday, Feb. 4, Hospital Auxiliary General Meeting, 7 p.m. Thursday, Feb. 5, Car Lodge 8:30 A.M. and 10:30 p.m.

Friday, Jan. 29, Boys basketball tournament. Friday, Jan. 30, Boys basketball tournament. Saturday, Jan. 31, Junior high girls and boys basketball, Wakefield, boys and girls basketball conference tournament.

Monday, Feb. 2, Boys basketball tournament. Tuesday, Feb. 3, Boys basketball tournament. Wednesday, Feb. 4, Boys basketball tournament. Thursday, Feb. 5, Boys basketball tournament. Friday, Feb. 6, Boys basketball tournament. Saturday, Feb. 7, Boys basketball tournament.

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Did you know...

Nebraska was a leader in the concept of public power.

In the 1930s, Sen. George Norris of Neb. advocated the idea of public power. Public power lowered rates and allowed all Nebraskans access to electricity. Nebraska Public Power District, in partnership with rural power districts, cooperatives, and municipalities, continues that tradition by offering Nebraskans reliable service and low electric rates.



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Power to Use, Water to Use, Air to Use. Plymouth Superbird, Dodge Daytona.

# Cooking for winter days

The Packers and Broncos are fighting it out in St. Diego. We're trying a new recipe for Belgian waffles.



It's a characteristic of SAD, Seasonal Affective Disorder, to crave carbohydrates and fat. This is the third evening in a row we've had a breakfast specialty for supper, one night it was corn bread, another, French toast.

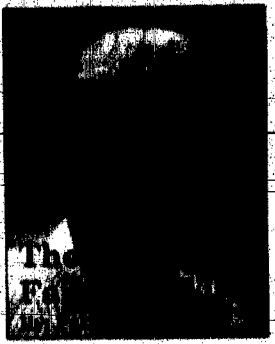
Last year, because I'm concerned about our diets, let me add that we are having shredded wheat in the mornings and a "square" at noon. Square denotes meat, potato and vegetable.

The Big Farmer east almost anything and for trying to supply the freezer for it was no fall soup last night. Effortful and of Ed Kralkrky's "Mulligatawny," which he used as fall to huge barrels and cooked them outside. Ed, Ted I also whipped up a little something called "chickie apple compote." But only did Mike eat it, his claim to have liked it.

A long time ago, I had a salad recipe calling for croutons. I didn't have a clue as to what it was, but found it next to a family favorite, baked rice pilaf. The host says it has been a integral part of the North Africa diet for a thousand years and is still the national dish of Morocco, Algeria and Tunisia.

It's taken me years to locate 10-minute loaf and there was about half a cup left. I had some chicken, apples, mushrooms, egg, sausage, because the dish is a good thing it's the last of the loaf. I put it in the oven because Annie's occasional salad queen, too.

My original plan for January was to take a vacation south and then all this time and for but before we



The Farmer

had made any plans, we had made a batch of croutons. Plus, we've actually had your guests, so it's good for your mood.

We've been helping out at school more for a few busy weeks, as the regular one has a new baby. It brings back memories of days when I attended at Wakefield on Monday, Randolph on Tuesdays, Weymouth on Wednesdays, Coleridge on

Thursdays and all these rural schools on Fridays. I remember how long January can be, a school where the weather is so cold, the kids to play outside. I remember praying for a "mulligatawny" for an evening to just stay home, and the way it craves heat, fresh, steamed, the blackhead, apples, and something fruitfully.

January really is a long, cold month, and I won't be sorry to see it end. At least February is short. And it has a fun holiday.

How February has applied to me these waltzes.

# Livestock Market Report

The Norfolk Livestock Market fat cattle sale on Friday saw a run of 586. Prices were fully steady on steers and heifers and \$1 to \$2 higher on cows and bulls.

Strictly choice fed steers were \$64 to \$65. Good and choice steers were \$63 to \$64. Medium and good steers were \$62 to \$63. Standard steers were \$54 to \$60. Strictly choice fed heifers were \$64 to \$65. Good and choice heifers were \$63 to \$64. Medium and good heifers were \$62 to \$63. Standard heifers were \$54 to \$60. Beef cows were \$45 to \$49. Utility cows were \$35 to \$41. Calvers and culvers were \$30 to \$47. Bullock bulls were \$40 to \$50.

Good and choice steer calves were \$83 to \$93. Choice prime lightweight calves were \$106. Good and choice yearling steers were \$73 to \$78. Choice and prime lightweight yearling steers were \$80 to \$88. Good and choice heifer calves were \$74 to \$84. Choice and prime lightweight heifer calves were \$80 to \$91. Good and choice yearling heifers were \$70 to \$76.

There was a run of 102 at the Norfolk Livestock Market Tuesday for fed cattle. Prices were \$1 lower on steers and heifers, cows were steady. Cows to choice were \$42 to

\$64. Good to choice heifers, \$62 to \$64. Medium and good steers and heifers, \$60 to \$62. Standard \$51 to \$60. Good cows, \$55 to \$40.

Prices for dairy cattle at the Norfolk Livestock Market on Wednesday were untested. Top quality fresh and springing heifers were \$400 to \$950. Medium quality fresh and springing heifers were \$600 to \$800. Common heifers and older cows, \$400 to \$600. 300 to 500 lb. heifers were \$250 to \$400. 500 to 700 lb. heifers were \$400 to \$525. Good baby calves, cross bred calves, \$70 to \$130 and bull steer calves, \$40 to \$70.

Wednesday prices were steady on a light loss. Fat lambs, 100 to 140 lbs., \$20 to \$23 cwt.

Feeder lambs, 40 to 60 lbs., \$90 to \$110 cwt.; 60 to 100 lbs., \$75 to \$90 cwt. Ewes: Good, \$65 to \$100; Medium, \$45 to \$65, slaughter, \$30 to \$45. Butcher hog head count at the Norfolk Livestock Market on Tuesday totaled 405. Butchers were steady and stags were steady to \$1. U.S. 1's, 2's, 3's 230 to 260 lbs., \$18 to \$18.50; 2's, 3's 230 to 260 lbs., \$17.50 to \$18; 2's, 3's 260 to 280 lbs., \$16 to \$17.50; 2's, 3's 280 to 300 lbs., \$12 to \$16; 2's, 3's 300 lbs., \$76 to \$117. Vets 350 to 400 lbs., \$26 to \$30; 400 to 450 lbs., \$28 to \$30; 450 to 500 lbs., \$28 to \$30.



## 4-H News

### CARROLLINES 4-H CLUB

The Carolinians 4-H Club met Jan. 25 in the home of Melissa and Tim Poiry with four members and three leaders present.

The meeting was called to order by President Melissa Poiry with all reading the 4-H values. The secretary's report was presented to include the date of the meeting had been changed due to conflicting schedules. The next meeting was also given.

Old business was discussed and the next meeting planned as a club project was tabled until the next meeting.

New business was discussed with setting of goals of the club for this year and a possible project which would be an CPR training. Other ideas for community projects were discussed and are being looked into by various members.

The next meeting will be on Tuesday, Feb. 16 at the home of Melissa and Tim Poiry.

4-H's book, secretary, news reporter.

### BLUE RIBBON 4-H CLUB

Twenty-four Blue Ribbon winners 4-H members and 16 parents met on Jan. 19 in the Carroll school club president Kayla Schmale, county fair. The business meeting, Blue Ribbon secretary took roll call and read the minutes. Treasurer, Josh Hamill, gave his report.

The club has five new members this year. They will say the 4-H pledge at the next meeting. The club received a Gold Medal award for last year. For awards and thank you booklet you were mailed out.

A skating party was planned for March 15 at Wakefield with a snow date of March 22. Another club will be invited to attend.

A two day event club will be held in Lincoln at the University on March 7-8. Registration deadline is Feb. 27 and cost is \$15 per day. Enrollment forms for next year

### SOYBEAN BOOKLET RELEASED RECENTLY

The 1977 edition of "Nebraska Soybean Variety Tests," released recently by the University of Nebraska, now includes performance results of Roundup Ready soybeans.

Prepared by faculty at UNL's Department of Agronomy and the Northeast, South Central and West Central research and extension centers, the results cover 13 trials at eight locations.

Publicly released entries were planted with seeds provided by UNL's Nebraska Foundation Seed Division. Privately developed varieties were selected by the seed supplier.

John Suprenant and the extension center have twenty Nebraska Roundup Ready soybean varieties available to high schoolers interested in the 4-H afternoon game. Contact the Extension Office, Amy Mahoney, for more information.

The next meeting will be on Feb. 16 at the Weymouth High School at 7:30 p.m. Stephanie and Courtney Owen will give a cooking demonstration. Crystal Jaeger, News Reporter.

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## Annuities can help you

If you believe building a retirement nest egg is like running on a treadmill, read on for a way to get ahead in the race.

A major concern of today's working Americans is having enough money to retire. Social Security won't provide enough to cover the cost of living expenses for many, and people are being longer, meaning their money must last longer.

Adding fact to these concerns are two additional factors: inflation and taxes. Inflation has eroded the value of money, and taxes are being longer, meaning their money must last longer.

To illustrate how inflation affects your family budget, consider this: A postage stamp that cost 10 cents in 1976 now costs 12 cents. A car that cost \$15,000 in 1976 sold for \$19,900 in 1992. The house you could buy 20 years ago for \$19,000 costs \$120,000 today.

Some argue that wages have increased at a similar rate. But according to the Bureau of Economic Analysis, real wages have fallen 15.3 percent adjusted for inflation and purchasing power parity.

Subtract taxes and you're finished. Your family's budget is probably right off the back of the front end.

For these reasons, it's essential for your retirement savings to grow faster than inflation and compound tax-deferred. Yet many people are not utilizing these benefits with their retirement savings. An advisory member of another firm, such as AIAA, and IRA contributions have dropped to their lowest level since 1991.

The decline in IRA contributions appears to be related by the distribution rates imposed by the

Tax Reform Act of 1986. In the past year, a taxpayer has averaged several percent of income in IRA deductions. However, it's hard to predict what Congress will do or where they will be next year.

Any investments in IRAs... to you little, but that's... However, there is an alternative to IRAs that can be especially attractive to people without other money plans at work. It's a flexible, monthly contract, and it's offered by most major investment companies.

Variable annuities offer the flexibility of all savings as long as they are invested within the annuity and they can provide income that can be modified. Unlike IRAs, there's no limit on annual deposits for a variable annuity, but there are limits on how much you can deduct.

In addition, there's a 10 percent IRS penalty on annuity withdrawals before age 59 1/2, just like with an IRA.

Deferring taxes on earnings until retirement can make a significant difference in how your account grows. For example, \$75,000 invested in a deferred annuity at 8 percent would grow to \$251,568 in 30 years.

Each year, if a 10 percent tax rate would apply to the \$75,000, the value would be \$170,000 after 30 years.

If you're interested in a flexible annuity, investigate several different plans. Variable annuities often differ according to the timing of investments. Examples include: your contract and its provisions before you invest.

For the right investment variable annuities can provide that extra boost to help you get ahead in the retirement savings race.

## 4-H training to be offered

A 4-H Family Training program offered by 4-H families, parents and youth is set for Feb. 16 from 1:30-3:30 p.m. at the following Extension Center in Quebec.

The training will cover the new project Design Extension and will include ideas for existing projects, tables and other training.

Design Extension is a home improvement project that focuses on practical concepts related to the use of design in the home.

Any 4-H families in Quebec or Ontario who would like to participate are encouraged to pre-register by Feb. 9 by calling 1-800-221-4111.

There is a small cost for the program.

## Wayne State College plans skywatchers show

Wayne State College Planetarium show skywatchers of Ancient Mesopotamian astronomical observations of early cultures of Mesopotamia. Shows are scheduled at 10 p.m. Feb. 24 and 25. It is in the Fred C. Dale Planetarium located in the lower level of the Cabell Science Building.

This show chronicles the achievements of the ancient civilizations of Mesopotamia, starting from their thousand years from 1500 B.C. to 500 A.D. During this time the Chaldeans, Babylonians and Assyrians occupied the lands we now call Mesopotamia. Chaldeans

and H. Sargon built great cities, developed extensive farming and worked out a sophisticated mathematics. said Carl Hump, Wayne State planetarium director.

The planetarium show emphasizes the astronomical contributions of these early cultures including their calendar, understanding of the motion of the planet Venus and ability to predict eclipses of the sun and moon.

Special showings may be arranged on request. For information call 337-2444. There is no admission charge.

## OUR IDEA OF A GREAT DEAL

7.75% 5-Year Fixed Rate Term Ag Loan

15-Year Fixed Rate Ag Real Estate Loan

No limit on loan size No prepayment penalty No origination fees

Like anything else, ag loans are better when they're more affordable. That's why, for a limited time, we're offering special pricing on two of our most popular loan options. Which means more of your money stays in your pocket. So whether you're looking for a 5-year fixed rate term loan for capital purchases or a 15-year fixed rate real estate loan, contact your local Farm Credit Services lending office today.

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## A Profile 300 will squeeze into the tightest of places.



Your budget, for example.

\$15 Here's your chance to get the slim and lightweight Motorola Profile 300 for the decidedly un-bulky price of \$15. With gold selectable fingers, a large, legible character display and more, the Profile 300 is the perfect phone for any situation. And any budget. Stop by Allied Cellular today.

Statewide Value Rate Plan • Only \$15 a month • 600 or FREE minutes, day or night • All statewide for the price of a local call • Enjoy the largest cellular network in Nebraska

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Loans for anything you want at a rate you can live with. Farmers & Merchants State Bank loans come in all shapes and sizes. If there is something you want, a new house, a new auto, ag loan, boat, computer, vacation, whatever, we can help you get it! AND at a rate that will fit comfortably into your budget. Farmers & Merchants State Bank of Wayne. 321 MAIN STREET • P.O. BOX 249 WAYNE, NE 68787 • 408-376-2049

OUR IDEA OF A GREAT DEAL 7.75% 5-Year Fixed Rate Term Ag Loan 15-Year Fixed Rate Ag Real Estate Loan No limit on loan size No prepayment penalty No origination fees Like anything else, ag loans are better when they're more affordable. That's why, for a limited time, we're offering special pricing on two of our most popular loan options. Which means more of your money stays in your pocket. So whether you're looking for a 5-year fixed rate term loan for capital purchases or a 15-year fixed rate real estate loan, contact your local Farm Credit Services lending office today. Farm Credit Services Farm Ag Financial Specialist 112 W. 2nd Street • Wayne 408-675-2900 Hours: 9 - Noon, Tuesday 1308 So. 15th • Norfolk 402-871-1000 1-800-777-1000

A Profile 300 will squeeze into the tightest of places. Your budget, for example. \$15 Here's your chance to get the slim and lightweight Motorola Profile 300 for the decidedly un-bulky price of \$15. With gold selectable fingers, a large, legible character display and more, the Profile 300 is the perfect phone for any situation. And any budget. Stop by Allied Cellular today. Statewide Value Rate Plan • Only \$15 a month • 600 or FREE minutes, day or night • All statewide for the price of a local call • Enjoy the largest cellular network in Nebraska Allied Cellular. Making it easier to communicate. 800-876-2014. FREE DELIVERY TO HOME OR OFFICE. 1-800-876-2014. 1-800-876-2014. 1-800-876-2014.

# HELP WANTED



Place Ad Here  
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CALL  
e Ad  
Display A  
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**Rate Scheduler 5 LINES, '6.00 • 75' EACH ADDITIONAL LINE • Ask about Combination Rate with The Morning Shopper**  
 Ads must be prepaid unless you have pre-approved credit. Cash, personal checks, money orders, VISA, or MasterCard are welcome.  
 Call: 402-375-2600, Fax: 402-375-1888, or Visit Our Office: 114 Main Street, Wayne, NE.  
**POLICIES:** •We ask that you check your ad after its first insertion for mistakes. The Wayne Herald is not responsible for more than ONE incorrect insertion or omission on any ad ordered for more than one insertion.  
 •Requests for corrections should be made within 24 hours of the first publication. •The publisher reserves the right to edit, reject or properly classify any copy.

**HELP WANTED**

**DIRECTOR OF ADMISSIONS**  
 Full-time position available. **REQUIREMENTS:** Experienced professional with excellent communication skills and a strong commitment to student service and cultural diversity. A doctoral degree is required. Master's or equivalent experience preferred. Must be a team player, demonstrate accomplishments in leading successful recruitment and admissions programs, and have experience that will assist in maximizing the use of technology. Experience with the software demands. **RESPONSIBILITIES:** Development and implementation of effective strategies to attract the human, financial, graduate and institutional demands; efficient management of admissions, admissions staff, and budgets; establishment and achievement of enrollment goals consistent with needs of institution and access to system; and effective application of technology to improve delivery of student services. **LOCATION:** Wayne State College, located in Wayne, a city of approximately 2,000 in northeast Nebraska. In recent years, EE enrollment has increased by 50 percent, bringing the student population to 1,000. The college boasts a proud and proud staff in northeast Nebraska, not only for color from the state for community and economic development, but also for cultural activity. **SALARY:** Competitive. **APPLY:** Send letter of application to my, including title and phone of their professional reference. Address: Director of Admissions, Office of Enrollment Management, Wayne State College, 114 Main Street, Wayne, NE 68791. Review of completed applications will begin immediately and continue until the position is filled. Wayne State College is an Equal Opportunity/Affirmative Action Employer. Women and minorities are encouraged to apply.

**WAYNE STATE COLLEGE**  
 FEBRUARY 1998

**PHARMACIST WANTED:** The Wayne Herald is looking to expand its web page operation in the coming months. Current position is to be a part-time position and will be work hours 10:00 a.m. to 1:00 p.m. Monday thru Friday. **REQUIREMENTS:** A master's degree in pharmacy is a must. Knowledge of the pharmacy field is a must. **APPLY:** Send resume to: Wayne Herald, 114 Main Street, Wayne, NE 68791.

**HELP WANTED:** Professional financial planner at Wayne is seeking a mature, friendly, organized individual to join their financial planning team. This is a full-time position for paid time only. **REQUIREMENTS:** Master's degree in business or finance. **APPLY:** Send resume to: Wayne Herald, 114 Main Street, Wayne, NE 68791.

**RN/LPN CHARGE NURSE**  
 Full-time position, Weekend Only, Evening  
**STAFF NURSE/CNA**  
 Full-time position, Weekend Only, All Shifts  
 Immediate openings available for CNA positions.  
 Limited Time Hire On Bonus  
**Elkhorn Manor Nursing Center**  
 402-389-2572  
 We Hire Quality Associates...

**Northeast Nebraska Juvenile Services, Inc**  
 In Wayne, NE is now hiring for Temporary Line Staff positions as you call. Female applicants are encouraged to apply, due to NE Juvenile Detention Standards. These positions will require a 40hr. paid training and requires employment through out the summer months. These positions are working with at risk juveniles in a detention environment. Ideal applicant can work well with juveniles, other employees, general public and Administration. Some over night hours and weekend hours are required. These positions start at \$9.25 per hour. A background investigation will be completed before assignment of these positions. All interested parties may apply at the  
**Detention Center**  
 219 W. 6th St.  
 Wayne, NE 68707  
**NNJS is an Equal Opportunity Employer**

**Owner/Operator Support Miles Pay**  
 Do you have all of the above? Do you feel you are part of the organization? Are you better off today than you were a year ago?  
 If not, call Dobi Hayward at 800-444-7143

**Join the Caring Team and Make a Difference to Health Care in Wayne**  
**Nursing Assistant or CSM**  
 Full or Part-time Positions  
 Flexible Scheduling  
**New Wage Scale**  
 Comprehensive Benefit Package  
**HIRING NOW - CALL US TODAY**

**Office Clerk - Full-Time**  
 Full-time position available for a full-time office clerk. **REQUIREMENTS:** High school diploma, 1-2 years of office experience, excellent communication skills, ability to work with the public, and the ability to work in a fast-paced environment. **APPLY:** Send resume to: Pamida, 114 Main Street, Wayne, NE 68791.  
**Pamida**  
 Equal Opportunity Employer

**Jeanne's at the Haskell House**  
 Immediate openings for the following positions:  
**Manager**  
**Noon Cook**  
**Noon Servers**  
 Call or drop in at 307 Main Street, Wakefield, NE 68784, 287-2838  
 Ask for Michelle.  
 Scholarship program available, E.O.E.

**Wayne Care Centre**  
 Where caring makes the difference!  
 114 East 4th Street, Wayne, NE 68791  
 Phone: 402-375-1927

Magnuson Eye Care would like to add a part-time staff person to our front office area. **RESPONSIBILITIES:** will include patient management, claims, scheduling and general office duties for a 20-30 hr. week. Training will be provided. This position requires a strong individual who enjoys meeting people and meeting their needs. We will be looking for an applicant with knowledge of office skills, word processing and editing, good grammar and composition skills. **APPLY:** Send resume to: Magnuson Eye Care, P.O. Box 609, Wayne, NE 68791.

**The City of Wayne is now accepting applications for Pool Lifeguards for the 1998 Summer Season.**  
 Applicants must show that they have a good work record and that they are dependable and mature in their work habits. Current records and experience required. **APPLY:** Please send resume to City Hall, 306 1/2 Main Street, Wayne, NE 68791. **REQUIREMENTS:** Ability to swim, ability to work outdoors and in sun, and ability to work in hot weather. **APPLY:** Send resume to the Personnel Office, at City Hall of the City of Wayne, NE 68791. **APPLY:** Send resume to the Personnel Office, at City Hall of the City of Wayne, NE 68791. **APPLY:** Send resume to the Personnel Office, at City Hall of the City of Wayne, NE 68791.

**PERMANENT POSITIONS ONLY**  
 Fine to company promoting opportunity. **APPLY:** Send resume to: Wayne Herald, 114 Main Street, Wayne, NE 68791.

**DAY HELP** wanted for full-time position. **APPLY:** Send resume to: Wayne Herald, 114 Main Street, Wayne, NE 68791.

**HELP WANTED:** Looking for full-time position. **APPLY:** Send resume to: Wayne Herald, 114 Main Street, Wayne, NE 68791.

**Take control of your future. Lead the Way with a new start.**  
 A dynamic 25 year old company, ranked as one of the leading sales organizations of a Fortune 500 company, is seeking 3 manager trainees in the local area. This is a challenging, growth opportunity for motivated, self-motivated & advancement oriented individuals. Excellent compensation package, complete benefits & expense-paid training. **APPLY:** Send resume to: Personnel, 1000 Village Drive, Lincoln, NE 68516.

**Restaurant Manager**  
**Jeanne's at the Haskell House** is looking for a take charge person with experience. **APPLY:** Call for an interview or send your resume to Jeanne's at the Haskell House, P.O. Box 609, Wakefield, NE 68784, 402-287-2838. **Michelle**

**Help Wanted**  
 Region IV Wayne is hiring for one part-time bookkeeper/secretary position. This person will be responsible for the daily operations of the office. Ability to use a computer is required. All applicants should have excellent interpersonal skills and the ability to work productively with a wide variety of people. The hours will be 24 hours per week, Mon thru Thursday. Salary begins at \$7.15 per hour. Interested persons should submit an application and resume to:  
**Robyn Hurlbert**  
 Region IV Services  
 Box 97  
 Wayne, NE 68787  
 Closing Date is Feb. 10, 1998 at 5:00 P.M.

**PERMANENT POSITIONS ONLY**  
 Fine to company promoting opportunity. **APPLY:** Send resume to: Wayne Herald, 114 Main Street, Wayne, NE 68791.

**HELP WANTED:**  
**FULL TIME EXPERIENCED LINE COOK**  
**APPLY IN PERSON AT**  
**RIEY'S CAFE**  
 113 S MAIN STREET  
 WAYNE, NE 68787

**COMMERCIAL PROPERTY FOR SALE OR RENT IN WAYNE:** Prime Main Street location, suitable for just about any type of business. Contact Dale at Sutherland Partners (402) 375-1927 for more details.  
**80' x 50' Home or office home:** Prime location, just off downtown area. Must be in good shape! Call 402-375-1927, leave message.



# Honor rolls released for Laurel-Concord

Laurel-Concord School has released its 1997-98 first semester honor roll.

Students who attained a 4.0 grade point average included:

**Seventh graders:** Tom Cunningham, Tyler Ellyson, Jodi Kuchta, Jaime Lackey, Emily Schroeder and Audrey Victor.

**Eighth graders:** Blake Erwin, Jared Hartman, Brad Owen, Jeremy Rasmussen and Mollie Stapelman.

**Freshmen:** Kylie Beames, Brittany Burns and Kate Harder.

**Sophomores:** Betsy Schler.

**Juniors:** Karissa Carlson.

**Seniors:** Megan Atkins, Jonathan Marburger, Katie Morrison, Lana Schutte, Alena Sindelarova, Tiana Stapelman and Tijana Trpkovic.

Those named to the honor roll include:

**Seventh graders:** Katie Beas, Brad Burns, Colin Engstrom, Amanda Garthright, Greg Knudsen, Brady Koch, Mitchell Lanier, Mattus Mangano, Jennifer Mondahl, Katie Peters, Susan Pittman, Raymond Stasley and Holly Tyrell.

**Eighth graders:** Alena Harman, Lani Borch, Jared Borch, Sarah Stark, Shelby Tyrell and Tala Vallbush.

**Freshmen:** Aaron Browder, Jennifer Damuth, Katie Hickory, Brent Gould, Bob Hays, Adam Hartung, Brad Houting, Kelly Houting, Rebecca Johnson, Greg Koval, Chris Lackey, Candace Patefield, Lindsey Raymundo, Dustin Rewinkel, Matt Schuster and Melanie Thompson.

**Sophomores:** Jeremy Anderson, Adam Bowler, Turk Cunningham, Dennis Diebler, Nick Mangano, Clayton Martin, Rachel Olson, Eric Peacher, Daniel Raymundo, Sam Reich, Ivan Smith, Brandon Vetterna and Crystal Vetterna.

**Juniors:** Mark Boyson, Felipe Campodaro, Robyn Doherty, Lily Harder, Brandt Hudson, Kim Johnson, Jeremy Marburger, Sarah Mondahl, Heather Patefield, Laura Schneider and Mike Stone.

**Seniors:** Beau Beames, Danielle Beckman, Andy Boss, Anthony

Boyer, Shannon Burns, Sharon Corban, Christopher Haruo, Eric Nohg and Jonathan Kroll.

Students earning a 4.0 average for the second quarter include:

**Seventh graders:** Tara Christensen, Tori Cunningham, Emily Schroeder and Audrey Victor.

**Eighth graders:** Jennifer Ellyson, Blake Erwin and Lani Recob.

**Freshmen:** Kylie Beames, Brittany Burns and Kate Harder.

**Sophomores:** Betsy Schler.

**Juniors:** Karissa Carlson.

**Seniors:** Katie Morrison, Lana Schutte, Alena Sindelarova, Tiana Stapelman and Tijana Trpkovic.

Also released was the second quarter honor roll list. Students named include:

**Seventh graders:** Katie Beas, Brad Burns, Tyler Ellyson, Colin Engstrom, Amanda Garthright, Jason Jelenak, Greg Knudsen, Brady Koch, Jodi Kuchta, Jaime Lackey, Mitchell Lanier, Katie Peters and Holly Tyrell.

**Eighth graders:** Jared Hartman, Brad Owen, Jeremy Rasmussen, Tiana Stasley, Mollie Stapelman and Shelby Tyrell.

**Freshmen:** Megan Atkins, Aaron Bowler, Jennifer Damuth, Kate Dickey, Brent Gould, Bob Hays, Adam Hartung, Brad Houting, Kelly Houting, Rebecca Johnson, Greg Koval, Chris Lackey, Candace Patefield, Lindsey Raymundo, Dustin Rewinkel, Matt Schuster and Melanie Thompson.

**Sophomores:** Jeremy Anderson, Adam Bowler, Turk Cunningham, Dennis Diebler, Nick Mangano, Clayton Martin, Rachel Olson, Eric Peacher, Daniel Raymundo, Sam Reich, Ivan Smith, Brandon Vetterna and Crystal Vetterna.

**Juniors:** Mark Boyson, Felipe Campodaro, Robyn Doherty, Lily Harder, Brandt Hudson, Kim Johnson, Jeremy Marburger, Sarah Mondahl, Heather Patefield, Laura Schneider and Mike Stone.

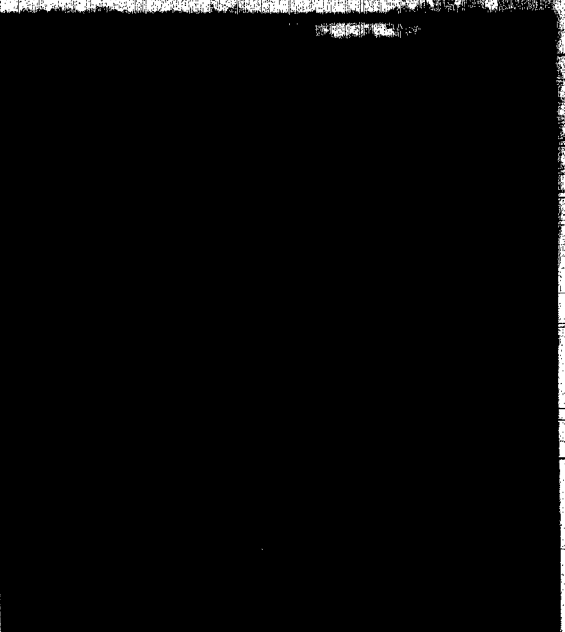
**Seniors:** Beau Beames, Danielle Beckman, Andy Boss, Anthony

# Hoskins News



Members of the Frances Langenberg family gathered recently for a four generation photo. Pictured are front row, left to right, Shirley Wagner of Hoskins, (grandmother) and Frances Langenberg of Hoskins, (great grandmother). Back row, Julie Hanson of Sioux City, Iowa (great granddaughter) and Pat Johnson of Pocahontas, Iowa (granddaughter); Mrs. Langenberg is 91 years old.

# The Wayne Herald



The four generations in this photo include, front row, left to right, Bev Mittelstaedt, (granddaughter) and Audrey Mittelstaedt, (great granddaughter) both of Norfolk and Frances Langenberg of Hoskins, (great grandmother). In back is Shirley Wagner of Hoskins, (grandmother).

## GET TOGETHER CLUB

The Get Together Club met with Madel Schwede on Jan. 15. Bev Schwede was a guest. Card prizes were won by Edwina Langenberg, Lou Kloman, and Alan Nathan and guest.

The next meeting will be with Hilda Thomas on Feb. 19.

## BIRTHDAY CLUB

Vera Briggie entertained the Birthday Club on Jan. 16. Evelyn Langenberg was a guest. The afternoon was spent playing Rummy with prizes going to Lucile Franke, Edwina Langenberg and Helen Miller. The "Happy Birthday" song was sung. Appetizers were Mark and Helen Briggie, Ben and Anne of Brighton, Myrtle Winter, Vercyle Winter, and Clarence and Mildred Korne of Norfolk, Karen Larson and Tania of Peoria and Betty and Evelyn Langenberg of Hoskins.

## WINTER MEETING

A large crowd attended the Continental Food Raiser 5000th Anniversary Dinner on Jan. 18. Gerald Witter was winner of the "Think Jack" raffle. All proceeds will go to the Hoskins Continental Fund. Donations of dollars were greatly appreciated. The Hoskins Continental will be observed in July of 1999.

## GARDEN CLUB

The Hoskins Garden Club met at the home of Esther Rieckertman on Jan. 22 following a dessert lunch. President Hillegable Tenker opened the meeting with a poem, "Time passes quickly." The hosts chose the song, "Little House" from the Vals. The group singing Rose Pals had the poem for the month, "Old Time Winter." The song was "A Snow Storm." Comments, reports were read and approved. Edwina Langenberg and Thina Winter were honored with the Birthday Song.

The club will meet in February. For the next meeting on March 26, plans are to meet at Big Easy Party room at 9:30 a.m. for their meeting and lunch.

**HOSPITAL WORKERS**  
Thursday, Feb. 12: Frances Langenberg and Lucile Martin  
Saturday, Feb. 14: Lela Klemm and Bernice Langenberg

**COMMUNITY CALENDAR**  
Sunday, Feb. 1: Spring Branch 4th Church Peace Church  
Thursday, Feb. 5: Peace Forum Society 1:30  
Don't Forget Ladies Aid LWV, Pot Luck Family Dinner, Monday  
Trinity Lutheran Ladies Aid LWV, Library 1:45 p.m.

# CLASSIFIEDS

**WANTED**  
MAC NEUBRECHT COMPUTER  
Need instant cash with  
Please contact Keith at  
402-378-3800, M-F 9-5

**MATURE COUPLE** looking for a 2-3 bedroom home in or near Wayne or surrounding areas. Call 378-1047

**OPR CLARK** starting Monday February 2nd and continuing on the 9th & 16th from 7 to 9:30 p.m. - At Prostate Cancer Medical Center in Wayne. Cost is \$10.00. Contact Leslie at 402-378-3800 to Register

**HOUSE WANTED** in Wayne by older couple. Prefer brick style with at least two bedrooms, all-steel garage and message parking space. In family pack a seller home. Want to know for free your best possible option to buy. Please send complete description and current needs and demands to: Wayne Herald Classified, P.O. Box 278, Wayne, NE 68097

If you received a computer for a total amount and need software or hardware support, call 378-1047 at 402-378-0215 evenings to weekdays.

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A VERY COST EFFECTIVE!  
Please give us a call at 378-3800.  
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Call 378-1047 at the Wayne Herald today for the details! 402-378-3800 or 1-800-872-4448

# NEBRASKA STATEWIDE

**COLUMBIAN MINERAL** is the best coal on the market in Grand Dunes. 800-1-800-448-1111. Call for \$1.99 per ton in gallons. Columbia River 1-800-448-1111. For more info call 378-3800, M-F 9-5.

**DEA SALE!** Prescription refills now! Don't pay for refills. Call 378-3800, M-F 9-5.

**WEST TANKS!** Buy 100 gallons of fuel oil for only \$10.99. Call 378-3800, M-F 9-5.

**FOR SALE**  
**MORT BELL - PRICE REDUCED**  
Model 2034 will handle large jobs easily with excellent features like auto disconnect, feeder, surfer, auto detecting, full reduction and enlargement, special photo mode and more. This is a finer model as it is even used. Now only \$11,900.00. This slightly used one is priced \$8,000.00. Call 402-378-3800 weekdays from 9-5, ask for Janella

**NEW 10 foot boat, Honda 150HP** - 2001 boat, 10 foot, 100HP. Call 378-3800, M-F 9-5.

**BOILED WATER DELIVERY SERV**  
A beautiful 100% pure spring water. Ask for details. Free delivery. Call 378-3800, M-F 9-5.

**FOR SALE - 1978 Ford F150** - 3.3L, 2000 miles, great body and tires. Call 378-3800, M-F 9-5.

**FOR SALE - 1997 Ford F150** - 3.3L, 2000 miles, great body and tires. Call 378-3800, M-F 9-5.

**FOR SALE - 1997 Ford F150** - 3.3L, 2000 miles, great body and tires. Call 378-3800, M-F 9-5.

**STEEL BUILDINGS** - 30'x40'x10' \$4,999. 40'x60'x14' \$11,999. 60'x100'x14' \$34,999. 80'x100'x14' \$49,999. 100'x100'x14' \$79,999. Call 378-3800, M-F 9-5.

**GERMAN STUDENT** - Heidelberg University, South America, Asian, European, Exchange Students, studying high school. Become a host family. Call 378-3800, M-F 9-5.

**GRAND OPENING** - Grand Opening, Grand Opening, Grand Opening. Call 378-3800, M-F 9-5.

**HEAD-CHEAT** - Head-Cheat, Head-Cheat, Head-Cheat. Call 378-3800, M-F 9-5.

**LOCAL AUTO** - Local Auto, Local Auto, Local Auto. Call 378-3800, M-F 9-5.

**EXCELLENT OPPORTUNITY** - Excellent Opportunity, Excellent Opportunity. Call 378-3800, M-F 9-5.

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**APPLY NOW!** Apply now, Apply now, Apply now. Call 378-3800, M-F 9-5.

**WILLING TO WORK** - Willing to work, Willing to work. Call 378-3800, M-F 9-5.

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# FOR RENT

**FINE HOME** - Fine home, Fine home, Fine home. Call 378-3800, M-F 9-5.

**LEASING APARTMENTS** - Leasing Apartments, Leasing Apartments. Call 378-3800, M-F 9-5.

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# The Four C's — Key to buying a diamond ring



A diamond engagement ring is a symbol of love and romance. No two diamonds are alike, so when selecting a diamond, consumers should visit a reputable jeweler whom they know and trust.

The diamond engagement ring has been a symbol of love and romance since 1477 when Archibald, Marquis of Argyll gave Mary of Scotland a gold ring set with a diamond as a token of his love. Today, the tradition of the diamond engagement ring continues. According to a new Consumer Survey, 70 percent of all brides-to-be receive one.

A diamond is an expression of individuality for a lover's unique, no two diamonds are alike. Each diamond has its own personality and sparkle. Therefore, when purchasing a diamond engagement ring, it is important to become an informed consumer.

A little knowledge can go a long way to help one with the best quality diamond within a budget. Understanding diamonds requires knowledge of the four C's: cut, color, clarity and carat weight. These four variables are key to answering the obvious question as to why two diamonds of equal size may not be of equal value.

**• Cut.** Although diamonds can be cut in several shapes like oval, marquise, pear or round, it is the quality of the cut that gives the stone its brilliant sparkle. Light is reflected best when all of the facets are perfectly proportional.

**• Color.** The first color is color. A

totally colorless diamond light allows white light to pass effortlessly through it, and be dispersed as rainbows of color.

**• Clarity.** The term "clarity" refers to a diamond's lack of naturally occurring inclusions, often called "nature's fingerprints," most of which are not visible to the naked eye. The fewer the inclusions, the more valuable the diamond.

**• Carat.** Carat refers to the weight of the stone. There are 100 points in a carat. Therefore, a diamond of 50 points weighs one-half of a carat.

Deciding how much to spend on a diamond engagement ring is very personal and obviously depends on income. Most people find the two-month salary guideline to be helpful in determining how much to spend. Most importantly, choose the finest quality diamond affordable, because a diamond engagement ring is a unique symbol of commitment that will be treasured for many years.

To find out how to get the best diamond, consumers should visit a reputable jeweler whom they know and trust. The diamond engagement ring is an investment in a couple's future and like love, can grow more precious with time.

# Many lives of a bridesmaids dress - a true story

You've heard it before: "I know you'll be able to wear my bridesmaid's dress again." Sounds promising, but you're skeptical. That is, until you see that the bride has selected something with just the right amount of fashion and classic detailing and it's a dress that makes you feel like it's your party she's giving!

How'd she do it? Will it cost a fortune? Will the same people who are going to

the wedding be at the club dance because that's where it's going next (to maybe the night club that expensive and so the budget)? With a change of accessories, this dress even may see the normal business meeting dinner.

So one dress really take on a full social calendar? Donna Morgan, the designer behind her namesake label, delivers style which ensures that any dress that's

bridal still can be the life of yet another party.

When selecting dresses for your bridal party, think classic shapes — with flair, but not overly frumpy. You want to look back at those pictures and for it all to seem timeless," notes Morgan. "A look that flatters any shape, has detailing that adds interest, with fabric that moves easily — guarantees that your

wedding group will feel as good as you do on the big day!

To receive "Life's Special Occasions" dress book, containing highlights from the Donna Morgan collection, which ranges in price from \$120 to \$180, contact Donna Morgan, 530 Seventh Ave., 14th Floor, New York, NY 10018, telephone (800) 963-2124, fax (212) 575-4775.

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## Some helpful reminders

- Place a note on the front door reminding the bride and her attendants to take gloves, pocketbooks and bouquets before leaving for the ceremony.
- Assign someone to check out the reception site to make sure that all the flowers have been delivered, the cake has arrived and seating cards have been set out.
- If the bride or family members wait centerpieces taken home, tell someone beforehand to be in charge of collecting them before the guests take their and

there are none left.

- Give a list of special group photos to be taken, perhaps of cousins, classmates and office mates to the photographer.
- Assign someone to signal the organist that the ceremony is about to begin.
- Make every attempt to be on time. Every minute delayed throws off the next step: the food preparation, the band or the jukebox, even down to that ice in the water glasses. Everyone that day has a schedule; don't complicate it by being late.



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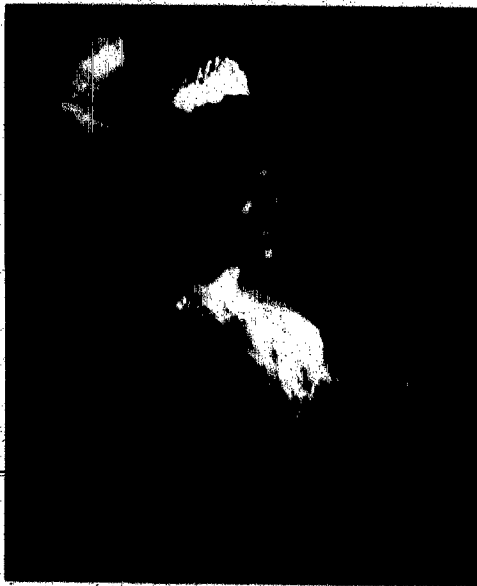
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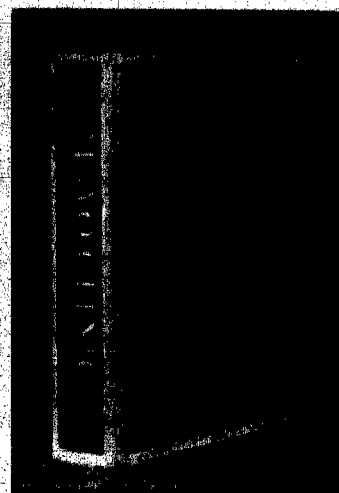
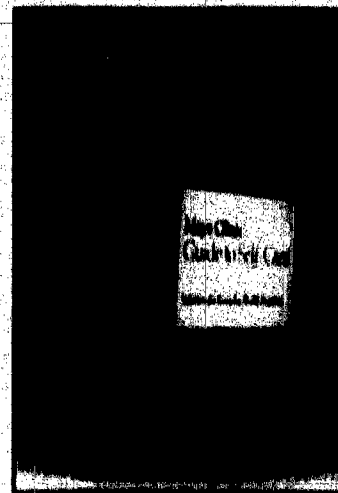
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Give newlyweds the gift of good health. With "Mayo Clinic Family Health Book" and "Mayo Clinic Guide to Self-Care," you can start the couple on the way to a healthy and happy life together.

## A toast to good health for the bride and groom

In ancient and modern health lore, words from traditional wedding vows emphasize the importance of taking care of one another. As couples begin their married lives, they look forward to a lifetime of joy, happiness and good health.

What better way to congratulate newlyweds than to give them a gift that can help them achieve and maintain a healthy life? Mayo Clinic Family Health Book has become a popular choice as both a wedding and shower gift. The hard cover, comprehensive book, which has been recognized as the "A" book of reference, helps couples find accurate answers to questions like how to handle and stay food properly, how to get motivated to exercise regularly, ways to manage stress, and how to safely protect their home. Special sections on staying well, essential first aid and emergency care, genes and your health, diseases and disorders, modern medical care and health through the years make this

a gift that couples will use again and again.

Another affordable wedding gift of health from Mayo Clinic is the newly published "Mayo Clinic Guide to Self-Care." This book provides solutions for everyday health problems to help people of all ages prevent illnesses, stay well, develop healthy habits and take charge of their own health.

To order directly from Mayo Clinic, call 1-800-291-1130, Ext. 400. The \$49.95, paper "Mayo Clinic Family Health Book" is \$10.95, plus \$5.50 shipping and handling. The smaller, 245 page "Mayo Clinic Guide to Self-Care" is \$16.95, plus \$4.50 shipping and handling.

A newlywed tip from Mayo Clinic Family Health Book: "Realize that you are planting an ordinary human being with strengths and weaknesses. Don't idealize your mate and expect nothing short of perfection. Communication is key to resolving inevitable conflicts effectively."

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# Give a great party with lively entertainment

The wedding day is one of the most exciting and memorable days in a couple's life. The bride and groom want everything, from the gown to the flowers to the food served at the reception, to be perfect. Most of all, they want the memories of the big day to be special.

The entertainment provided at the wedding reception is critical in determining the success of the event. The choice of music for the reception can make or break the entire party. Regardless of whether you use a live band or disc jockey, lively music and a personable bandleader or DJ can help build a mood and play songs that can get the guests dancing.

Using the right band or DJ for your

wedding can be confusing. Asking great questions, knowing the right answers and getting all guarantees in writing will ensure the selection of reliable, reputable vendors. The following questions and answers, courtesy of Modern Bride magazine, can help you hire the best musicians for the reception.

1. Can I determine the quality of a band's performance by listening to a tape or viewing its video? If you like the sound on the tape and/or the way the band delivers on video, inquire about where you can see the group play at a showcase, an actual wedding or some other place where it is booked.

2. How can I be certain that the band I book will be the one at my wedding? It

is essential to get the name of the band in writing on your contract.

3. Do the orchestra have liability insurance? A reputable company will maintain such coverage. Most reception facilities require that the orchestra furnish them with a certificate of insurance.

4. Does the band take breaks? Most bands take a 15 minute break after a 45 minute set. Taped music can be swapped during the breaks or continuous music (at an extra charge) can be planned.

5. Are there additional charges for traveling time, playing during cocktails and overtime? Probably. Ask about that at your initial meeting, and be sure that these charges are clearly stated in your contract and understood before you sign it.

6. Is there a surcharge or sales tax? There is no sales tax on musical services, but there may be some surcharges (i.e. payroll, transportation). Be sure to ask.

7. Does the band have an extensive song list with selections that appeal to a wide range of guests? A good band will be able to play a range of music that spans the decades, from big band to Top 40 to Motown hits, as well as ethnic pieces.

8. Will the band members wear appropriate attire? Unless otherwise noted, wedding members should wear black tie.

9. Is there a way I can be sure the application will not be dewatering? Tell the bandleader or DJ of your concern, as if this is not a place where the group has played before, he or she can check out the location to prepare ahead for any acoustical challenges that must be addressed to keep the details under control.

10. Does the bandleader or DJ act as master of ceremonies and coordinate the sequence of events at the reception, and if so, should I meet with him about this before the wedding? The master of ceremonies is usually the bandleader or DJ, and you absolutely should have an in-person meeting to talk over the reception events.

## Pearls considered first wedding gem

Like most glowing brides-to-be, you probably dream of the perfect wedding. An eloquent exchange of vows, a beautiful gown, a scrumptious cake and a honeymoon groom are all elements of any memorable wedding ceremony. However, as most women who have graced the halls of matrimony will tell you, their wedding ensemble would not have been complete without a historic strand of cultured pearls.

Since a cultured pearl necklace often adds a finishing splash of elegance to any wedding gown, they are often a bride's item of choice on her special day. Although pearls have become synonymous with brides, most people don't realize how and when that special bond was formed, or why pearls have become a staple of any bride's wardrobe.

Tracing back in time, you can understand how the long-lasting relationship between pearls and brides has come about and how it will survive for many years to come.

One of the earliest relationships between brides and pearls is illustrated in ancient Hindu writings more than 3,000 years before the birth of Christ. According to these tomes, Krishna, the most revered god of Hindu worship, dove to the depths of the sea to collect a single, perfect pearl as a gift for his daughter on her wedding day. The gift of a pearl symbolized the purity and truth of the wedding bond.

Other cultures that associated pearls with brides include the ancient Greeks. They believed pearls could prevent brides from crying and would ensure marital bliss. Another story in Greek mythology tells how a strand of pearls was given by Hymen, the god of marriage, to princess Psyche on her wedding day.

During the dark ages, knights returning home from the Crusades often brought back pearl gifts for their "fair maidens" to wear on their wedding day.

At the time, pearls were believed to embody the virtues of charity and devotion.

Throughout the Middle Ages and into the Renaissance, pearls were used extensively in wedding ceremonies by European nobility. Weddings in the royal families of Burgundy and Lorraine were described as being "awash in a sea of pearls." Serving as emblems of royalty and honor, the historic gems would retain a special place in bridal history forever.

With the advent of cultured pearls in the 1920s, what had once been a gem reserved for only the powerful and wealthy, now would be available for all brides. According to tradition passed down through the centuries, a gift of pearls usually was bestowed upon the bride by either her groom or his family. This simple token is a wish of love, good fortune and a long, happy marriage.

For those seeking to buy a gift of cultured pearls for the bride, it is important to choose a piece of jewelry that will last a lifetime and bring many years of joy. Since cultured pearls are products of nature, they are seldom, if ever, perfect.


Every pearl grown by an oyster has its own individual identity. However, when choosing a strand of cultured pearls, it is important to keep several quality points in mind.

Probably the most important aspect, as far as quality is concerned, is the luster of the pearl. Luster is the clear shine on the surface of the pearl. It should be clear enough to reflect the images of objects near the pearl.

Another important factor is the surface of the pearl. It should be relatively free of damaging blemishes that appear as cracks, bumps or pits.

Finally, all the pearls in a strand should be closely matched in terms of color, size and shape. They should all combine together to give an appearance of uniformity within the necklace.

Just as almost people celebrate the bride, they also celebrate the wedding. They make fine gifts for the bridal party. Bridesmaids will be delighted with gifts of oysters; yet, lovely, freshwater cultured pearl necklaces or bracelets, while cultured pearl bachelorette, bachelorsuff links or stud studs are handsome tributes to the bride.




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## Bridal Registry of the 1990's contains gifts for home office

Move over china patterns, silverware and crystal stemware. Although these traditional wedding gifts still top bridal registry lists, brides and grooms of the '90s register for items that will help them in their everyday lives.

Changing with the times, bridal registries are starting to reflect these new lifestyle priorities. Today, they have expanded to include more nontraditional items, like sporting goods, artwork, furniture and electronics. Equally popular is the one-of-a-kind items geared towards working from home.

Recognizing this trend, Sharp Electronics Corp. provides a full line of home-office products. These include 200 MHz digital cordless phones (for crystal clear conversations), digital cameras, personal copiers, plain paper fax machines, notebook computers, PC companions and multifunction units (which combine faxing, copying, printing, scanning and phone functions into one).

Now that an increasing number of professionals, telecommute and are home based business, it's no wonder that these types of items are finding their way into bridal registries. Many young married couples are trading their 2 to 5 job for-home businesses where they can work together and find more fulfillment through flexible work hours and being their own boss.

Eighty four percent of all U.S. home holds will support some form of home office activity over the next year, reports BLS Strategic Services, a market research firm in Hingham, Mass. This means that almost half of all U.S. households conduct business or work related activities from their home.

This trend is so pervasive that even those people who don't work from home are dedicating space in their homes for surfing the Internet, on-line banking, faxing letters, and e-mailing digital photos to friends and family.

Today, there has never been a better time to purchase a home office product for someone who is getting married. According to Randy Thompson of Sharp Electronics Corp., the multifunction unit is one of the fastest growing categories of the home-office products. These units combine the most important technology that's needed to set up a well-equipped home office.

Look for a multifunction unit that combines a printer, plain paper fax, PC fax, copier, scanner and telephone. On a comparison basis, multifunction units cost less than the total cost of purchasing all of these products separately. They are also perfect for family members, friends and co-workers who want to purchase and give a joint or group gift.

If you are registering for your future home or looking for a different gift for your favorite bride and groom of the '90s, you may want to consider the non-traditional route. Think about what might be most appreciated and most useful — a crystal candy dish or a DR 6000 fully loaded multifunction unit.

A part of its full line of multifunction units, Sharp's stylishly designed and compact DR 6000 combines a copier, fax, PC fax, scanner, printer and telephone and is compact enough to fit on a small desk table or countertop. To find this or other Sharp products in a store near you, call 1 (800) 87 SHARP or visit the company's Web site at [www.sharp-na.com](http://www.sharp-na.com).

## Grooms tux can be sophisticated

The groom will look exceptionally handsome in Oscar de la Renta's Champagne tuxedo for spring '98. This dapper white single button jacket with shawl lapel features black satin trim

Adding to the sophisticated style is a white Euro wrap collar shirt, black bow tie, and white shantung vest with black and white lapel buttons.



Home office products, like digital cordless phones, personal copiers and plain paper fax machines, are making their way to the top of bridal registry lists. These practical gifts are sure to be appreciated by the bride and groom.

## Learn the intimate secrets of a bride

Finding the right wedding dress traditionally has been one of a bride's biggest challenges. However, modern brides are discovering that what goes under the gown is as important as the wedding dress itself.

From feminine lace silhouettes for the traditional bride who wants to show her romantic side to sleek, simple shapes for the modern bride to body-shaping lingerie for fashion's sleek and body-conscious designs, dressing from the inside

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# Honeymoons — The easiest part of saying 'I do'

All-inclusive resorts are one of the most desirable honeymoon choices for couples walking down the aisle today. According to Gert Bain, travel editor of *Modern Bride*, 31.7 percent of the magazine's readers are looking for an all-inclusive resort for their honeymoon. Travel agents concur. According to Cathy Pelaez, vice president of Liberty Travel, one of the largest travel agencies in North America, all-inclusives are among the "most popular options" for their honeymoon clients.

Why are all these couples seeking all-inclusives? Simple. It's the easiest part of planning one's nuptial celebration and perhaps the most ideal way to spend a honeymoon.

When planning a wedding, there are a myriad of details to consider and organize: booking the hall, planning the seating chart, ordering the flowers and cake, hiring the band and photographer, buying the dresses and meeting for fittings, and on and on. It's more complicated than putting on a Broadway play.

And there are so many people to consider: bridesmaids and groomsmen, parents and grandparents, aunts and uncles, cousins, friends, etc. But in mentioning what the bride and groom want, with all the stress of planning and arranging the details and keeping everyone happy, most couples want their honeymoon to be as carefree and relaxed as possible. The best all-inclusives provide just that.

When planning a wedding, there is a cost at every turn. However, says Pelaez, at an all-inclusive resort, "you pay one price up front, and you don't have to worry about money again the entire time that you're there."

The top all-inclusives cover everything: accommodations, all food and beverages, land and water sports, nighttime entertainment, airport transfers, taxes, and gratuities. It's incredibly relaxing and you don't have to dip into your wallet every time you want a drink, go



When it comes to planning a honeymoon, many couples are turning to all-inclusive resorts.

water skiing or see a show. In fact, most couples say that they do more at an all-inclusive because they don't have to think about the cost.

In *Modern Bride*'s "Travel Agent Honeymoon Survey," thousands of agents from around the country were polled in an extensive survey on honeymoon. The agents voted Sandals Resorts International the top all-inclusive chain. Sandals has taken the all-inclusive concept to a new level, by making all of its resorts "ultra-inclusive," where every guest always gets more than he or she expects.

Located throughout the Caribbean to Antigua, the Bahamas, Jamaica and St. Lucia, Sandals has 10 luxury ultra-inclusive resorts for couples only. At all of these resorts, luxury accommodations, a la carte dining in a variety of specialty restaurants, all-beverage including top-shelf liquor, a full array of land and water sports including golf and scuba with instruction and certification, nightly entertainment with the Caribbean's top performers, airport transfers, and gratu-

ties are included in the price of a vacation stay. Guests at one of the resorts also can enjoy exchange privileges with the others through Sandals' Stay at One, Play at Six program in Jamaica, Stay at One, Play at Two program in St. Lucia, and its Island Hopping program throughout the Caribbean.

The resort chain also has created WeddingMoon™ for couples who wish to marry and honeymoon at the resort. Sandals' wedding coordinators take care of all the details, so the bride and groom can concentrate on each other. The

package includes a luxurious wedding celebration dinner, personalized menus prepared by top chefs, minister and attendant, champagne, live music from local musicians, beauty amenities like manicures and massages, and even a salon attendant to help couples look their best. Packages can be designed to suit the needs of the couples, desired, from a wedding for a few to a celebration for a few hundred.

Couples may also opt for the new Sunset WeddingMoon™ package with lavish extras and an exchange of vows just as the Caribbean sun sets across the horizon and swells the ocean sky.

In addition, the resort chain has introduced Beaches Resorts, a new line of resorts that caters to everyone: couples, singles and families with children. So, all the friends and family can join the happy couple in paradise.

The best part of the all-inclusive experience is that not only is it easy—you book the resort, and you're done—but, as Bain relates, "you get everything, and you don't have to worry on anything." The best all-inclusives, like Sandals, are like the best well-known hotels. From the luxurious rooms to fantastic views, to great food, it's all there. "The all-inclusive product has really evolved to be just what you want it to be," continues Bain, "and it is sure to get even more popular."

To book your own all-inclusive honeymoon, call your favorite travel agent or 1-800-SANDALS.

## Storybooks help explain what's happening to the youngsters

Here is the perfect way to explain to the youngest members of the wedding party what to expect on the big day. These 32-page, hard-cover storybooks, beautifully illustrated in full color and written in easy-to-read text for children to enjoy, answer their many questions. Each 8 1/2 inch by 11 inch book con-

tains a page for a photo, another page for autographs and is gift boxed, making it a unique keepsake. These books are available from the publisher for \$19.95 each, plus shipping and handling. To order, call Golden Rings Publishing Co. at 1-800-433-6172, Ext. 7. (Visa/MC accepted.)



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## Romance is the very best at sea

If you want romantic ambience and a worry-free atmosphere, cruising is the way to go on your honeymoon, according to travel agent Steve Shulern of Strictly Vacations, Santa Barbara, Calif. "Whether on your first or second honeymoon, or even an anniversary, a cruise ship is a magical place," says Shulern. "You've got ocean sunset, the romance of the sea, great service and food in an all-inclusive price tag."

The best ships for romance, according to Shulern, are the intimate sail cruising ships of Windstar Cruises. Portfolio magazine agrees, having voted Windstar's

ships as the most romantic afloat last Valentine's Day.

"How can you beat the small size, friendly service, towering sails and quiet ambience for a romantic honeymoon in paradise?" asks Shulern. "If you're a very fortunate couple, try Costa Rica. If you're more into the classics, try the Greek Isles, or, go for the flair of the French and Italian Riviera."

See your travel agent for more information on honeymoon cruising with Windstar or other lines. For information on Windstar, call 1-800-258-7243.

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## Champagne adds sparkle

Champagne is the most renowned of wines, and it's a time-honored tradition to toast the new bride and groom with a shimmering glass of champagne or sparkling wine.

Wedding planners offer the following tips for selecting and serving just the right bubbly for your special day.

• Figure on one bottle of sparkling wine for every six to eight guests.

• Have the table set with tulip-shaped glasses or champagne flutes. The wide-shallow glass is often seen at weddings, it's the worst choice for sparkling wines. A tall, slender glass allows the fine bubbles to rise without disappearing too quickly.

• Consider a California sparkler. These native wines have made great strides in recent years, and wine connoisseurs say the quality of many California sparkling wines is equal to their French counterparts. From the famous Champagne region, only sparkling wines made in Champagne can be called "champagne," or California wines with bubbles are called "sparkling wines."

Many of the California wineries are owned by French history. One of the best is Roederer Estate, the California sibling of the centuries-old firm of Champagne Louis Roederer, makers of the famous Cristal champagne. The Roederer Estate Brut is more affordable than real champagne, but many critics believe it's just as good.

• If budget is a concern, consider a

two-tier system: buy several cases of a lower priced sparkler for the majority of your guests and a few special bottles for the wedding party.

• Want to really make a statement? Don't reserve the sparkling wine for just the toast. Instead, serve sparkling wine throughout the entire meal and enhance the occasion's festive mood.

"The French have long known that champagnes and sparkling wines are perfect partners for a wide range of foods," says Roederer Estate winemaker Michel Salgues. Today's adventurous chefs serve sparkling wines with everything from light fish and poultry dishes with creamy sauces to spicy ethnic foods. Ask your caterer for menu suggestions.

• Consider Champagne or sparkling wine as gifts for the bridal party and anyone else who helped smooth the way for a perfect wedding day. A bottle of champagne and a champagne flutist will let them relive the happiness of your wedding with their own special someone.

• Give special guests a mom and dad, grandma, and your favorite cousin a cork from champagne popped for the occasion. Mark the corks "Sarah and Mike's Wedding," with the date, for a wonderful wedding memento.

And, when the wedding's over, let the romance live on. Create your own every-day champagne tradition, and keep the sparkle alive!

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# Beautiful brides have intimate secrets

It's the day you've always dreamed of and the day you'll remember for the rest of your life. It's the day you'll spend so much time planning, fight down to the last detail. And, it's the day you deserve to look your most beautiful!

While finding the right wedding dress traditionally has been one of a bride's biggest challenges, increasingly, modern brides are discovering that what goes under the gown is as important as the wedding dress itself.

From feminine, lacy silhouettes for the traditional bride who wants to show her romantic side to sleek, simple shapes for the modern bride to body-shaping lingerie for fashion's slimmer and body-conscious designs, dressing from the inside out for that special day has never been easier — or more comfortable.

Bridal lingerie is synonymous with romance, and that means a strong renewed interest in lace. The exquisite beauty and delicate detail of handmade

lace has made it much sought after for special occasions since it was introduced in the late 19th century. And, now, lace is made even better than ever, thanks to Lycra®. Lace with Lycra® not only brings femininity to your trousseau, but also brings a new dimension in comfort, fit and softness. It moves when you move, relaxes when you relax and isn't it by like traditional lace used to be.

Dressing for your wedding day means selecting your intimate apparel carefully. The right undergarment is the foundation of a beautiful silhouette. And, today's feminine lingerie doesn't have to be constricting, blinding or uncomfortable. Revolutionary new Lycra® Soft offers intimate and history unprecendented resilience and softness for the active lifestyle of the modern bride. Combining comfortable control that moves with you and a non-binding non-restrictive fit, shapes made with Lycra® Soft allow brides to be confident and comfortable and to think about nothing other than their underwear.

Brides also can turn to their lingerie drawer for a solution to fashion's new sleek bridal designs. Figure-carving camisoles and seamless bra cups made with Lycra® give brides a natural, supportive second skin fit and can be paired with panties with Lycra®, boy-leg shorts, thigh or ankle-length leggings for a smooth, stay-in-place fit.

No matter what your fashion preference, intimate apparel made with Lycra® gives brides the support and freedom of movement you need to be confident, comfortable and beautiful on one of the most important days of your life. For a limited time, Dufont is offering "Intimate Details," a consumer-friendly, comprehensive guide to lingerie styles, sizes, fabric and fit. Send a self-addressed, stamped, business size envelope to Dufont, 1675 Broadway, 3rd Floor, New York, NY 10019.

For more information about how to find intimate apparel made with Lycra® in your area, call 1-800-64-LYCRAS.



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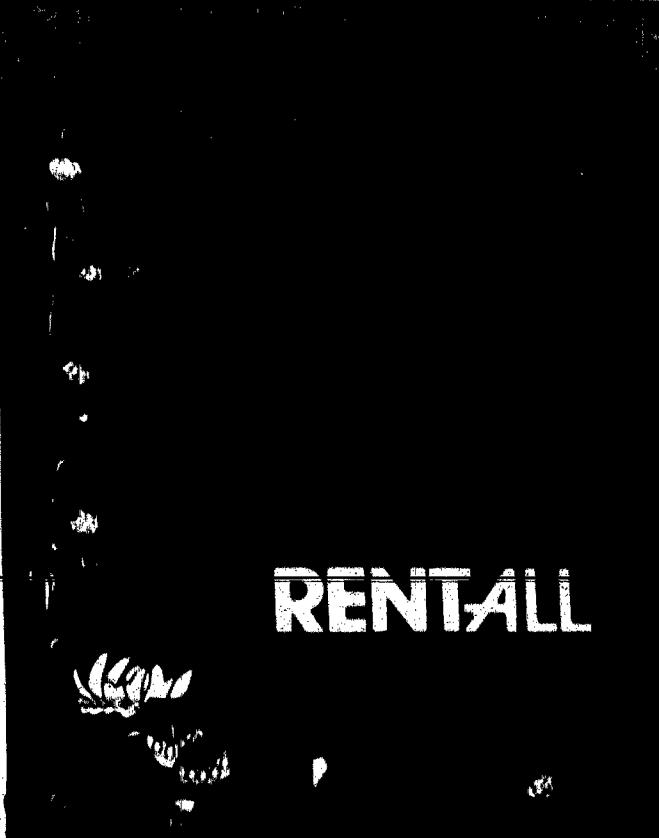
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# RENTALL

## Your kitchen should be equipped with best tools

After you've chosen your china pattern and wrapped the last piece of silverware, it's time to buy functional items to help you cook everyday — right from your company's kitchen.

When you're equipping your new kitchen, remember that half the battle of being a good cook is having the proper tools to do the job.

According to experts, there are three indispensable tools to outfit your new kitchen: a good professional cutlery and cookbooks.

Food processors are great time-saving tools and now are available in large sizes (9 and 13 cup) and smaller sizes. For example, KitchenAid, the maker of premium appliances, has just introduced the little Ultra Power food processor, a 2-cup version of its top-rated bigger model. Designed for everyday use, it


comes with a miniblend for smaller jobs like chopping herbs or mincing garlic. It's designed for easy cleaning with non-stick cracks and crevices.

High quality kitchen cutlery can last a lifetime, but quality also makes knives safer and more comfortable to use. Choose knives with a metal bolster between the blade and handle to add weight and balance and to ensure safety. Knives with high-carbon steel are best, like Four Star and Professional from J.A. Henckels. These knives are an exclusive new process called Supermetal Component Technology. To produce blades with optimum cutting performance.


The most popular cookbooks for new buyers offer tips from professional chefs on making tasty gourmet recipes that are easy to prepare.

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Outfitting your kitchen with high quality products and the proper utensils can make cooking every day easier.

## Living happily ever after in the kitchen

Can two people who are used to the pace of their respective kitchens find true happiness and culinary success working together in one kitchen? Absolutely, according to wedding expert Abigail Kirsch. Kirsch has been responsible for orchestrating thousands of weddings and has used her knowledge and experience to create, with the help of Susan M. Greenberg, "The Bride & Groom's First Cookbook, Recipes and Menus for a Cooking Together in the 90's" (Doubleday).

This cookbook is great for helping young couples achieve sophisticated tastes, stay out-of-balance. Their kitchen skills and available time. Kirsch offers basic information, like tips for before one enters the kitchen, lists of necessary equipment, tips for serving, storing and varying recipes, and what to have in a well-stocked pantry.

With recipes and information that will be helpful through the years, "The Bride & Groom's First Cookbook" is the perfect addition to any newlywed kitchen.

### LEMON CHICKEN WITH CAPERS

Preparation time: 15 minutes  
Cooking time: 14 minutes  
Makes 4 servings

- 1 cup all purpose flour
- 1 cup dry unseasoned bread crumbs
- Salt and freshly ground pepper
- 4 1/2 ounce whole skinless and boneless chicken breasts, halved to make 8 pieces
- 4 tablespoons virgin olive oil
- 1/4 cup dry white wine
- 1/2 cup chicken broth (fresh or canned, unseasoned)
- 2 tablespoons minced capers
- 2 teaspoons grated lemon zest, dried

4 tablespoons (1/2 stick) cold sweet butter, cut into pieces

Garnish:  
3 lemon wedges

1. Preheat the oven to 200 F.  
2. Combine the flour and bread crumbs and season with salt and pepper. Coat both sides of the chicken breasts with the flour and bread crumb mixture.

3. Heat the oil in the sauté pan until hot but not smoking. Sauté the breasts, 4 pieces at a time, on high heat for 2 minutes. Turn the chicken with tongs, lower the heat, and sauté for 2 to 3 minutes more. Chicken breasts are done when the centers are opaque and the juices run clear. The chicken breasts should not touch one another in the pan or they will begin to steam.

4. Remove the cooked chicken breasts to the ovenproof serving platter. Put the platter in the warm oven.

5. Reduce the heat to low and add the white wine and chicken broth to the sauté pan. Stir well, scraping up any particles of chicken that were stuck to the bottom of the pan. This is called "deglazing" the pan.

6. Add the capers and half of the lemon zest. Simmer for 2 minutes; the sauce will reduce by one third. Whisk in the butter pieces until melted. The sauce should have the consistency of a simple syrup.

Serve: Pour the sauce over the chicken and sprinkle with the remaining zest. Garnish with lemon wedges and serve with hot buttery pasta.  
Cook's tip: This recipe works just as well with slices of veal scalloped in place of the chicken.



# Thanking everyone

In the weeks prior to the actual wedding ceremony, the bride's house will start to look like it does at Christmas. Packages and boxes of all shapes and sizes from various guests and well-wishers will be arriving daily. In this time of excitement, organization is the name of the game. One of the most important tasks that the bridal couple must complete is the overwhelming job of writing thank you notes to all who sent gifts. The job of writing these notes is so time-consuming,

because they must be written; a verbal thank you is not enough. The only verbal note that can be sent is a telegram, which can get costly when sending to a large number of guests.

Wedding gifts are given to both the bride and groom. When writing a thank you note, be sure the signature reflects both of them. Writing the notes is not just the task of the bride, so be sure to put the groom to work. One idea is for the groom to write to his friends and the bride to hers.

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### Weddings ?

When should you have a dress after it has been stored?

Did the wedding party remember to have their dress clothes cleaned after their last special occasion or do they need touch up pressing to look their best?

When making your next dress is coming to a store bought dress how long you have if the sequins, beads, pleats or material is compatible with the cleaning method you intend to use?

Do you have the phone # for Karen or George of K & G Cleaners posted by your phone to get the right answers to these and any other questions you may have?

### Dry Cleaning ?

Does your next dress need to be cleaned or pressed before the wedding and when should you have it into the cleaner's? The in-house clothes make. Will the cleaners let you look the dress over after its cleaned but before it's boxed for storage?

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## The final countdown

# Tips to keep you from going crazy

After all those months, and even years, of planning, your wedding day has almost arrived. However, with the wedding almost one month away, the final details must be taken care of. You may be driving yourself crazy trying to remember everything that needs to be done, so the ceremony and reception will go off without a hitch.

To ease the tension you may encounter during the next month, Modern Bride magazine offers some helpful tips to ensure that all tasks will be completed, so you can relax and enjoy your wedding day.

### THE MONTH BEFORE YOUR WEDDING

- Develop an orderly system of tracking guests' responses.
- Discuss the bachelor party with your fiancé. Suggest the event be scheduled at least a week before the wedding day.
- Call the caterer, and finalize the menu. Be sure the cake has been ordered.
- Give your caterer a reliable estimate of the number of guests expected at the reception.
- Confer with the florist to be sure

everything is ordered. Confirm the time that flowers will be delivered and decorations will be completed.

- Arrange the transportation schedule for the wedding party.
- Make certain you are insured against damage or loss in transit.

### TWO WEEKS BEFORE THE WEDDING

- Set a date with your fiancé to get your marriage license.
- Be sure all clothing and accessories for the bridal party are in order.
- Submit your wedding announcement and photograph to the society editor of your local newspaper.

• Change your name on your bank account, Social Security card, license, insurance and other documents if you are assuming your husband's last name.

- Call guests who have not responded to their invitation to ask if they'll be attending.

### ONE WEEK BEFORE THE WEDDING

- Confirm ceremony vocalists and

musicians, and recheck your musical selections.

- Present a small gift or note of appreciation to friends and relatives who did special favors and made the planning run smoothly.

• Add last minute acceptances, and phone your caterer with the final guest count.

- Do a final check on details with your florist, caterer, sexton, clergy, musicians and photographer.

• Finalize your honeymoon plans, and begin packing.

### ONE DAY BEFORE THE WEDDING

- Have a manicure, pedicure and even a massage to pamper yourself.
- Attend the rehearsal. Review all important duties with the principals in the wedding party.
- Give ushers the list of guests to be seated in the reserved section.

### THE WEDDING DAY

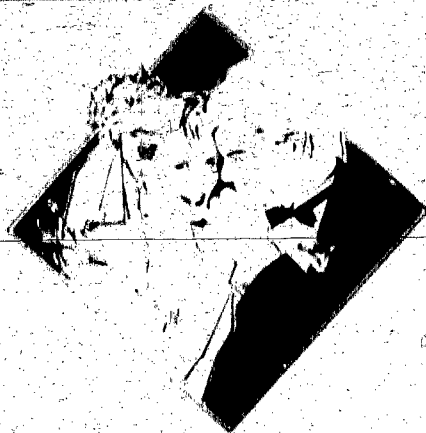
- Rest and thoroughly relax in a nice, warm bath.
- Allow plenty of time to dress about two hours before the ceremony, if possible.
- Have a wonderful wedding, and enjoy every moment.

## Casual elegance can break tradition with style and class

Setting out to break a few traditions on your wedding day? If so, do it with the style and class found in this bridal tuxedo from the Vera Wang Bridal Collection. This beautifully tailored silk crepe tuxedo suit has an elegant satin lining at the buttons, lapel and pockets.

This alternative to the traditional

gown is the perfect option for the bride who wishes to be feminine and flirtatious, yet tailored. The design gives the bride an aura of sensuality and minimalism, along with the allure of sophistication. This unique wedding ensemble is perfect for other special occasions. The suggested retail price is \$2,950.



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 Hamburger buns, white or wheat would be good with meat trays

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# LEISURE TIMES

A bi-monthly publication for Senior Citizens

January 28, 1968

Contact your local newspaper

## Quilting talent helps fund mission projects

By Bernice Blech  
Church and Republic  
OPAROND  
Monday, 1 p.m.  
Quilting.

That note has been on the Emmanuel Lutheran Church calendar for more than 77 years.

And, just as it was at the beginning, mission projects are the beneficiaries of the talents, mostly a small but dedicated group of women here.

It was in 1924 that Elizabeth Finkhaber invited women of Emmanuel Lutheran in Oparond to organize a quilting group. In addition to allowing women to use their quilting skills, the proceeds from their efforts would be donated to various mission projects. Plus, it would provide a time for fellowship.

An Oparond native and retired nurse, Mrs. Finkhaber had moved back to the community in 1967 with her husband, Karl, who had retired after many years as a parochial school teacher.

Mrs. Finkhaber worked as a nurse on a part-time basis at Emmanuel General Hospital until 1978. She is now a resident of Oparond General Care Center and is no longer able to join the group for quilting.

Fern Knack now serves as coordinator for the group. She was joined on a recent Sunday afternoon by Emma Pfandl and Rosa Buchholz. The trio used the afternoon to reminisce about the group's activities throughout the years.

Pieced quilts are brought to the women for quilting. Some are return "customers" who have a tradition of giving quilts as gifts for special occasions. Other quilts are completed for the owner's enjoyment.

The charge for the labor is by the yards of thread used. In the beginning, the charge was three

cents per yard. The fee raised to five cents, then 10 cents and continued with gradual increases. By about a nickel a yard to the present price of 30 cents per yard. In some cases, quilt owners express their appreciation to the women by giving an added donation.

**"To keep our fingers nimble, creating beautiful quilts for others and helping to spread His word."**

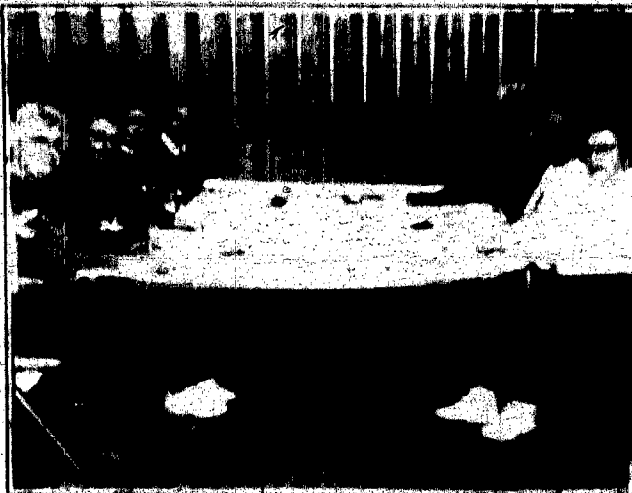
A recent fund-raiser for the church was a quilt sale. The women brought quilts, lap robes and wall hangings for the women to quilt since the beginning.

Looking through the entries, one finds a charge of \$4.30 assessed for a baby quilt which the group completed its first year. On the upper end of the charges were \$132 for an "overstuffed" queen size quilt and \$120 for a queen size quilt completed in the past year.

Some of the quilts are made from commercial patterns while others have been personally designed by the same in her room. "We've done some king size quilts, but we kind of hew in it because we really don't have the room," Mrs. Pfandl said.

Some seven to 12 women gather each Monday for the quilting project. Since the quilting is done in the fellowship area of the church, the plans are changed if there is a funeral or other activity scheduled. "If that happens, we quilt on Tues. day," Mrs. Knack said. Regular hours are 1 p.m. to 2 p.m.

The group takes a break during the afternoon and enjoys snacks brought by members on a rotating basis. The treat may be something made special for the day, or Mrs. Buchholz said, "It might be left overs," depending if it's holiday time or maybe the member had company for dinner the day before. The quilters displayed another talent the



At work at their hobby of quilting from town to town are Lorraine Fleming, Fern Knack, Helen Knapp, Edna Kumm, Clara Gutz, Lorene Fleming, Edna Kumm, Helen Knapp, Edna Kumm, Clara Gutz and Emma Pfandl.

day, the accompanying picture was taken shortly after New Year's Day. Each had brought Christmas cookies and candy, and the lady coordinated a homemade varieties.

The group usually completes six or seven quilts per year, working from September through May. However, if they don't get the time on the frame finished by the end of May, they go on into June to complete it. Their quilts have been sent to recipients in Florida, Wisconsin, Illinois and Colorado.

Occasionally the group is asked to participate in special programs for the congregation. They've done such readings as "Godwin's Hands" and "Patchwork," which has one might expect has a quilting theme.

While the eyesight of some members is not as sharp as it once was, they still thread their own needles. Lorraine Fleming joined the group as needle threader and then decided to join in the quilting. Lorraine Wiss has become the "official" needle threader on days she can attend.

the women and Emma Bell Gady to her secret as quilt "maker."

As the reminiscing continued, names of past and present quilters came to memory. Helen Knapp, Edna Kumm, Clara Gutz, Edna Kumm, Norma Buchholz, Lydia Kumm, Lorraine Schultze, Lorene Kumm and the late Bertha and Rosa Pfandl. Frieda Brummond, Ella Warruck and Wilma Schneckloth. Others have helped for short periods of time.

The money realized by the project has frequently gone to Lutheran Bible Translators and Bethesda Home. Last year a gift was sent to North Dakota flood victims. Another gift of the group was quilting the community's centennial quilt at no charge.

Anyone on the community is welcome to join the group, "and we'd love to have them," she told.

As entry to a church activity report sums up the women's mission: "To keep our fingers nimble, creating beautiful quilts for others and helping to spread His word."



### Employees reunion

Ten women who had been employees of State National Bank 52 years ago met recently at The Oaks for a luncheon and reminiscing. Dorothy Meyer, who recently moved back to Wayne, helped organize the meeting in an attempt to get reacquainted with her former co-workers. The group discussed activities that took place at the bank which was located at the corner of Second and Main Streets and owned by Hollie Lay. Those attending the gathering were, back row, left to right, Pearl Youngmeyer, Verna Hees, Edna Meyer, Elda Jones, Bernadine West and Lois Roberts. Front row, Ruth Johnson, Jane Macklin, Leora Austin and Dorothy Meyer.



The Oaks Assisted Living Unit in Wayne is licensed by the State of Nebraska as a Residential Care Facility. The private studios and private suites are awaiting prized-possessions

to personalize their new home. Assisted Living Unit includes three meals per day and assistance with daily living needs. The staff is on duty 24 hours a day to monitor medications, the urgency call system and attend to personal needs. The Oaks Retirement Community offers a Wellness Program for its residents. Exercise classes are held daily and are designed to promote flexibility, strength and endurance. Aerobic exercise equipment is available

for individual use and the indoor hallways furnish a warm place for walking.

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## '98 Social Security changes

Social Security Commissioner Kenneth S. Apfel announced that Social Security and Supplemental Security Income (SSI) benefits will increase 2.1 percent.

The increase will begin with benefits that Social Security beneficiaries receive for December 1997, which will be paid in January 1998. Increased payments to SSI recipients will begin on December 16. The automatic cost-of-living adjustment is made annually.

Today's news confirms that inflation remains under control, Apfel said. Low inflation is good for America, particularly for many Social Security beneficiaries with limited incomes.

For Social Security beneficiaries, the average monthly benefit amount for all retired workers will rise from \$749 to \$765. The maximum federal SSI monthly payment for an individual will rise from \$400 to \$411. For a couple, the maximum federal SSI payment will rise from \$2,400 to \$2,466.

Social Security and SSI benefits increase automatically each year based on the rise in the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W) from the third quarter of one year through the corresponding period of the next. This year's increase in the CPI-W was 2.1 percent.

The automatic increase is the lowest since December 1986 when benefits started received a 1.1 percent increase and is the second lowest since the automatic adjustment became effective in 1975.

### Topics on the Internet of interest to elderly

Services Search - The <http://www.ageducation.com/whomsearch/homecare.tory.htm> has announced the launch of a new Internet search engine for the over 50 age group.

There are more than 500 search engines on the Internet, but Services Search is the only one exclusively for the 50 plus Internet user.

### Check out web page

To learn more about the services provided by the Nebraska Health and Human Services System, check out their Web Page at <http://www.hhs.state.ne.us/>

The page offers information ranging from aging services to family health to welfare reform.

More information is added virtually everyday, so check in often.





### Century Club celebrates!

Performing during the 5th Anniversary Celebration of the Century Club are at left, Bob Haberer, Jill Markel, and Joan Keller. At right, Emily Haberer, Taylor Markel, and Chandler Markel, the little show stealers. The club's party was held at Riley's in Wayne.



# Medicare costs increase

The 1997 increases in the hospital costs payable by Medicare beneficiaries — the Part A hospital insurance deductible and the Part B medical insurance premium — were announced this month. The deductible and the premium are recalculated each year to reflect changes in the costs of health care or changes in Medicare law.

The Part A deductible for beneficiaries admitted to hospitals in 1997 will be \$764, an increase of \$4 over

this year's \$760. The monthly Part B premium will remain at \$43.80. These relatively modest increases for 1997 reflect increases in Medicare spending lower than previously projected.

The Part A deductible is a beneficiary's only cost for up to 60 days of covered inpatient hospital services during a benefit period. A benefit period begins when the beneficiary enters the hospital and ends when he or she has been out of the hospital or a skilled nursing facility for 60 consecutive

days. The Part A deductible is based on the rates that Medicare pays hospitals for inpatient care.

For hospital stays longer than 60 days, a beneficiary will be responsible for \$191 per day for the 61st through 90th days, and \$302 per day for the 91st through 150th days.

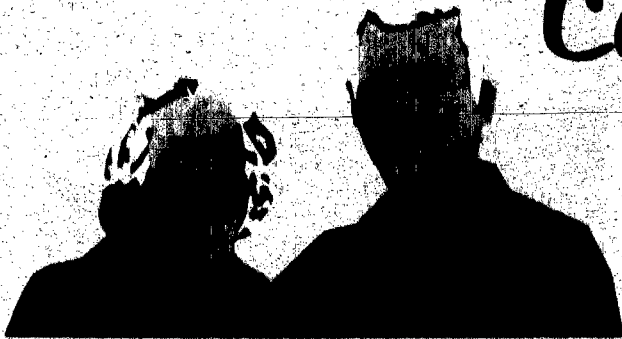
When a beneficiary needs therapeutic care in a skilled nursing facility after at least three consecutive days of inpatient hospital care, Medicare pays 100 percent of covered

expenses for the first 20 days. The beneficiary is responsible for \$93.50 per day for the 21st through the 100th day.

Part B Medicare helps beneficiaries pay for the services of doctors and other medical practitioners, hospital outpatient services, independent clinical work, and durable medical equipment and supplies. The premium is determined by a formula set in law to cover 25 percent of current estimated costs.

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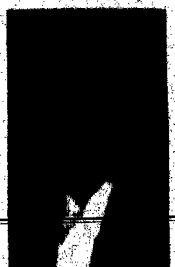
- A minimum balance of \$1,500 in either a Checking or Savings Account or
- Certificate of Deposit valued at \$15,000. A joint account covers both husband & wife.

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Olivia Otto,  
Coordinator



# Heath: The secret to long life is to keep living

By Martha Brunsari  
Special Advertising

**BETH HEATH**, 94, from Newton's first love of motion is being proved on a daily basis in Northeast Nebraska.

Bertha Heath of Heiden has come to the same conclusion as Newton did over 400 years ago — a body at rest tends to remain at rest, a body in motion tends to remain in motion.

The 94-year-old Bertha Heath has kept in constant motion.

Although Bertha and her husband, Lloyd, retired from farming and moved to town in 1971, she has continued to be active.

Lloyd passed away in 1987. Bertha presently lives with one of the founders of Heiden's Senior Citizen Center Club in 1986.

She was president of the club in July 1991 when she took her top. Her 28-day stay in the hospital resulted about the only time she missed a morning coffee.

She is often seen at the Heiden Club and is always a fun to be with. She is also a member of the Heiden Club and is always getting her hands on the best at it home.

She is usually not much longer until the next time she is home in the club.

One of her fondest memories of her involvement in the community was when the Senior Citizen Club used to make quilts as a fund-raiser.

"Some quilts we raffled off for more than \$700," Bertha said. "Some of the things the money was used for was a new refrigerator and air conditioner for the club."

It was a lot of fun and everyone would work on the quilts together, she said. "It was a great time to socialize and to do something worthy for the community."

Throughout the years, the quilt-making has declined along with the membership.

An active member of the Senior Citizen Club, she is a familiar face at several other Heiden organizations including the Heiden Club, the Heiden Senior Center, the Royal Neighbors Lodge and the Presbyterian Women's Association. In the early 1990s, Bertha was chosen

as "Woman of the Year" by Union Presbyterian Church and has

she worries about the future of small-town organizations in today's busy world.

"There used to be a lot of members in each club and now some have even had to be disbanded due to lack of members," she said.

When she isn't going to club, she keeps busy by visiting friends and keeping in touch with family members.

"I guess I've always had a busy life and feel that's the secret to staying young. We worked hard on the farm and there was always something to do."

When asked what her favorite craft was, she replied, "My craft was always on the tractor. I've driven just about everything from a Farmall to a John Deere to a Case," she recalled.

When she wasn't on the tractor, she was at the club.



Bertha Heath with one of her quilts she received for being Woman of the Year.

also received a letter of recognition in recent years for her involvement in the church.

By HEATH, Next Page

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**Mildred Martin**

Mildred was born on Oct. 20, 1909, in ArFington. Mildred moved to Hartington in 1924, with her family. In 1926, Mildred married Milo Martin. They have two daughters, Helen and Shirley. Mildred has several grandchildren and great-grandchildren and two great-great-grandchildren. Milo died in 1984.

Mildred is a member of the Congregational Church in Hartington. She was involved with women's fellowship through her church. Mildred and her husband were in a wholesale plant business.

Mildred enjoys attending nursing center activities, she is an avid listener of talking books. We're happy Mildred chose Hartington Nursing Center as her home away from home in Aug. 1998.

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# Bertha Heath

Continued from page 4

she was hauling grain to the elevator in a Chevy truck.

Between farming and other activities Bertha and Lloyd raised five children: Norma Anderson now in Commerce, Ky., Cole, Arlene Gaskin in Fort Pierce, Fla., and Betty Hank who lives in Carroll. Her other two daughters Vera Heath and Edna Mainord, have since passed away.

Bertha believes it's important to take an active part in the community as it benefits both the community

and the individual.

"I've always enjoyed people and there are a lot of nice people in Holden. If it wasn't for my involvement in the clubs, I wouldn't have been able to obtain the friendships I've acquired over the years."

She will show up for coffee to-morrow even if she's a bit tired or the temperature is a little colder.

The momentum she has built up over the years won't let her "slow down."

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February 1990

February 2

Menu: Beef Stew, Cheese Slice, Peas, Cornbread and Strawberry Shortcake. Activities: Crafts, Coffee & Rolls 10:30 a.m. and Dr. Gilligan on Foot Care.

February 3

Menu: BBQ Meatballs, Hashbrown Casserole, Wax Beans, Fruit Salad, WW Bread and Cookie. Activities: Bingo 12:30 p.m.

February 4

Menu: Souffle, Corn, Lettuce Salad, WW Bread and Pickling. Activities: Coffee & Rolls 9:00-10:30 a.m.

February 5

Menu: Ham, Scallops, Pot., Peas, Tomato Juice, WW Bread and Sandwich. Activities: Bridge 9 a.m., Pool 11 a.m., Card Party 12:30 p.m.

February 6

Menu: Fish, Creamed Pot., Coll. Beef, Jello, WW Bread and Plums. Activities: Playable.



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# Contest focuses on women making history in Nebraska

Celebrate and share the missing contributions of your grandmothers, mothers, daughters, sisters, wives, friends and others in a traveling exhibit: *Living The Legacy Of Woman's Rights: Celebrating the Lives of Nebraska Women, 1848-1998*.

In observance of the 150th anniversary of the women's rights movement, the Nebraska Commission on the Status of Women is organizing a photographic retrospective of the lives of Nebraska women from 1848-1998.

The purpose of the exhibit is to portray the changing and remarkably diverse roles of Nebraska women during the past 150 years. The exhibit will be open to the public by Fall 1998 and will travel to various sites across the state.

Students in grades 9 and above are also eligible to enter the contest by entering a photo and an essay.

Entries should include:

- Women at Work: Outside the Home (homesteading, agriculture, trades, professions, factory work, health care, teaching, etc.)
- Women in the Church and other Religious/Spiritual roles.

■ Women as Caretakers of the Family and the Home

■ Women in Public Life (appointed and elected officials, public servants, volunteers, tribal leaders, political candidates, community activists)

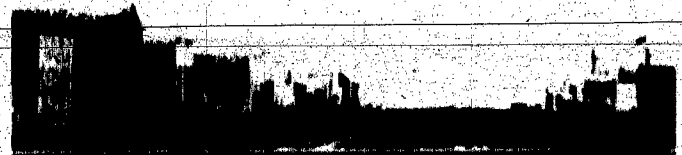
■ Women in the Military

■ Women in the Arts and Cultural Life

■ Women in Athletics and Leisure Activities

The chosen submissions will be included in the traveling exhibit. A committee of judges appointed by the Commission will select entries by late spring or summer. The winner will be honored with an award and the student's work will be featured in the exhibit. Students who receive an honorable mention will also have their submissions included in the exhibit. The deadline for submissions is May 1, 1998.

Contact the Nebraska Commission on the Status of Women for complete rules: P.O. Box 94905, 301 Centennial Mall South, Lincoln, NE 68509, by phone (402) 471-2029, by FAX (402) 471-5655, or E-mail: nsw@mail@mail.state.ne.us



# NEBRASKA TIMELINE

by the Nebraska State Historical Society

Both World Wars I and II offered American women the opportunity to temporarily fill jobs on the home front vacated by men entering the armed forces. In some instances this caused a shortage of labor in certain previously "female" sections of the economy. The *Omaha Daily News*, Aug. 17, 1916, reported on the lack of applicants for traditional women's jobs in factories and private homes:

"Omaha is facing a shortage of woman workers. Housewives and factory superintendents are sending both a practically unanswered cry for help.

Never in our experience has there been such a dearth of woman machine operators," said Frank H. Debeck, foreman for the M. F. Smith & Co. Employment Bureau report

a similar shortage of domestic help. Many housewives who cannot obtain meals have practically closed their kitchens, the families taking their meals at the hotels, restaurants and clubs." One Omaha housewife told the *Daily News*, "We found it so difficult to find a competent maid that we have been sort of camping out this summer, eating wherever we chose." Only in retail sales was the situation less than serious, and even in that field there were more jobs than female applicants.

The labor situation changed after the end of both World Wars I and II when returning American soldiers reclaimed their jobs, reversing many of women's wartime gains in employment.

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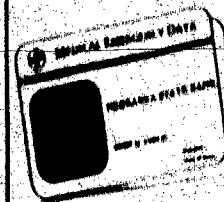
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# SSC Seniors enjoy shooting pool at Center

By Julie Gelper  
Staff Writer

There is no age limit on playing pool at the South Sioux City Senior Center.

Several of the regular players are in their 80s, including South Sioux City's Charles Anthony John Ferraro and Chas Whittick, who will be 90 in February.

Recently, Whittick knocked two striped balls down various holes, one right after another.

"I was just lucky this time," he said modestly.

"We mostly come over here to play pool and enjoy ourselves," said Maurice Berg of South Sioux City, who started pool tournaments in South Sioux City more than 15 years ago with the late Tom Everinghamer.

It gets in out of the house and we have some fun," he said.

Three tournaments are held each month with the South Sioux City pool players challenging players from Laurel, Wakefield and Fremont according to tournament chairman Gerald Condit of South Sioux City.

Teams are limited to 10 players each. There isn't much competition at who gets to play. The first 10

names on the sign-up sheet play in the tournament, said Condit.

The tournaments are rotated bi-monthly between the Laurel and South Sioux City centers.

Each year the centers elect tournament chairman and co-chairmen. The South Sioux City co-chairman is John Ferraro.

Scorekeepers are Bernice Berg, Dorothy Condit and Carol Hamer found — wives of the some of the tournament players.

Were also cheerleaders, said Mrs. Berg.

Winners of the tournaments win the honor of having a traveling trophy.

On this particular play day, South Sioux City had lost them all, reported Berg.

When there's no tournament, it's practice, practice or it appears that it's more play and fellowship at the South Sioux City Senior Center.

For a 80-cent daily donation, anyone can pick up a pool cue and rack the balls at the Center.

At the senior center, located at 1501 W. 29th St., most often its men who are found playing friendly competitive games of eight ball.

There are about 30 regular pool players from the Siouxland area, according to Dorothy Condit.

From South Sioux City, regular



South Sioux City's Don Lundahl gets ready to take a shot in a pool game at the South Sioux City Senior Center. Playing pool is a daily happening at the center.

players include Condit, Ferraro, Berg, Whittick, Austin, Horan, Rod Black, Don Lundahl, Hop Hallstrom, Kenneth Hirschman, Carl Lyvine, Dick Peterson, Virgil King, Ellis Linafelter and Clarence Condit. Others include Len Bauerfeld of Sergeant Bluff, Iowa; Jerome Mackay of Jackson, Shirley Hughes, of Dakota City; Alwynne Miller, Len Bonich, Bill Seale, Bill

Gear, Frank Ryan, Herb Berg, Red Hicks, Fritz Faltan, Bob Fletcher and Carl Larson, all of Sioux City.

Until recently, Henry Koster and Oscar Smith also played, but both are now living in local nursing homes, said Mrs. Berg.

This is their second home," said Mrs. Condit, adding that they often can be found at the pool tables every minute the center is open.

## Greater Siouxland Fair changed to July 15-19

Five horse racing and 141 Live West festivities just won't miss, decided members of the Dakota-Thurston County Fair Board, so the Greater Siouxland Fair dates have been moved from the traditional middle of August run to July 15-19. The decision was made at a Dec. 16 meeting of the joint Dakota-Thurston County Fair Board on a 13-acre site.

The change was deemed necessary after it was learned that the Nebraska State Racing Commission issued Atokad Race Track 22 days of

live racing beginning Aug. 14. Fortunately, both the carnival and the rodeo were able to be rescheduled for the new dates. Fair board members are in the process of lining up entertainment.

The board had considered holding the fair at several other locations but checked against that. The date change will mean that some garden products may not be ready for sale but 4-Hers should be able to adjust their projects to meet the new time frame.

## Rachel's Haven in Dakota City expands to 12 beds

In less than two years since its grand opening, Rachel's Haven in Dakota City has expanded its home-style assisted living facility.

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bedrooms with 12 beds for the elderly, who can't stay at home alone any longer, but yet don't need the skilled full-time care of a nursing home.

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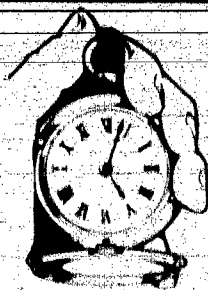
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## Retirement Party

Hastington Public School Superintendent Don Flakus presented remarks during a reception recently honoring Doris Christensen. Christensen retired as the Food Service Manager at Hastington Public Schools after nearly three decades of service to the school.

## Sacred Heart Hospital

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Urology



Dr. Boudreau joined the Sacred Heart Hospital medical staff on January 19. A native of Nova Scotia, he is a graduate of Dalhousie University in Halifax. He completed his residency in urology and his clinical fellowship in oncology stone disease also at Dalhousie University.

Dr. Boudreau will establish his independent practice of urology on the fifth floor of the Benedicline Center, 1000 W. Fourth St. in Yankton. Appointments can be made by calling (605) 668-8700. Welcome to Yankton and to Sacred Heart Hospital, Dr. Boudreau!

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# Public-private partnerships are key to increased mammography usage in Neb.

**LINCOLN** — The state's survey on the prevalence of major health risk factors among adults indicates Nebraska has achieved the Healthy People 2000 Objective for breast cancer screening.

"The Good Life keeps getting better and the rapid increase in mammography screening demonstrates the commitment to preventive health and public wellness in our state," said Jesse Rasmussen, Director of the Nebraska Department of Health and Human Services. Five years ago, Nebraska ranked second to last nationally for mammography usage. Today, we celebrate the achievement of the Healthy People 2000 breast cancer screening goal — two years early.

The year 2000 objective sets a goal of 60 percent as the proportion of Nebraska women 50 years and above who will, in the year 2000, report having had both a mammogram and a clinical breast exam within the past two years.

The Nebraska Behavioral Risk Factor Surveillance System (NBRRSS) data indicates this goal was met. The NBRRSS is a telephonic survey developed by the Centers for Disease Control and Prevention (CDC) and used in all 50 states, the District of Columbia and three territories.

Coordinated efforts of public health programs, health care providers, community agencies and nonprofit and

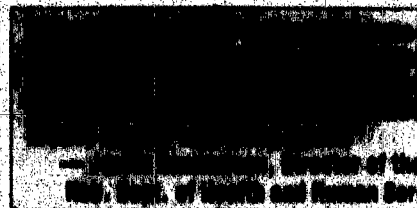
private sector organizations have resulted in the increase of mammography usage.

The efforts of the Neb. Medical Association, the American Cancer Society, The Humderbruch Corporation Nebraska (the Medicare consumer advocate) and the Nebraska Department of Health and Human Services have helped achieve the Healthy People 2000 mammography objective.

"We are pleased the trend for increased breast cancer screening continues and the message about the importance of early detection has reached many Nebraska women who are in their prime of life," said Dr. Anton Piskac, principal clinical coordinator of the Humderbruch Corporation Nebraska. "However, there are still many women we call mother, sister, daughter and neighbor who have not gotten the message or do not have access to breast cancer screening.

The NBRRSS data reveals the frequency of breast cancer screening varies considerably by demographic and socioeconomic factors. Women who are not as likely to have had both a mammogram and a clinical breast exam in the past two years are older, less affluent, less educated and live in the rural areas.

The percentage of women within different demographic groups who report having had both a mammogram and a clinical breast exam in the past two years are as follows: 67 percent of women 50-64 years; 54 percent of women 65+ years



- 80 percent of women 50 years and above earning \$15,000/year
- 60 percent of women 50 years and above earning \$15,000 - \$25,000/year
- 41 percent of women 50 years and above earning less than \$15,000/year
- 77 percent of urban residents 50 years and above
- 55 percent of rural residents 50 years and above
- 67 percent of women 50 years with more than a high school diploma
- 50 percent of women 50 years and above with a high school diploma
- 45 percent of women 50 years and

above without a high school diploma. "For the past five years, our organizations have coordinated and combined resources to increase awareness among Nebraska women for regular breast cancer screening, encourage medical providers to refer these important exams for their clients and improve access to breast cancer screening," said Dr. Allen Devrak, president of the Neb. Medical Association.

"In a time when the word partnership is often spoken, our organizations have demonstrated that not only can public-private partnerships work, they achieve results and improve the health of our neighbors and our communities."

The great to get collective project is the distribution of the coping resource "Straight Talk About Breast Cancer." A copy of the book "Straight Talk About Breast Cancer" will be available free as a coping resource to every Nebraska woman newly diagnosed with breast cancer.

Over the past five years, the groups have also organized the annual Pink Ribbon Week Awareness Project which is recognized in the faith community as a special issue of Nebraska Health Journal devoted entirely to breast cancer issues which was nominated for the National Medical Authors Award and public awareness media campaigns to promote mammography.

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Jan. 28	W	Feb. 6	N	Feb. 18	OPEN DAY
Jan. 29	THU	Feb. 9	Y	Feb. 19	THU
Jan. 30	Y	Feb. 10	OPEN DAY	Feb. 20	Y
Feb. 2	SC	Feb. 11	W	Feb. 21	SC
Feb. 3	TU	Feb. 12	THU	Feb. 24	OPEN DAY
Feb. 4	OPEN DAY	Feb. 13	SC	Feb. 25	W
Feb. 5	THU	Feb. 16	N	Feb. 26	THU
		Feb. 17	TU	Feb. 27	N

**LEGEND:** N-Norfolk, Y-Yankton, SC-Sioux City, TU & THU Hartington, Magnet, Randolph, Belden, Laurel, Coleville, (Diamond for medical or hospital purposes on THU only), W-Wynot, OBert, M-Helena, Bow Valley, Fordyce and Hartington.

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Hartington Nursing Center Activity Staff are (l-r) Darle Folkers, Lois Kinney & Mary Ann Thoene.

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# Church sign offers hope to passers-by

By Julia Giegli  
Staff Writer

Sitting in his office chair, looking out the window, a local pastor has many cars a day passing by — 40,000 each day, according to one local city official.

"I thought it was a shame to have so much traffic, and not have someone to help them come closer to a faith," said Dale Jirounek, who began ministering at First Lutheran Church in South Dakota Avenue, four years ago.

About a year ago, the congregation decided to remedy the situation. The church members, especially first timers, were in front of it in creating a message sign along the roadway.

Even though the main reason for the sign was to advertise their church activities, what probably caught drivers' attention the most is the inspirational messages that are often found there.

The sign has evolved, said Jirounek. "We used to use it only for advertising," he said, "it's becoming heavy on inspirational messages."

For the last several days, it has said "Fear knocked on the door."



Pastor Dale Jirounek created a road sign ministry outside his South Dakota City church.

Faith, a powerful god no one was there. According to Jirounek, the thought-provoking message simply means "Faith overcomes fear."

"Our faith can overcome those fears," he said. "Because they had faith, they had no fear."

"It's not only a message board for our own members," said Jirounek. "It's a ministry to the passerby."

"I suppose the sign teaches a lot of



Keep watching — the message changes on it week

un-churched people who don't want to come in the church door to worship. But get something off the sign," he said.

Jirounek said he has gotten calls with positive feedback on the sign's message. He added that he's never had someone complain about the sign.

In addition to advertising the church's activities, and offering words to live by, the sign also serves as a community message board.

"We try to be reflective of the community," he said.

For instance, in November, the message encouraged people to vote. The latter occasion it has congratulated the local girls basketball team on their state championship win.

The sign holds up to 30 characters on each of its four lines, which sometimes, said Jirounek, create ways

to get words to fit in the board. Sometimes for one's single letters, such as "H" for the word "and."

Parish members and community members call Jirounek with inspirational messages for the sign. A member of his congregation also presented him with a year-long calendar of daily inspirational quotes.

Usually Jirounek changes the message each week. Church members have permission to the person who places the black letters on the sign.

"We try to keep it as current as possible," said Jirounek. "Every week and as life it gets behind."

Keep a close eye on the sign. It's almost time to change the wording again.

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## Driver's license express station opens Feb. 5

By Julia Giegli  
Staff Writer

It took a month longer than planned, but on Feb. 5, the Driver's License Express Station in Dakota City will open its doors for business.

The Express Station will be for those persons needing an identification card, learner's permit or driver's license renewal that doesn't require a written or driving test, said Eldon Makison, drivers license examining district supervisor of the Nebraska Department of Motor Vehicles (DMV).

In other words, persons with licenses that have not expired or have no violations can have their licenses renewed at the Express

Station, said Makison.

The Express station will be open on Mondays and Tuesdays from 8:30 am to 4:30 pm at the Driver's License Station, which is west of the Dakota County Courthouse, in Dakota City.

Originally, the Express Station was to have opened Aug. 1 of last year, but personnel problems and remodeling of the station slowed the process, said Makison.

The regular Drivers License Station is open Mondays and Tuesdays from 8:30 am to 4:30 pm in Dakota City. Those needing written and driving tests must appear on Mondays or Tuesdays to receive service.



# Conditions are perfect for area hunters

By Phil Carter  
Staff Writer

Walking across a tangled pasture on a crisp winter morning may seem boring to some, but to Todd Beacom it's heaven.

The Ponca native is just one of hundreds of hunters you'll spot out in a very scenic location in northwest Nebraska tracking deer or hunting pheasants during the fall.

"It's beautiful, this area," said Beacom, who is also a state probation officer working in Dakota City. "Usually deer hunt along the bluffs of the Missouri River and walk the rolling hills during pheasant season. This area is a perfect area for that type of sport and I think that's what keeps me in this area."

When people pass through small towns in Nebraska or their drive curvously of farmhouse after farmhouse on the interstate, they don't realize that the state offers some of the best hunting ground in northwest Nebraska. In fact, thousands of hunters nationwide come to Nebraska each fall just to hunt pheasants.

Beacom, 30, who has hunted pheasant since he was about 13 years old, knows just how generous the prairie land in northwest Nebraska can be to pheasant hunters. On a recent outing last month, he and eight other hunters spent a chilly, but sunny Saturday morning bagging one bird.

"We had five dogs out there with us and that made a big difference," he said. "We wouldn't have found half of those birds without a good dog."

A dog, a shotgun and some shotgun shells. It seems like that's all you need to be a good hunter, but it takes much more than that to be prepared for any hunting excursion.

For instance, Beacom says it starts well before sunrise for the hunter who has to set up for five hours of patience and precision.

"Shooting hours are usually a half-hour before sunrise," he explained. "If you're hunting for turkey or deer, though, you want to be out early and have your stuff set up well before sunlight. That way, you can sit down and be quiet and everything has a chance to calm itself down."

Most hunters typically have their weapons cleaned and inspected months before the start of the fall season, but it's the weather that can be the most unpredictable. That's why picking the right gear is very important because you don't want to forget the warmest clothing on a cold morning.

"I always dress warm and in layers," Beacom noted. "That way if it gets warm, you can take layers off to stay comfortable. And if I'm going to be out most of the day, I want to make sure I've got a bit of stuff with me in case the weather changes."

It's also important, Beacom says, to have the right boot and comfortable footwear when you're out walking.

"You don't want anything that's going to be slipping and sliding around," he added.

Most importantly though, a hunter should always wear something that's visible. Hunter's orange is mandatory during deer season in Nebraska, Beacom says, but it's important to be seen by everybody when it comes to safety.

So how you're set. Layered clothing, comfortable footwear, a shotgun, a dog and rising early to set up camp for a long day of tracking and shooting birds. Everything seems in place except the bird. One of the most im-



Todd Beacom of Ponca takes aim at a pheasant.

portant aspects of being a good hunter is being a precautionary hunter.

Whatever weapon you choose, you should know its ins and outs, Beacom pointed out. When you buy a gun or a bow, talk to a relative, a friend or someone in the pro shop that knows a bit about the weapon. You should always talk to someone before you go out and do it.

It's also important to know the territory around you when you're hunting. "Stopping off in a field or a pasture without permission to hunt or without any knowledge of the territory can be dangerous."

You have to know your surroundings, Beacom added. If you're out in the country, watch for farm buildings and cattle and make sure you

shoot away from roads.

People born in or after 1977 must take a hunter's safety course and an archery safety course, which Beacom teaches in the late summer prior to the start of hunting season.

"We really stressed you have to be alert and on top of things when you're out there hunting," he admitted. "You definitely want to consider your own safety, but it's also important to the safety of other hunters when you know what you're doing."

On a typical Saturday morning, Beacom and his 12-gauge will walk for about four hours when hunting pheasant. He says he usually returns to the same spot every fall, but also tries to incorporate different hunting ground each year.

"It's not good to over hunt an area," he added. "You can knock out a population that way or there might not be very many birds to go around the following year."

Despite having a successful morning of hunting pheasant with his group, which also included his brother-in-law Mike Carlson, brother-in-law Mike and Jon Schudell, and father-in-law Morris Schmidt, Beacom admits that pheasant season is enjoyable, but the spring turkey season is what he lives for.

Nothing gets your blood pumping more, he said with a smile. "The sun starts to shine and the turkeys begin to gobble. It's spring time, it's warm and I just love it."

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## Bloomfield Good Samaritan Center offers therapy for all kinds and ages

**BLOOMFIELD** — In the fall of 1995, the Bloomfield Good Samaritan Center started offering three Rehab services on an out-patient basis. Rehab therapies are important in the recovery process for millions of people in America. A common struggle shared by those in rehabilitation programs is that they are trying to achieve a long-term quality of life that has been altered because of an injury or medical problem.

"It is very important to us to meet our residents' needs to help with some of our community needs and to look to our future," said Vicki Stout, Administrator at BCSC.

We provide rehab therapies to our residents that meet those services and also provide out-patient physical, occupational, and speech therapies five days a week. People can receive these services in town instead of driving out of town. At times a week and people from the surrounding community can come the shorter distance to Bloomfield, she said.

Depending upon the nature of the specific illness or injury that caused the entry to the rehab program at BCSC, the professional team can in-

clude a variety of therapists and staff members.

A person receiving outpatient therapy would work with either the physical, occupational, or speech therapists, or a combination of the therapists," said Sarah Parker, R.N., Medicare/Rehab Coordinator. "A person needing intensive rehab therapy due to a more severe injury or illness can be admitted to BCSC for a short-term stay. During that time they would receive a variety of other services."

The goal of the professional Rehab team at the Bloomfield Good Samaritan Center is to work with people of all ages with physical disabilities and help them achieve their highest level of independence. The BCSC Rehab Team members for outpatient services include:

Physical Therapists work with patient residents to strengthen, regain, and maintain use of muscle groups and joints as well as decrease pain. The major aim is improving physical strength and balance, general mobility, balance, and coordination. The therapist strength therapeutic exer-

cises and secure the appropriate assistive devices such as wheel chairs and walkers when needed by the patient/resident. Physical therapists' focus is on the gross motor skills with range of motion and ambulation. They work espe-

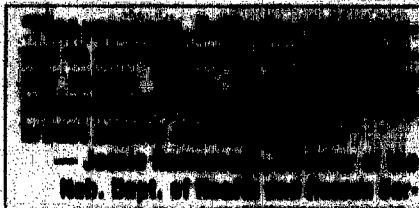
cially with the large muscles when assisting re-orienting patients/residents. Theresa Miller, PT and Linda Christensen, PTA, are the Physical Therapist and Assistant on staff.

Occupational Therapists help patients/residents who need to learn new and more efficient ways to help them regain independence with self-care skills (toileting, dressing, grooming, etc.) and functional preparation. Planned functional muscle strength, movement and

coordination, thinking, skills, and perception. They also help patients/residents and family members learn how to cope with the changes needed at home, such as adaptive equipment and structural modifications such as ramps.

Ron Kachura, CTRT, is the Occupational Therapist on staff. Speech Therapists help patients who have encountered speech or swallowing problems as a result of illness or injury. They work with language comprehension and expression, memory skills, thought processes, and alternate ways of communication. They also evaluate and treat any swallowing problems. Kristi Eschong, MA, CCC-SLP is the Speech Therapist on staff.

The Bloomfield Good Samaritan Center offers Physical, Occupational, and Speech Therapies five days a week to residents and out-patients. Our licensed therapists will provide free screenings for individuals in debt, some if therapy is appropriate. Anyone with questions about these rehab therapies should call Sarah Parker at 405.331.2234.



— Sarah Parker, R.N., Medicare/Rehab Coordinator, Web. Dept. of Rehab and Health Ser.

## Senior Reflections

"What do you think about the Bill Clinton, Paula Jones lawsuit?"

Compiled by Rose Rolfe  
Cedar County News



"He doesn't deserve to be president. If we can't have honesty at the level of the president, what kind of an example are we sending to our young people?"

Kathy Wintz Abts  
Harrington



"I don't know why they don't put a crown of thorns on his head, that's the only thing they haven't done to him yet."

Mary Lammers Burbach  
Harrington



"I think it's a very poor example for the president of the United States."

Lorraine Pinkelman



"I think she's pretty guilty as he is, she's only doing it for the money."

Ray Wiedefeld  
Harrington

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# Janssen concludes long career in grocery business

By Crystal Wuebben  
Randolph Times

RANDOLPH Her many years of service to customers of Randolph has unfortunately come to an end.

Making meat and cheese trays for graduations and weddings and giving them a personal touch will be one of Winnie Janssen's many memories during her 22 years at Jim's Food Center.

Janssen, Randolph, ended the 1997 year "in fashion" as many would say after her retirement on Dec. 31.

"I met a lot of fine people, Janssen said, but the patience my family has had with me over the years has been great. Sometimes I wasn't home for them, but they've had a lot of patience with me."

Janssen worked full-time in the meat department for many of the years she was employed at Jim's. She said she started working part time just a few years ago as she neared her retirement.

"I've worked with a lot of people," she said. "I've seen a lot of people come and go."

Janssen said she began working at Jim's Food Center in August of 1974. She worked as a cashier in the financing, but then moved to the meat department where she cut and put out meat and made soups, salads and desserts.

She said Jim's Food Center had been open for one year when Jim Riedel, owner, approached Janssen about working there.

"Jim said he had an opening and he asked me if I wanted to work for

him," she said. "I never regretted it a bit."

Winnie was a gal who would do anything for you in the line of work," Riedel said. "I am grateful I had her for 22 years."

Riedel said when considering Janssen for the position, he looked at two major qualities: she was a good customer and was a "farm gal."

"I knew she was a farm gal, and farm gals really know how to work," he said. "I also think the best way to find help is to pick them out individually."

Riedel said he could always count on Janssen to be at work on time or even a little early. He said she also hardly ever took sick days.

"Sometimes I had to dig farther than I wanted to know in trying to help customers out," the 22-year veteran said.

Janssen said she's seen a number of changes in the grocery business, including the technology advances and the number of grocery stores that have played a role in the community.

She said the Piggly Wiggly store dwelled in Jim's building before Jim



Sharon and Jim Riedel congratulate long-time employee Winnie Janssen.

bought the building. Waiter's Grocery was Jim's Food Center's competition up until their closing a number of years ago. She said she's seen other grocery stores such as Harker Grocery and Funtink's H&A go through town. Jim's Food Center is the only existing grocery store in Randolph.

Among the most important of all the technology advances Janssen said was the computerization of the store. She said seeing the computer scales, the scanners and the grocery order scanner made her realize how much easier things are done now.

rather than 20 years ago.

Janssen said with the help of the Randolph schools, she thinks it's great the special education students are able to work at the store.

She also said it's very helpful to give the high schoolers the chance to work and get some work experience before they leave home.

Janssen said she'll always remember how she tried to please the customers.

"I liked to make the customer happy," she said. "I liked going that extra step for them. I knew my work was appreciated when people enjoyed their scraps on old days."

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# Who makes the decisions?

One of the realities about life that we don't like to think about is the possibility of not being able to make our own decisions. Many people are unable to make their decisions for a number of reasons. They may become ill and not able to think as clearly as they could at one time. Perhaps they're confronted with a lot of extremely confusing information. They may be physically incapable of doing all of the banking, shopping, and various other necessary activities, and need some assistance. Maybe they need help in managing a checkbook. When these sorts of problems arise, a Durable Power of Attorney might be the best alternative for handling them.

**What is a Durable Power of Attorney?**

The Durable Power of Attorney Constitution gives you the ability to make your own decisions, but you can take those rights away from you without the process of law. This means a court of law has declared you incompetent. You retain all of your decision-making rights.

When you have the right to appoint someone else to make decisions for you. Who is not at the court creating

an agency relationship. Here, if you hire someone to help you, the person you hire is your agent for that specific purpose. Another way you can create an agency relationship is by signing a power of attorney. A power of attorney is a document in which you officially appoint an agent to do something for you.

Normally, powers of attorney are created for a limited time or a limited purpose. They don't remain in effect if you become not capable of making your own decisions.

A Durable Power of Attorney is a special kind of power of attorney. It's the same as a regular power of attorney in the sense that you sign a document in which you appoint an agent. However, a Durable Power of Attorney is designed to last beyond the time that you become incapable of making your own decisions. Here, if you sign a Durable Power of Attorney, your agent will be someone you appointed to make decisions for you if/when you're no longer capable of making your own

**It Says, Do I Use Any of My Rights?**

Yes. Unless a court decides that you aren't capable of making your own decisions, you keep the right to de-

even if you have signed a Durable Power of Attorney. If you and your agent disagree, your decision overrides the decision of your agent.

**What If I Decide I Want to Change Something After I Sign?**

You can change any provision of your Durable Power of Attorney at any time as long as you are competent. **Can I Revoke My Durable Power of Attorney?**

Yes. It can be revoked at any time as long as you are competent. If you want to revoke your Durable Power of Attorney it's best to sign a statement in front of a notary indicating your desire to revoke the Durable Power of Attorney. However, you can revoke the Durable Power of Attorney by letting the agent know that you no longer want him or her to serve as your agent and contacting those you know who have a copy of the Durable Power of Attorney and advising them that you have revoked it.

**What If My Agent is No Longer Able to Serve?**

If you're still competent, you can

appoint a new agent. It's better, however, to appoint an alternate agent in your original Durable Power of Attorney. This, if you are no longer competent and your first agent is not able to serve, you will still have an alternate agent who can take over.

**What Should Be in My Durable Power of Attorney?**

Your Durable Power of Attorney is your document. You should therefore very carefully consider what types of decisions you want your agent to make on your behalf. Usually, most Durable Power of Attorney give the agent the authority to make financial and property decisions. However, they need not be limited to those areas.

If you have any questions regarding Powers of Attorney, contact the Legal Services Provider at your local Area on Aging or the Legal Services Developer at the Nebraska Department on Aging, (402) 471-2306 in Lincoln or (402) 931-2600 in York, NE or Nebraska.

## Numbers to know

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The "Sandwich" Corporation  
Nebraska 1-800-231-3900

Angus red Monday through Friday  
1-800-441-3000

Medicare Part A Claims

Blue Cross of Nebraska  
1-800-440-4800

Medicaid Claims

1-800-331-3900

Medicare Part B Claims

Blue Cross of Nebraska  
1-800-441-3911

Social Security Administration

1-800-772-1213

Medicare applications and  
new/replacement Medicare cards.  
Also provides Medicare handbook.

Medicare Equipment Claims

1-800-699-3900

Portable Medicare Equipment

Regional Carrier

1-800-699-3900

Railroad Retirement Medicare

1-800-699-3900

United Health Care

1-800-699-3900

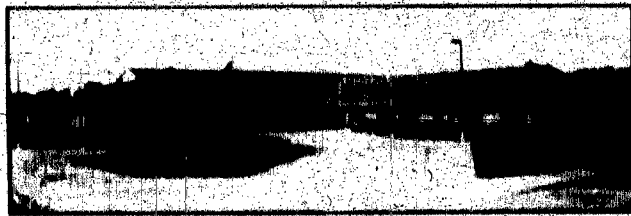
Nebraska Insurance

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# Diabetes afflicts one in 15

What affects one out of every 15 Nebraskans? Diabetes. November is National Diabetes Awareness Month and Nebraska Health and Human Services staff are asking Nebraskans to check their blood sugar level to find out if they could have diabetes

and not know it. Diabetes was the state's seventh leading cause of death in 1996. It affects how the body uses insulin, a natural hormone, to convert food into energy. Many Nebraskans are unaware that they have the disease because in

many people there are no early symptoms. Symptoms usually include increased thirst, increased urination, frequent hunger, wounds that don't heal and frequent fatigue.

"Every year, approximately 145 Nebraskans have a lower limb amputated because of circulatory complications from diabetes," says June Fehdinger, community health nurse. "It has an impact on all of us. Complications from the disease cause long-term reduction in activity. For more than 74,000 Nebraska residents it helps everyone, plus diabetes affects friends, family and even taxpayers when we can diagnose and treat this disease as early as possible."

Diabetes strikes in primarily two forms: Type 1 and Type 2 diabetes. Type 1 typically starts in children or young adults, but can arise at any age. Although type 1 afflicts about 200,000 Americans, type 2 typically occurs in those over 45, overweight, sedentary and with a family history of the disease. This type is much more common and afflicts approximately 17.4 million Americans. Half of these 17.4 million Americans are undiag-

nosed, according to the Center for Disease Control.

Gestational diabetes arises during pregnancy, and complicates about two to four percent of all U.S. pregnancies. Although it disappears after birth, gestational diabetes may signal an increased risk for Type 2 diabetes later in life.

There's hope on the horizon, however, for people with diabetes. "The good news," says Fehdinger, "is that complications can be reduced by making lifestyle changes, like following a good diet, exercising and regular testing of blood sugar levels. And recent changes in diabetes screening guidelines mean that more people with diabetes will be diagnosed earlier. The earlier the diagnosis, the better the prognosis for recovery."

The Nebraska Diabetes Control Program works with local community and health care groups and the American Diabetes Association to provide education about diabetes including how to prevent or delay complications by proper diet, exercise and weight management.

For more information, contact the program at 402/341-3417.

## Snow season holds a potential problem

As we've discussed many times, there are two realities of aging to which most seniors are unwilling to capitulate: the loss of independence and the loss of self-sufficiency. Sometimes, though, dropped pots or tasks performed easily during youth could prove foolhardy.

Take shoveling snow. There is little argument about the beauty provided this time of the year by a blanket of the pristine white stuff. Still, it has to be removed from our walks and driveways. It is the type of job that threatens independence and self-sufficiency.

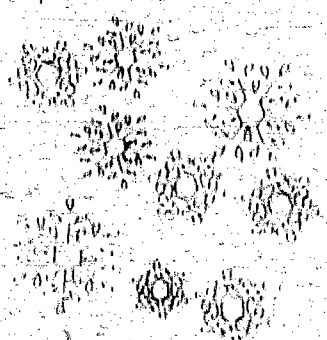
It is also fraught with danger. Shovelling snow demands muscle and effort. People undertaking the task who are overweight, smokers, or suffer from genetic or age-induced heart problems are prime candidates for heart attacks.

In addition to the physical strain that shovelling puts on the heart, shovelling usually is done in chilly weather. Cold weather can cause the blood vessels leading to the heart to spasm. This means less oxygen gets to the heart. The heart is forced to work even harder.

The solutions are easy. Seniors should be willing to let someone else tend to the snow-covered walks and driveways. Or, any senior healthy enough to tackle the snow should allow plenty of time for breaks.

Heart attacks are not the only potential hazard connected to shovelling snow. Every winter, people also suffer from muscle strains, broken bones or frostbite.

Muscle strains can be avoided by using proper techniques. People should avoid turning and twisting. People should tire their feet and



throw the snow straight ahead. Snow should be pushed as far as possible before being thrown. Bending should be avoided. If this can not be done, people should bend with the knees while keeping their backs straight. Proper techniques also help people avoid falls, which can result in broken bones.

Finally, frostbite can be easily prevented. People should dress in layers. This provides insulation and keeps the shoveler warm. The clothing should be loose-fitting. This prevents the restriction of blood flow, which can cause the extremities to become too cold. Gloves should be worn to protect the hands, boots should be worn and the face should be covered. The less skin exposed to the chilling air, the less chance of frostbite.

## Resources for net surfers

There are two new resources for older adults seeking the net.

The Alzheimer's Disease Education and Referral Center (ADEARC) offers publications and research news on its web site in addition to announcements from the National Institute on Aging.

The address is:

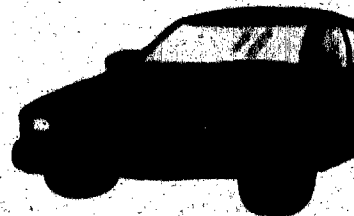
<http://www.alzheimers.org/adearc>

The National Committee to Preserve Social Security and Medicare, a grassroots senior citizens advocacy and education organization, has launched a new site as well. It can be reached at:

<http://www.ncpsm.org>

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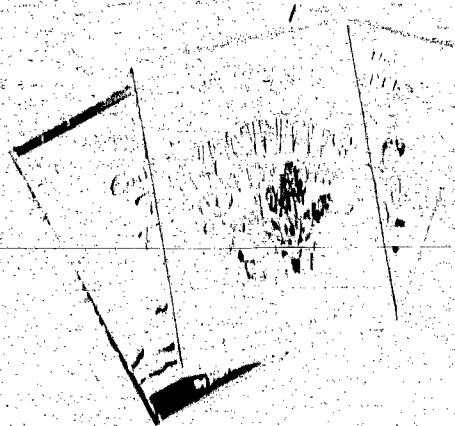
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